

144: Issuer Information

Name of Issuer	Amplify Energy Corp.
SEC File Number	001-35512
Address of Issuer	500 DALLAS STREET SUITE 1700 HOUSTON TEXAS 77002
Phone	713-588-8369
Name of Person for Whose Account the Securities are To Be Sold	Smiley Richard

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer	1. Former officer
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144: Securities Information

Record	Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
#1	Common	Merrill Lynch 800 Capitol St ste. 1900 Houston TEXAS 77002	74,933	\$529,264.00	74,933	06/05/2023	nyse

144: Securities To Be Sold

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Record	Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of Person from Whom Acquired	Is this a Gift ?	Date Donor Acquired	Amount of Securities Acquired	Date of Payment	Nature of Payment *
#1	Common	02/12/2021	Stock Compensation	Amplify Energy	<input type="checkbox"/>	—	21,609	02/21/2021	Stock compensation

#2	Common	03/17/2023	Stock Compensation	Amplify Energy	<input type="checkbox"/>	—	3,367	03/17/2023	Stock Compensation
#3	Common	03/16/2023	Stock Compensation	Amplify Energy	<input type="checkbox"/>	—	9,402	03/16/2023	Stock Compensation
#4	Common	10/01/2021	Stock Compensation	Amplify Energy	<input type="checkbox"/>	—	2,352	10/01/2021	Stock Compensation
#5	Common	02/01/2022	Stock Compensation	Amplify Energy	<input type="checkbox"/>	—	6,558	02/01/2022	Stock Compensation
#6	Common	03/16/2022	Stock Compensation	Amplify Energy	<input type="checkbox"/>	—	9,402	03/16/2022	Stock Compensation
#7	Common	01/09/2023	Stock Compensation	Amplify Energy	<input type="checkbox"/>	—	13,142	01/09/2023	Stock Compensation
#8	Common	02/01/2023	Stock Compensation	Amplify Energy	<input type="checkbox"/>	—	9,101	02/01/2023	Stock Compensation

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities Sold During The Past 3 Months

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Record	Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
#1	Richard Smiley 38 Candle Pine Pl Spring TEXAS k77381	common	05/25/2023	61,691	\$441,955.74

144: Remarks and Signature

Remarks

Date of Notice

06/05/2023

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

Frank P. Breazeale, III

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)