

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or
Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
TULLMAN GLEN	Teladoc Health, Inc. [TDOC]	<input checked="" type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below)
(Last) (First) (Middle)	3. Date of Earliest Transaction (MM/DD/YYYY)	
C/O TELADOC HEALTH, INC., 2 MANHATTANVILLE ROAD, SUITE 203	4/1/2021	
(Street)	4. If Amendment, Date Original Filed (MM/DD/YYYY)	6. Individual or Joint/Group Filing (Check Applicable Line)
PURCHASE, NY 10577		<input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person
(City) (State) (Zip)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	4/1/2021		M ⁽¹⁾		329863	A	\$5.26	605656	D	
Common Stock	4/1/2021		S ⁽¹⁾		60148	D	\$182.7810 ⁽²⁾	545508	D	
Common Stock	4/1/2021		S ⁽¹⁾		45089	D	\$183.7838 ⁽³⁾	500419	D	
Common Stock	4/1/2021		S ⁽¹⁾		44825	D	\$184.6821 ⁽⁴⁾	455594	D	
Common Stock	4/1/2021		S ⁽¹⁾		24759	D	\$185.7962 ⁽⁵⁾	430835	D	
Common Stock	4/1/2021		S ⁽¹⁾		38977	D	\$186.9246 ⁽⁶⁾	391858	D	
Common Stock	4/1/2021		S ⁽¹⁾		98588	D	\$187.8532 ⁽⁷⁾	293270	D	
Common Stock	4/1/2021		S ⁽¹⁾		17477	D	\$188.4458 ⁽⁸⁾	275793	D	
Common Stock								21233	I	See footnote ⁽⁹⁾
Common Stock								1812	I	See footnote ⁽¹⁰⁾

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V		Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option (right to buy)	\$5.26	4/1/2021		M ⁽¹⁾		329863	⁽¹¹⁾	4/30/2021	Common Stock	329863	\$0	0	D	

Explanation of Responses:

- (1) The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan that was adopted by the reporting person on December 14, 2020.
- (2) Represents the weighted average price of transactions ranging from \$182.29 to \$183.28. The reporting person undertakes to provide, upon request by the SEC staff, the issuer or any security holder of the issuer, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes 2 through 8 to this Form 4.
- (3) Represents the weighted average price of transactions ranging from \$183.29 to \$184.28.
- (4) Represents the weighted average price of transactions ranging from \$184.29 to \$185.28.
- (5) Represents the weighted average price of transactions ranging from \$185.30 to \$186.28.
- (6) Represents the weighted average price of transactions ranging from \$186.30 to \$187.29.
- (7) Represents the weighted average price of transactions ranging from \$187.30 to \$188.29.

- (8) Represents the weighted average price of transactions ranging from \$188.295 to \$189.00.
- (9) The shares are held of record by 7wire Ventures Fund, L.P. The reporting person serves as a Manager of 7wire Management, LLC, the Manager of 7wire Ventures Fund, L.P. The reporting person disclaims beneficial ownership of these securities, and this report shall not be deemed an admission that the reporting person is the beneficial owner of the securities for purposes of Section 16 or for any other purpose.
- (10) The shares are held of record by 7wire Management I, LLC. The reporting person serves as a Manager of 7wire Management, LLC, the Manager of 7wire Management I, LLC. The reporting person disclaims beneficial ownership of these securities, and this report shall not be deemed an admission that the reporting person is the beneficial owner of the securities for purposes of Section 16 or for any other purpose.
- (11) The option vested in full on October 30, 2020.

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
TULLMAN GLEN C/O TELADOC HEALTH, INC. 2 MANHATTANVILLE ROAD, SUITE 203 PURCHASE, NY 10577	X			

Signatures

/s/ Adam C. Vandervoort, attorney-in-fact

4/2/2021

**Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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