

**Washington, D.C. 20549**

**Form 6-K**

## OF THE SECURITIES EXCHANGE ACT OF 1934

For the month of **March, 2026.**

Commission File Number: **001-39530**

**MindWalk Holdings Corp.**

(Address of principal executive office)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F ☒      Form 40-F ☐

## EXPLANATORY NOTE

This Form 6-K is furnished (not filed) with the United States Securities and Exchange Commission pursuant to Rule 13a-16 under the Securities Exchange Act of 1934, as amended (the “Exchange Act”). MindWalk Holdings Corp. (the “Company”) submits this report voluntarily to provide U.S. market participants with visibility into transactions reported on Canada’s System for Electronic Disclosure by Insiders (“SEDI”) during the week ended March 21, 2026.

The Company is exempt from Section 16 of the Exchange Act including Form 4 requirements pursuant to the Order Granting Directors and Officers of Certain Foreign Private Issuers an Exemption from Filing requirements of Section 16(a) of the Exchange Act dated March 5, 2026. This submission is not intended to comply with the requirements of Section 16 of the Exchange Act and the information is not the same as submissions made in accordance with Section 16 of the Exchange Act.

## EXHIBIT INDEX

| Exhibit | Description                                                       |
|---------|-------------------------------------------------------------------|
| 99.1    | <a href="#">SEDI Insider Activity Report dated March 31, 2026</a> |

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Date: March 31, 2026

**MINDWALK HOLDINGS CORP.**

By: /s/ Jennifer Bath

Name: Jennifer Bath

Title: President and Chief Executive Officer

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SEDI INSIDER ACTIVITY REPORT

Period: March 18-27, 2026 | Source: SEDI Issuer No. 5542 | All prices USD (NASDAQ)

WEEK SUMMARY

|                        |                                                                                                                                |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| Total Shares Acquired  | +66,500 common shares (open market)                                                                                            |
| Total Capital Deployed | USD \$77,024                                                                                                                   |
| Average Price          | \$1.1583 per share                                                                                                             |
| Trading Days           | 3 (March 18, 19, 27, 2026)                                                                                                     |
| Other Activity         | RSU grants: 225,000 to T. Lynch (2025-10-29), 185,000 to S. Areglado (2025-10-29); initial SEDI filings for Lynch and Areglado |

TRANSACTION DETAIL

| Tx Date                      | Filed on SEDI | SEDI ID | SEDI Insider    | Vehicle | Shares  | Price (USD)  | Value (USD) | Balance |
|------------------------------|---------------|---------|-----------------|---------|---------|--------------|-------------|---------|
| 2026-03-18                   | 2026-03-30    | 4691021 | Lynch, Tom      | Direct  | +20,000 | \$1.2097     | \$24,194    | 21,026  |
| 2026-03-19                   | 2026-03-30    | 4691028 | Lynch, Tom      | Direct  | +20,000 | \$1.1644     | \$23,288    | 41,026  |
| 2026-03-27                   | 2026-03-30    | 4690837 | Areglado, Scott | Direct  | +26,500 | \$1.1148     | \$29,542    | 26,500  |
| Lynch (Direct) — Total       |               |         |                 |         | +40,000 | Avg \$1.1871 | \$47,482    | 41,026  |
| Areglado (Direct) — Total    |               |         |                 |         | +26,500 | \$1.1148     | \$29,542    | 26,500  |
| COMBINED — MARCH 18–27, 2026 |               |         |                 |         | +66,500 | Avg \$1.1583 | \$77,024    |         |

SEDI IDs are authoritative reference numbers.

RSU GRANT DETAIL

The following restricted stock unit grant was reported on SEDI during the filing period.

| SEDI Insider    | SEDI ID | Filed on SEDI | Grant Date | Expiry Date | RSUs Granted | Underlying Shares | Balance |
|-----------------|---------|---------------|------------|-------------|--------------|-------------------|---------|
| Lynch, Tom      | 4691038 | 2026-03-30    | 2025-10-29 | 2029-10-29  | 225,000      | 225,000           | 225,000 |
| Areglado, Scott | 4597396 | 2025-10-30    | 2025-10-29 | 2029-10-29  | 185,000      | 185,000           | 185,000 |

UPDATED SEDI INSIDER POSITIONS

The following positions have been updated as a result of this week’s activity.

Common Shares

| SEDI Insider    | Vehicle | Prior Balance | New Balance | % O/S | Change  |
|-----------------|---------|---------------|-------------|-------|---------|
| Lynch, Tom      | Direct  | 1,026         | 41,026      | 0.09% | +40,000 |
| Areglado, Scott | Direct  | 0             | 26,500      | 0.06% | +26,500 |

Restricted Stock Units (Common Shares)

| SEDI Insider    | Prior Balance | New Balance | Expiry     | Change   |
|-----------------|---------------|-------------|------------|----------|
| Lynch, Tom      | 0             | 225,000     | 2029-10-29 | +225,000 |
| Areglado, Scott | 0             | 185,000     | 2029-10-29 | +185,000 |