

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or
Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Palmer Eric P (Last) (First) (Middle) 900 COTTAGE GROVE ROAD (Street) BLOOMFIELD, CT 06002 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol Cigna Group [CI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) ____ Director _____ 10% Owner ☒ Officer (give title below) _____ Other (specify below) See Remarks
3. Date of Earliest Transaction (MM/DD/YYYY) 2/28/2025		6. Individual or Joint/Group Filing (Check Applicable Line) ☒ Form filed by One Reporting Person ____ Form filed by More than One Reporting Person
4. If Amendment, Date Original Filed (MM/DD/YYYY)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock, \$.01 Par Value	2/28/2025		A		15,982	A	\$0	70,255	D	
Common Stock, \$.01 Par Value	2/28/2025		A		5,395	A	\$0	75,650	D	
Common Stock, \$.01 Par Value	2/28/2025		F		2,083	D	\$305.86	73,567	D	
Common Stock, \$.01 Par Value	2/28/2025		F		7,407	D	\$305.86	66,160	D	
Common Stock, \$.01 Par Value								249,062	I	By 401(k)
Common Stock, \$.01 Par Value								41,822	I	By Spouse's 401(k)
Common Stock, \$.01 Par Value								1,437	I	By Trust

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (Right to Buy)	\$305.855	2/28/2025		A		19,158		3/1/2026	2/28/2035	Common Stock, \$.01 Par Value	19,158	\$0	19,158	D	

Explanation of Responses:

- (1) The reported securities are shares of common stock received pursuant to the settlement of strategic performance shares for the 2022-2024 three-year performance period. The number of shares of common stock received was based upon actual performance against pre-established Company performance goals.
- (2) These restricted shares vest in three equal annual installments beginning March 1, 2026.
- (3) Represents shares withheld to satisfy tax obligations upon vesting of restricted shares.
- (4) Represents shares withheld to satisfy tax obligations upon settlement of strategic performance shares.
- (5) Represents shares acquired through ongoing participation in The Cigna Group's 401(k) Plan.
- (6) This option vests in three equal annual installments beginning March 1, 2026.

Remarks:
EVP, Enterprise Strategy and President & CEO, Evernorth Health Services
Exhibit List: EX-24 Power of Attorney poapalmer.txt

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Palmer Eric P 900 COTTAGE GROVE ROAD BLOOMFIELD, CT 06002			See Remarks	

Signatures

<u>Matthew Arnold, attorney-in-fact</u>	<u>3/4/2025</u>
**Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

POWER OF ATTORNEY

KNOW ALL PERSONS BY THESE PRESENTS, that the undersigned, an Officer of The Cigna Group, a Delaware corporation ("Cigna"), hereby makes, designates, constitutes and appoints NICOLE S. JONES, KARI KNIGHT STEVENS, ANDREA NELSON, JILL STADELMAN, MATTHEW ARNOLD, ELISE RYAN and TYLER GRATTON, each acting individually, as the undersigned's true and lawful attorneys-in-fact and agents, with full power and authority to act in the undersigned's capacity as an Officer of The Cigna Group for and in the name, place and stead of the undersigned to execute and deliver:

(A) in connection with the filing with the Securities and Exchange Commission pursuant to the Securities Act of 1933 or the Securities Exchange Act of 1934, both as amended, of:

(i) Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934, Forms 144 in accordance with Rule 144 promulgated under the Securities Act of 1933 and any and all other documents related thereto (including, but not limited to, Seller's Representation Letters) and to take further action as they, or any of them, deem appropriate in connection with the foregoing.

Such attorneys-in-fact and agents, or any of them, are also hereby granted full power and authority, on behalf of and in the name, place and stead of the undersigned, to execute and deliver any and all such other documents, and to take further action as they, or any of them, deem appropriate in connection with the foregoing. The powers and authorities granted herein to such attorneys-in-fact and agents, and each of them, also include the full right, power and authority to effect necessary or appropriate substitutions or revocations.

The undersigned hereby ratifies, confirms, and adopts, as his or her own act and deed, all action lawfully taken by such attorneys-in-fact and agents, or any of them, or by their respective substitutes, pursuant to the powers and authorities herein granted. This Power of Attorney with respect to Forms 3, 4, 5 and 144 shall remain in full force and effect until, the undersigned no longer has responsibilities relating to Section 16 of the Securities Exchange Act of 1934 or Rule 144 promulgated under the Securities Act of 1933 with respect to the undersigned's beneficial ownership of securities of The Cigna Group, unless earlier revoked by the undersigned in a signed writing to each such attorney in fact.

/s/ Eric Palmer
January 3, 2025