FORM 4

[ ] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *	2. Issuer Name **and** Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
Sugrue Kristyn M.	**BJ's Wholesale Club Holdings, Inc. [BJ]**	____ Director ____ 10% Owner
(Last) (First) (Middle)	3. Date of Earliest Transaction (MM/DD/YYYY)	__X__ Officer (give title below) ____ Other (specify below)
C/O BJ'S WHOLESALE CLUB HOLDINGS, INC., 25 RESEARCH DRIVE	**5/21/2020**	**SVP, Treasurer**
(Street)	4. If Amendment, Date Original Filed (MM/DD/YYYY)	6. Individual or Joint/Group Filing (Check Applicable Line)
WESTBOROUGH, MA 01581		_X_ Form filed by One Reporting Person ___ Form filed by More than One Reporting Person
(City) (State) (Zip)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	**5/21/2020**		**M**(1)		**19530**	**A**	**$17**	**73357**	**D**	
Common Stock	**5/21/2020**		**M**(1)		**5663**	**A**	**$27.59**	**79020**	**D**	
Common Stock	**5/21/2020**		**S**(1)		**870**	**D**	**$30.94** (2)	**78150**	**D**	
Common Stock	**5/21/2020**		**S**(1)		**4461**	**D**	**$31.97** (3)	**73689**	**D**	
Common Stock	**5/21/2020**		**S**(1)		**6967**	**D**	**$32.83** (4)	**66722**	**D**	
Common Stock	**5/21/2020**		**S**(1)		**3749**	**D**	**$34.14** (5)	**62973**	**D**	
Common Stock	**5/21/2020**		**S**(1)		**11459**	**D**	**$35.07** (6)	**51514**	**D**	

Table II - Derivative Securities Beneficially Owned (*e.g.*, puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option	**$17.0**	**5/21/2020**		**M** (1)			**19530**	**7/27/2018**	**6/27/2028**	**Common Stock**	**19530.0**	**$0**	**9765**	**D**	
Stock Option	**$27.59**	**5/21/2020**		**M** (1)			**5663**	(7)	**4/1/2029**	**Common Stock**	**5663.0**	**$0**	**11326**	**D**	

Explanation of Responses:

(1) The exercise and sale reported on this Form 4 were effected pursuant to a Rule 10b5-1 plan adopted by the Reporting Person on March 31, 2020.

(2) The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from $30.49 to $31.48, inclusive. The reporting person undertakes to provide to BJ's Wholesale Club Holdings, Inc., any security holder of BJ's Wholesale Club Holdings, Inc. or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within ranges set forth in this footnote (2).

(3) The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from $31.50 to $32.47, inclusive. The reporting person undertakes to provide to BJ's Wholesale Club Holdings, Inc., any security holder of BJ's Wholesale Club Holdings, Inc. or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within ranges set forth in this footnote (3).

(4) The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from $32.50 to $33.45, inclusive. The reporting person undertakes to provide to BJ's Wholesale Club Holdings, Inc., any security holder of BJ's Wholesale Club Holdings, Inc. or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within ranges set forth in this footnote (4).

(5) The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from $33.50 to $34.49, inclusive.

The reporting person undertakes to provide to BJ's Wholesale Club Holdings, Inc., any security holder of BJ's Wholesale Club Holdings, Inc. or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within ranges set forth in this footnote (5).

(6) The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from $34.50 to $35.37, inclusive. The reporting person undertakes to provide to BJ's Wholesale Club Holdings, Inc., any security holder of BJ's Wholesale Club Holdings, Inc. or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within ranges set forth in this footnote (6).

(7) Stock option vests with respect to 1/3 of the shares subject thereto on each of the first, second and third anniversaries of the date of grant, which grant date was April 1, 2019.

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Sugrue Kristyn M. **C/O BJ'S WHOLESALE CLUB HOLDINGS, INC.** **25 RESEARCH DRIVE** **WESTBOROUGH, MA 01581**			**SVP, Treasurer**	

Signatures

/s/ Laura L. Felice, Attorney-in-Fact	**5/26/2020**
**Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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