

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT  
Pursuant to Section 13 or 15(d) of  
The Securities Exchange Act of 1934

March 16, 2026  
Date of Report (Date of earliest event reported)

**Planet Fitness, Inc.**

(Exact name of registrant as specified in its charter)

Delaware

(State or other jurisdiction of incorporation)

001-37534

(Commission File Number)

38-3942097

(I.R.S. Employer Identification No.)

4 Liberty Lane West  
Hampton, NH 03842  
(Address of principal executive offices)  
(Zip Code)

Registrant's telephone number, including area code: (603) 750-0001

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Exchange Act:

Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Class A common stock, \$0.0001 Par Value	PLNT	New York Stock Exchange

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

**Item 5.02**      **Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.**

On March 16, 2026, Planet Fitness, Inc. (the “Company”) announced that its board of directors (the “Board”), upon the recommendation of the Board’s nominating and corporate governance committee, increased its size from nine to ten members and appointed Harmit Singh to fill the vacancy, effective March 16, 2026. Having considered his qualifications and the independence standards of the New York Stock Exchange, the Board affirmatively determined that Mr. Singh is independent and well qualified to serve on the Board.

Mr. Singh has served as Executive Vice President and Chief Financial and Growth Officer of Levi Strauss & Co. (“Levi”) since January 2023, and is responsible for managing Levi’s finance, corporate strategy, real estate and franchise growth, strategic sourcing, transformation office, global talent hubs and global business services functions globally. He previously held the role of Executive Vice President and Chief Financial Officer at Levi from 2013 until January 2023. Prior to Levi, Mr. Singh was Executive Vice President and Chief Financial Officer of Hyatt Hotels Corporation (“Hyatt”) from 2008 to 2012. Before joining Hyatt, he spent 14 years at Yum! Brands, Inc. in a variety of global leadership roles including Senior Vice President and Chief Financial Officer of Yum Restaurants International (“Yum!”). Prior to Yum!, Mr. Singh worked in various financial capacities for American Express India & Area Countries. Mr. Singh currently serves on the board of directors and finance committee of Sutter Health, a not-for-profit and community-based health care system. He previously served on the board of directors and as the audit committee chair of Buffalo Wild Wings Inc. from 2016 until 2018, the board of directors and the audit committee of OpenText Corporation from 2018 until 2022, and the board of directors and the compensation committee of The Azek Company from 2022 until 2025. Mr. Singh holds a Bachelor of Commerce degree from the Shri Ram College of Commerce at Delhi University.

Mr. Singh will serve as a Class III director, which class will stand for re-election at the Company’s 2027 annual meeting of stockholders. He has not been appointed to any of the Board’s committees at this time.

Mr. Singh will participate in the Company’s standard non-employee director compensation program (the “Director Compensation Program”) as described in the Company’s most recent Proxy Statement filed with the SEC on March 26, 2025. In conjunction with his appointment to the Board, Mr. Singh received an equity award of 263 restricted stock units with a grant date value of \$19,804. This grant represents a pro-rated annual equity grant pursuant to the Director Compensation Program, and will vest upon the earlier of the Company’s next annual meeting of stockholders or the one-year anniversary of the grant date.

There are no arrangements or understandings between Mr. Singh and any other person pursuant to which he was appointed director of the Company. There are no transactions involving Mr. Singh requiring disclosure under Item 404(a) of Regulation S-K.

**Item 7.01**      **Regulation FD Disclosure.**

A copy of the press release containing the announcement of Mr. Singh’s appointment is attached hereto as Exhibit 99.1 to this current report on Form 8-K.

**Item 9.01**      **Financial Statements and Exhibits.**

(d) Exhibits

<b>Exhibit No.</b>	<b>Description</b>
99.1	<a href="#">Press Release dated March 16, 2026, announcing appointment of Harmit Singh to serve as Director of the Company's Board of Directors</a>
104	Cover Page Interactive Data File (embedded within the Inline XBRL document)



## Planet Fitness Appoints Harmit Singh to Board of Directors

*Mr. Singh is Chief Financial and Growth Officer of the global apparel company, Levi Strauss & Co.*

Hampton, NH, March 16, 2026 - Planet Fitness, Inc. (NYSE: PLNT), one of the largest and fastest-growing fitness center operators with more members than any other fitness brand, today announced the appointment of Harmit Singh, Chief Financial and Growth Officer of Levi Strauss & Co. (NYSE: LEVI), to its Board of Directors, effective immediately. The appointment of Mr. Singh expands the Board to ten directors.

Mr. Singh brings more than four decades of global commercial and financial leadership with a track record of driving growth and value creation across iconic consumer and hospitality brands. As Chief Financial and Growth Officer of Levi Strauss & Co., he oversees finance, investor relations, mergers & acquisitions, corporate strategy, store and franchisee expansion among other imperatives, and has played a central role in shaping and executing the company's financial and operational transformation initiatives. This includes leading the organization through its initial public offering in 2019, accelerating both topline and bottom-line growth while expanding the company's store base by about 200 stores over the last five years. He sits on the Sutter Health Board currently and has served on other public company boards over the past decade.

Prior to joining Levi Strauss & Co., Mr. Singh served as Executive Vice President and Chief Financial Officer of Hyatt Hotels Corporation, where he led Hyatt's initial public offering and supported global growth initiatives. Earlier in his career, Mr. Singh spent more than a decade with Yum! Brands, in senior financial leadership roles across international markets, as Chief Financial Officer at both Yum! Restaurants International and Pizza Hut.

Stephen Spinelli, Jr. (Ph. D.), Chairman of the Board of Directors shared, "Harmit's appointment reflects our continued focus on further strengthening the Board's financial, strategic, and operational expertise. He is a proven public company leader with a strong track record of disciplined growth, performance, and value creation on a global scale. I am confident Harmit will be an impactful addition to the Board as we work to deliver long-term value for our shareholders."

"As a seasoned leader with deep financial acumen and a focus on scaling global consumer and hospitality brands, Harmit understands the importance of the member experience and meeting their evolving needs, while keeping smart growth at the forefront," said Colleen Keating, Chief Executive Officer. "His extensive experience across finance, corporate strategy, real estate and franchise business models will be a strong, complementary addition to our Board as we continue to pursue our initiatives to deliver incredible value to our members, franchisees and shareholders."

"Planet Fitness has built a highly trusted, accessible brand that delivers exceptional value to millions of members," said Mr. Singh. "I'm honored to join the Board of Directors and look forward to contributing to the company's continued growth, working across franchised and company-owned models to help advance their strategic priorities and drawing on my experience scaling global consumer businesses."

### **About Planet Fitness**

Founded in 1992 in Dover, NH, Planet Fitness is one of the largest and fastest-growing franchisors and operators of fitness clubs in the world by number of members and locations. As of December 31, 2025, Planet Fitness had approximately 20.8 million members and 2,896 clubs in all 50 states, the District of Columbia, Puerto Rico, Canada, Panama, Mexico, Australia and Spain. The Company's mission is to enhance people's lives by providing a high-quality fitness experience in a welcoming, non-intimidating environment, which we call the Judgement Free Zone®. Approximately 90% of Planet Fitness clubs are owned and operated by independent business owners.

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### **Forward-Looking Statements**

This press release contains “forward-looking statements” within the meaning of the federal securities laws, which involve risks and uncertainties. Forward-looking statements include the Company’s statements with respect to Mr. Singh’s expected contributions to the Board of Directors and other statements that do not relate solely to historical facts. Forward-looking statements are not assurances of future performance. Instead, they are based only on the Company’s current beliefs, expectations and assumptions regarding the future of the business, future plans and strategies, projections, anticipated events and trends, the economy and other future conditions. Because forward-looking statements relate to the future, they are subject to inherent uncertainties, risks and changes in circumstances that are difficult to predict and many of which are outside of the Company’s control. Actual results and financial condition may differ materially from those indicated in the forward-looking statements. Important factors that could cause our actual results to differ materially include competition in the fitness industry, the Company’s and franchisees’ ability to attract and retain members, the Company’s and franchisees’ ability to identify and secure suitable sites for new franchise clubs, changes in consumer demand, changes in equipment costs, the Company’s ability to expand into new markets domestically and internationally, operating costs for the Company and franchisees generally, availability and cost of capital for franchisees, acquisition activity, developments and changes in laws and regulations, our substantial indebtedness and our ability to incur additional indebtedness or refinance that indebtedness in the future, our future financial performance and our ability to pay principal and interest on our indebtedness, our corporate structure and tax receivable agreements, failures, interruptions or security breaches of the Company’s information systems or technology, general economic conditions and the other factors described in the Company’s annual report on Form 10-K for the year ended December 31, 2025, as well as the Company’s other filings with the Securities and Exchange Commission. In light of the significant risks and uncertainties inherent in forward-looking statements, investors should not place undue reliance on forward-looking statements, which reflect the Company’s views only as of the date of this press release. Except as required by law, neither the Company nor any of its affiliates or representatives undertake any obligation to provide additional information or to correct or update any information set forth in this release, whether as a result of new information, future developments or otherwise.