UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

| 04.10 | | | FORM 10-Q | | |
|--------------|--|--|--|--|---------------------------|
| (Mark One) | | | | | |
| ✓ | QUARTERLY REPO | ORT PURSUANT TO SECTION 13 O | OR 15(d) OF THE SECURITIES | EXCHANGE ACT OF 1934 | |
| | | For the quart | erly period ended September 28, or | , 2025 | |
| | TD ANCITION DED | ORT PURSUANT TO SECTION 13 C | | EVCHANCE ACT OF 1024 | |
| | TRANSITION REPO | For the transition | | EACHANGE ACT OF 1934 | |
| | | For the transition | n period from to | • | |
| | | Comm | dission File Number: 001-36704 | | |
| | | | BGSF, INC. | | |
| | | (exact name | of registrant as specified in its cha | rter) | |
| | | Delaware | | 26-0656684 | |
| | | or other jurisdiction of ration or organization) | | (I.R.S. Employer Identification No.) | |
| | | | O Granite Parkway, Suite 730 Plano, Texas 75024 (972) 692-2400 | | |
| | (Addres | s, including zip code, and telephone n | umber, including area code, of r | egistrant's principal executive offices) | |
| | 12 months (or for such | | | ion 13 or 15(d) of the Securities Exchange Act of nd (2) has been subject to such filing requirem | |
| | | | | ile required to be submitted pursuant to Rule 405 dequired to submit and post such files). Yes | of Regulation S-T No □ |
| | | hether the registrant is a large accelerate d filer" and "smaller reporting company | | -accelerated filer or a smaller reporting company. Act. (Check one): | See definitions of |
| Large accel | | ☐ (Do not check if a smaller | r reporting company) | Accelerated Filer Smaller reporting company Emerging growth company | ☑ ☑ □ |
| | | ndicate by check mark if the registrant and to Section 13(a) of the Exchange Ad | | ded transition period for complying with new or | revised financial |
| | check mark whether the egistered pursuant to Sec | registrant is a shell company (as defined tion 12(b) of the Act: | d in Rule 12b-2 of the Exchange A | ct). Yes 🗆 No 🗹 | |
| Title of eac | h class | Trading Symbol(s) | Name of each exchange | e on which registered | |
| | tock | BGSF | NYSE | | |

TABLE OF CONTENTS

| PART I | FINANCIAL INFORMATION | |
|----------|---|-----------|
| Item 1. | <u>Financial Statements</u> | <u>5</u> |
| | <u>Unaudited Consolidated Balance Sheets</u> | <u>5</u> |
| | <u>Unaudited Consolidated Statements of Operations</u> | <u>6</u> |
| | <u>Unaudited Consolidated Statements of Changes in Stockholders' Equity</u> | 7 |
| | <u>Unaudited Consolidated Statements of Cash Flows</u> | <u>9</u> |
| | Notes to Unaudited Consolidated Financial Statements | <u>11</u> |
| Item 2. | Management's Discussion and Analysis of Financial Condition and Results of Operations | <u>25</u> |
| Item 3. | Quantitative and Qualitative Disclosures About Market Risk | <u>33</u> |
| Item 4. | Controls and Procedures | <u>34</u> |
| | | |
| PART II | OTHER INFORMATION | <u>35</u> |
| Item 1. | <u>Legal Proceedings</u> | <u>35</u> |
| Item 1A. | Risk Factors | <u>35</u> |
| Item 2. | <u>Unregistered Sales of Equity Securities and Use of Proceeds</u> | <u>35</u> |
| Item 3. | <u>Defaults Upon Senior Securities</u> | <u>35</u> |
| Item 4. | Mine Safety Disclosures | <u>35</u> |
| Item 5. | Other Information | <u>35</u> |
| Item 6. | <u>Exhibits</u> | <u>36</u> |
| | | |

Forward-Looking Statements

This Quarterly Report on Form-10-Q contains "forward-looking statements" within the meaning of Section 27A of the Securities Act of 1933, as amended (the "Securities Act"), and Section 21E of the Securities Exchange Act of 1934, as amended (the "Exchange Act"). These statements relate to our expectations for future events and time periods. All statements other than statements of historical fact are statements that could be deemed to be forward-looking statements, including, but not limited to, statements regarding:

- future financial performance and growth targets or expectations;
- market and industry trends and developments; and
- the benefits of our completed and future merger, acquisition and disposition transactions.

You can identify these and other forward-looking statements by the use of words such as "aim," "potential," "may," "could," "can," "would," "might," "likely," "will," "expect," "intend," "plan," "predict," "ongoing," "project," "budget," "scheduled," "estimate," "anticipate," "believe," "forecast," "committed," "future" or "continue" or the negative thereof or similar variations.

These forward-looking statements are based on information available to us as of the date of this Quarterly Report on Form 10-Q and our current expectations, forecasts and assumptions and involve a number of risks and uncertainties. Accordingly, forward-looking statements should not be relied upon as representing our views as of any subsequent date. Future performance cannot be ensured. Actual results may differ materially from those in the forward-looking statements. Some factors that could cause actual results to differ include:

- the availability of field talents' workers' compensation insurance coverage at commercially reasonable terms;
- insurance coverage may not be adequate for our needs (including but not limited to general liability, crime, fiduciary, property, umbrella and excess, and cybersecurity);
- the availability of qualified field talent;
- · compliance with federal, state, local labor and foreign labor and employment laws and regulations and changes in such laws and regulations;
- the ability to compete with new competitors and competitors with superior marketing and financial resources;
- · management team changes;
- the favorable resolution of current or future litigation;
- the impact of outstanding indebtedness on the ability to fund operations or obtain additional financing;
- our ability to repay, refinance, extend or restructure existing indebtedness at or prior to its maturity date on favorable or comparable terms, or at all;
- the ability to leverage the benefits of recent acquisitions and successfully integrate newly acquired operations;
- the impact of, and the ability to mitigate or manage disruptions posed by pandemics;
- adverse changes in the economic conditions of the industries or markets that we serve;
- disturbances in world financial, credit, and stock markets;
- unanticipated changes in regulations affecting our business;
- a decline in consumer confidence and discretionary spending;
- inflationary pressures and our responses thereto;
- the general performance of the U.S. and global economies;
- continued or escalated conflict in the Middle East or elsewhere;
- the impact of our ongoing strategic alternatives review process;
- the impact of the use of AI-powered sales and recruiting technologies
- the impact of our cost restructuring plan;
- our ability to raise equity or debt financing;
- the impact the sale of BGSF's Professional segment may have on BGSF's operations, team members, field talent, client partners, and other constituents;
- the use of proceeds of the sale of BGSF's Professional segment; and
- other risks referenced from time to time in our past and future filings with the Securities and Exchange Commission ("SEC"), including in our Annual Report on Form 10-K for the fiscal year ended December 29, 2024.

You are cautioned not to place undue reliance on any forward-looking statements, which speak only as of the date of this Quarterly Report on Form 10-Q. Except as required by law, we do not undertake any obligation to update or release any revisions to these forward-looking statements to reflect any events or circumstances, whether as a result of new information, future events, changes in assumptions or otherwise, after the date hereof.

Where You Can Find Other Information

Our website is https://bgsf.com. Information contained on our website is not part of this Quarterly Report on Form 10-Q. Information that we file with or furnish to the SEC, including our Annual Reports on Form 10-K, Quarterly Reports on Form 10-Q, Current Reports on Form 8-K and any amendments to or exhibits included in these reports are available for download, free of charge, on our website soon after such reports are filed with or furnished to the SEC. These reports and other information, including exhibits filed or furnished therewith, are also available at the SEC's website at www.sec.gov.

PART I—FINANCIAL INFORMATION

Item 1. Financial Statements.

BGSF, Inc. and Subsidiaries UNAUDITED CONSOLIDATED BALANCE SHEETS

(in thousands, except share amounts)

| Accounts receivable (net of allowance for credit losses of \$1,156 and \$910, respectively) | | | ember 28, 2025 | D | December 29, 2024 | |
|--|---|----------|-------------------|----------|----------------------|--|
| Cash and cash equivalents 41,170 \$ | | | | | | |
| Section Sect | | A | 44.450 | • | 2.2 | |
| Prepaid expenses | | \$ | / | \$ | 32 | |
| Prepaid expenses | | | | | 17,148 | |
| Other current assets 1,620 2,21 Current assets of discontinued operations 63,987 45,34 Total current assets 279 66 Other assets 279 66 Other assets 1,938 2,00 Software as a service, net 9,299 7,84 Right-of-use asset - operating leases, net 3,143 4,06 Deferred income taxes, net 9,299 7,84 Right-of-use asset - operating leases, net 3,115 4,38 Goodwill 1,074 1,074 Noncurrent assets of discontinued operations — 83,69 Total other assets 19,307 104,15 Total other assets \$83,573 150,11 Total other assets \$83,573 150,11 Total other assets \$22,400 \$ Total other assets \$22,400 \$ Dividends payable \$22,400 \$ Accured payroll and expenses 5,348 4,88 Transition services payable \$32 2 Long-term debt, | | | | | | |
| Current assets of discontinued operations — 24.33 Total current assets 63,987 45.34 Property and equipment, net 279 5.64 Other assets — 1,938 2,00 Software as a service, net 3,143 4,00 Deferred income taxes, net 9,299 7,84 Right-of-use asset - operating leases, net 3,115 4,38 Goodwill 1,074 1,07 Intangible assets, net 3,10 1,074 Goodwill 1,074 1,07 Noncurrent assets of discontinued operations — 83,65 Total other assets 19,307 104,13 Total other assets 19,307 104,13 Total other assets 19,307 104,13 Total assets 2,2400 \$ Dividends payable \$ 22,400 \$ Accounts payable \$ 22,400 \$ Accounts payable \$ 1,474 \$ Long-term debt, current portion (net of debt issuance costs of \$- and \$24, respectively) \$ 22 | | | | | | |
| Total current assets | | | 1,620 | | | |
| Property and equipment, net 279 6 0 Other assets 1.938 2.00 Software as a service, net 3,143 4.00 Deposits 3,299 7.84 Right-of-ciae saset - operating leases, net 3,299 7.84 Right-of-ciae saset - operating leases, net 3,115 4,38 Goodwill 1,074 1,074 1,074 Noncurrent assets of discontinued operations 19,307 104,155 Total other assets 19,307 104,155 Total sasets 19,307 104,155 Total other assets 19,307 104,155 Total other assets 19,307 104,155 Total assets 22,400 \$ Total sasets 22,400 \$ Accounts payable \$2,240 \$ Accounts payable 1,474 - Long-term debt, current portion (net of debt issuance costs of \$- and \$24, respectively) - 2 Long-term debt, current portion (net of debt issuance costs of \$- and \$24, respectively) - 4,33 Convertible note< | • | _ | | | | |
| Deposits | | | | | 45,347 | |
| Deposits | Property and equipment, net | | 279 | | 608 | |
| Software as a service, net 3,143 4,06 Deferred income taxes, net 9,299 7,88 1,08 Right-of-use asset to operating leases, net 33,15 4,38 Goodwill 1,074 1,074 1,074 Noncurrent assets of discontinued operations — 8,365 Total other assets 19,307 104,15 Total assets 19,307 104,15 LIABILITIES AND STOCKHOLDERS' EQUITY Current liabilities Dividends payable \$ 22,400 \$ - Accrued payroll and expenses 5,348 4,88 Accrued payroll and expenses 5,348 4,88 Transition services payable 1,474 - Long-term debt, current portion (net of debt issuance costs of \$- and \$24, respectively) — 22 Income taxes payable 332 21 Note payable 332 21 Convertible note — 4,33 Lease liabilities, current portion 433 5,4 Current liabilities of discontinued operations — | Other assets | | | | | |
| Deferred income taxes, net 9,299 7,84 Right-of-use asset - operating leases, net 1,08 Intangible assets, net 3,115 4,38 Goodwill 1,074 1,077 Noncurrent assets of discontinued operations 1,074 1,077 Noncurrent assets of discontinued operations 1,074 1,077 Total assets 1,093 1,011 Total assets 1,093 1,011 TURNELITIES AND STOCKHOLDERS' EQUITY Current liabilities 1,095 1,958 8,8 Accrued payroll and expenses 1,958 8,8 Accrued payroll and expenses 1,958 8,8 Accrued interest 1,474 -1 Long-term debt, current portion (net of debt issuance costs of \$- and \$24, respectively) -1 3,38 Accrued interest 3,32 2,21 Income taxes payable 3,32 2,21 Note payable 3,33 3,4 Current liabilities of discontinued operations 3,38 Convertible note 3,38 3,34 Current liabilities of discontinued operations 3,248 2,592 Line of credit (net of debt issuance costs of \$- and \$198, respectively) -2 5,62 Long-term debt, less current portion (net of debt issuance costs of \$- and \$198, respectively) -3 3,60 Noncurrent liabilities of discontinued operations -3 3,60 Total current portion (net of debt issuance costs of \$- and \$198, respectively) -5 5,62 Long-term debt, less current portion (net of debt issuance costs of \$- and \$198, respectively) -5 5,62 Long-term debt, less current portion (net of debt issuance costs of \$- and \$198, respectively) -5 5,62 Long-term debt, less current portion (net of debt issuance costs of \$- and \$198, respectively) -5 5,62 Long-term debt, less current portion (net of debt issuance costs of \$- and \$198, respectively) -5 5,62 Long-term debt, less current portion (net of debt issuance costs of \$- and \$198, respectively) -5 5,62 Long-term debt, less current portion (net of debt issuance costs of \$- and \$198, respectively) -5 5,62 Long-term debt, less current portion (net of debt issuance costs of \$- and \$198, respectively) -5 5,62 Long-term debt, | Deposits | | 1,938 | | 2,003 | |
| Right-of-use asset - operating leases, net 738 1,08 Intangible assets, net 3,115 4,38 Goodwill 1,074 1,07 Noncurrent assets of discontinued operations 83,69 Total other assets 19,307 104,15 Total assets 8,3573 \$ 150,11 LIABILITIES AND STOCKHOLDERS' EQUITY Current liabilities Dividends payable \$ 22,400 \$ Accounts payable \$ 22,400 \$ Accured payroll and expenses 5,348 4,86 Transition services payable 1,474 Long-term debt, current portion (net of debt issuance costs of \$- and \$24, respectively) 3,88 Accrued interest 332 22 Income taxes payable 332 22 Note payable 333 34 Convertible note 433 34 Lase liabilities of discontinued operations 32,484 25,92 Line of credit (net of debt issuance costs of \$- and \$770, respectively) 3,62 <tr< td=""><td>Software as a service, net</td><td></td><td>3,143</td><td></td><td>4,068</td></tr<> | Software as a service, net | | 3,143 | | 4,068 | |
| Intangible assets, net 3,115 4,38 Goodwill 1,074 1,107 Noncurrent assets of discontinued operations 19,307 Total other assets 19,307 104,15 Total assets 19,308 104,15 Total assets 19,308 19,308 19,308 Accounts payable 1,958 8,8 Accounts payable 1,474 1,474 1,474 Long-term debt, current portion (net of debt issuance costs of \$- and \$24, respectively) - 3,80 Accrued interest 1,474 1,474 1,474 Income taxes payable 332 21 Income taxes payable 332 21 Note payable 332 21 Note payable 332 21 Convertible note 4,36 Lease liabilities, current portion 433 54,308 Current liabilities of discontinued operations 433 25,92 Line of credit (net of debt issuance costs of \$- and \$770, respectively) - | Deferred income taxes, net | | 9,299 | | 7,849 | |
| Goodwill 1,074 1,074 Noncurrent assets of discontinued operations — 83,66 Total other assets 19,307 104,15 Total assets \$ 83,573 \$ 150,11 Current liabilities Current liabilities Dividends payable \$ 22,400 \$ - Accrued payroll and expenses 5,348 4,86 Accrued payroll and expenses 5,348 4,86 Transition services payable 1,474 - Long-term debt, current portion (net of debt issuance costs of \$- and \$24, respectively) — 3,80 Accrued interest 332 21 Income taxes payable 332 21 Note payable 539 - Convertible note 433 3,46 Lease liabilities, current portion 433 3,4 Current liabilities of discontinued operations — 11,82 Total current portion (net of debt issuance costs of \$- and \$198, respectively) — 32,28 Lease liabilities, current portion (net of debt issuance costs of \$- and \$198, respectively | Right-of-use asset - operating leases, net | | 738 | | 1,083 | |
| Noncurrent assets of discontinued operations — 83.69 Total other assets 19,307 104.15 Total assets \$ 83,573 \$ 150.11 Current liabilities Dividends payable \$ 22,400 \$ - Accounts payable 1,958 8 Account payroll and expenses 5,348 4,88 Transition services payable 1,474 - Long-term debt, current portion (net of debt issuance costs of \$- and \$24, respectively) — 22 Accrued interest 332 21 Income taxes payable 332 21 Convertible note — 433 34 Current liabilities, current portion 433 34 Current liabilities of discontinued operations — 11,82 Total current portion (net of debt issuance costs of \$- and \$770, respectively) — 5,62 Long-term debt, less current portion (net of debt issuance costs of \$- and \$198, respectively) — 32,82 Line of credit (net of debt issuance costs of \$- and \$770, respectively) — 30.60 Long-term debt, | Intangible assets, net | | 3,115 | | 4,385 | |
| Total other assets | Goodwill | | 1,074 | | 1,074 | |
| Total assets | Noncurrent assets of discontinued operations | | _ | | 83,694 | |
| Current liabilities | Total other assets | | 19,307 | | 104,156 | |
| Current liabilities Surpers Su | Total assets | \$ | 83,573 | \$ | 150,111 | |
| Current liabilities | | | | | · | |
| Dividends payable | | | | | | |
| Accounts payable 1,958 8 Accrued payroll and expenses 5,348 4,866 Transition services payable 1,474 — Long-term debt, current portion (net of debt issuance costs of \$— and \$24, respectively) — 3,80 Accrued interest — 22 Income taxes payable 332 21 Note payable 539 — Convertible note — 4,36 Lease liabilities, current portion 433 54 Current liabilities of discontinued operations — 11,82 Total current liabilities 32,484 25,92 Line of credit (net of debt issuance costs of \$— and \$770, respectively) — 32,884 Long-term debt, less current portion (net of debt issuance costs of \$— and \$198, respectively) — 32,52 Lease liabilities, less current portion 403 69 Noncurrent liabilities of discontinued operations — 3,07 Total liabilities 32,887 67,84 Commitments and contingencies — — Preferred stock, \$0.01 par value per share, 500,000 | Dividends payable | \$ | 22,400 | \$ | _ | |
| Accrued payroll and expenses 5,348 4,866 Transition services payable 1,474 — Long-term debt, current portion (net of debt issuance costs of \$— and \$24, respectively) — 3,80 Accrued interest — 22 Income taxes payable 332 21 Note payable 539 — Convertible note — 4,36 Lease liabilities, current portion 433 54 Current liabilities of discontinued operations — 11,82 Total current liabilities 32,484 25,92 Line of credit (net of debt issuance costs of \$— and \$770, respectively) — 5,62 Long-term debt, less current portion (net of debt issuance costs of \$— and \$198, respectively) — 32,52 Lease liabilities, less current portion 403 69 Noncurrent liabilities of discontinued operations — 3,07 Total liabilities 32,887 67,84 Commitments and contingencies — 3,07 Preferred stock, \$0.01 par value per share; 19,500,000 shares authorized, -0- shares issued and outstanding — —< | • • | • | / | • | 80 | |
| Transition services payable Long-term debt, current portion (net of debt issuance costs of \$— and \$24, respectively) Accrued interest Income taxes payable Signature of Convertible note Lease liabilities, current portion Current liabilities of discontinued operations Total current liabilities Total current portion (net of debt issuance costs of \$— and \$770, respectively) Long-term debt, less current portion (net of debt issuance costs of \$— and \$198, respectively) Lease liabilities, less current portion (net of debt issuance costs of \$— and \$198, respectively) Long-term debt, less current portion (net of debt issuance costs of \$— and \$198, respectively) Long-term debt, less current portion Noncurrent liabilities Total liabilities Total liabilities Common stock, \$0.01 par value per share, 500,000 shares authorized, -0- shares issued and outstanding Common stock, \$0.01 par value per share; 19,500,000 shares authorized 11,199,787 and 10,887,509 shares issued and outstanding, respectively, net of 3,930 shares of treasury stock, at cost, respectively. Additional paid in capital | | | | | 4,868 | |
| Long-term debt, current portion (net of debt issuance costs of \$— and \$24, respectively)—3,80Accrued interest—22Income taxes payable33221Note payable539—Convertible note—4,36Lease liabilities, current portion43354Current liabilities of discontinued operations—11,82Total current liabilities32,48425,92Line of credit (net of debt issuance costs of \$— and \$770, respectively)—5,62Long-term debt, less current portion (net of debt issuance costs of \$— and \$198, respectively)—32,52Lease liabilities, less current portion40369Noncurrent liabilities of discontinued operations—3,07Total liabilities32,88767,84Commitments and contingencies—3,07Preferred stock, \$0.01 par value per share, 500,000 shares authorized, -0- shares issued and outstanding——Common stock, \$0.01 par value per share; 19,500,000 shares authorized, 11,199,787 and 10,887,509 shares555Saudditional paid in capital71,34570,266 | | | | | _ | |
| Accrued interest | • • | | | | 3,801 | |
| Income taxes payable33221Note payable539—Convertible note—4,36Lease liabilities, current portion43354Current liabilities of discontinued operations—11,82Total current liabilities32,48425,92Line of credit (net of debt issuance costs of \$— and \$770, respectively)—5,62Long-term debt, less current portion (net of debt issuance costs of \$— and \$198, respectively)—32,52Lease liabilities, less current portion40369Noncurrent liabilities of discontinued operations—3,07Total liabilities32,88767,84Commitments and contingenciesPreferred stock, \$0.01 par value per share, 500,000 shares authorized, -0- shares issued and outstanding——Common stock, \$0.01 par value per share; 19,500,000 shares authorized 11,199,787 and 10,887,509 shares issued and outstanding, respectively, net of 3,930 shares of treasury stock, at cost, respectively.555Additional paid in capital71,34570,26 | | | _ | | 223 | |
| Note payable Convertible note Lease liabilities, current portion 433 54 Current liabilities of discontinued operations Total current liabilities 32,484 25,92 Line of credit (net of debt issuance costs of \$— and \$770, respectively) Lease liabilities, less current portion (net of debt issuance costs of \$— and \$198, respectively) Lease liabilities, less current portion 403 69 Noncurrent liabilities 70 Total liabilities 32,887 70,847 Commitments and contingencies Preferred stock, \$0.01 par value per share, 500,000 shares authorized, -0- shares issued and outstanding Common stock, \$0.01 par value per share; 19,500,000 shares authorized 11,199,787 and 10,887,509 shares issued and outstanding, respectively, net of 3,930 shares of treasury stock, at cost, respectively. Additional paid in capital | | | 332 | | 212 | |
| Convertible note Lease liabilities, current portion 433 54 Current liabilities of discontinued operations Total current liabilities 32,484 25,92 Line of credit (net of debt issuance costs of \$— and \$770, respectively) — 5,62 Long-term debt, less current portion (net of debt issuance costs of \$— and \$198, respectively) — 32,52 Lease liabilities, less current portion 403 69 Noncurrent liabilities of discontinued operations — 3,07 Total liabilities 32,887 67,84 Commitments and contingencies Preferred stock, \$0.01 par value per share, 500,000 shares authorized, -0- shares issued and outstanding Common stock, \$0.01 par value per share; 19,500,000 shares authorized 11,199,787 and 10,887,509 shares issued and outstanding, respectively, net of 3,930 shares of treasury stock, at cost, respectively. Additional paid in capital - 4,36 433 54 25,92 25,92 26,92 26,92 27,92 28,92 28,92 28,93 29,93 20,93 2 | | | | | | |
| Lease liabilities, current portion43354Current liabilities of discontinued operations—11,82Total current liabilities32,48425,92Line of credit (net of debt issuance costs of \$— and \$770, respectively)—5,62Long-term debt, less current portion (net of debt issuance costs of \$— and \$198, respectively)—32,52Lease liabilities, less current portion40369Noncurrent liabilities of discontinued operations—3,97Total liabilities32,88767,84Commitments and contingencies——Preferred stock, \$0.01 par value per share, 500,000 shares authorized, -0- shares issued and outstanding——Common stock, \$0.01 par value per share; 19,500,000 shares authorized 11,199,787 and 10,887,509 shares issued and outstanding, respectively, net of 3,930 shares of treasury stock, at cost, respectively.555Additional paid in capital71,34570,260 | | | _ | | 4,368 | |
| Current liabilities of discontinued operations Total current liabilities 32,484 25,92 Line of credit (net of debt issuance costs of \$— and \$770, respectively) Long-term debt, less current portion (net of debt issuance costs of \$— and \$198, respectively) Lease liabilities, less current portion Noncurrent liabilities of discontinued operations Total liabilities Commitments and contingencies Preferred stock, \$0.01 par value per share, 500,000 shares authorized, -0- shares issued and outstanding Common stock, \$0.01 par value per share; 19,500,000 shares authorized 11,199,787 and 10,887,509 shares issued and outstanding, respectively, net of 3,930 shares of treasury stock, at cost, respectively. Additional paid in capital | | | 433 | | 544 | |
| Total current liabilities Line of credit (net of debt issuance costs of \$— and \$770, respectively) Long-term debt, less current portion (net of debt issuance costs of \$— and \$198, respectively) Lease liabilities, less current portion Noncurrent liabilities of discontinued operations Total liabilities Commitments and contingencies Preferred stock, \$0.01 par value per share, 500,000 shares authorized, -0- shares issued and outstanding Common stock, \$0.01 par value per share; 19,500,000 shares authorized 11,199,787 and 10,887,509 shares issued and outstanding, respectively, net of 3,930 shares of treasury stock, at cost, respectively. Additional paid in capital | | | _ | | 11,825 | |
| Line of credit (net of debt issuance costs of \$— and \$770, respectively) Long-term debt, less current portion (net of debt issuance costs of \$— and \$198, respectively) Lease liabilities, less current portion Noncurrent liabilities of discontinued operations Total liabilities Commitments and contingencies Preferred stock, \$0.01 par value per share, 500,000 shares authorized, -0- shares issued and outstanding Common stock, \$0.01 par value per share; 19,500,000 shares authorized 11,199,787 and 10,887,509 shares issued and outstanding, respectively, net of 3,930 shares of treasury stock, at cost, respectively. Additional paid in capital | • | | 32 484 | | - | |
| Long-term debt, less current portion (net of debt issuance costs of \$— and \$198, respectively) Lease liabilities, less current portion Noncurrent liabilities of discontinued operations Total liabilities 32,887 Commitments and contingencies Preferred stock, \$0.01 par value per share, 500,000 shares authorized, -0- shares issued and outstanding Common stock, \$0.01 par value per share; 19,500,000 shares authorized 11,199,787 and 10,887,509 shares issued and outstanding, respectively, net of 3,930 shares of treasury stock, at cost, respectively. Additional paid in capital | | | 32,101 | | | |
| Lease liabilities, less current portion40369Noncurrent liabilities of discontinued operations—3,07Total liabilities32,88767,84Commitments and contingenciesPreferred stock, \$0.01 par value per share, 500,000 shares authorized, -0- shares issued and outstanding—-Common stock, \$0.01 par value per share; 19,500,000 shares authorized 11,199,787 and 10,887,509 shares issued and outstanding, respectively, net of 3,930 shares of treasury stock, at cost, respectively.555Additional paid in capital71,34570,260 | | | _ | | | |
| Noncurrent liabilities of discontinued operations Total liabilities Commitments and contingencies Preferred stock, \$0.01 par value per share, 500,000 shares authorized, -0- shares issued and outstanding Common stock, \$0.01 par value per share; 19,500,000 shares authorized 11,199,787 and 10,887,509 shares issued and outstanding, respectively, net of 3,930 shares of treasury stock, at cost, respectively. Additional paid in capital | | | 402 | | | |
| Total liabilities Commitments and contingencies Preferred stock, \$0.01 par value per share, 500,000 shares authorized, -0- shares issued and outstanding Common stock, \$0.01 par value per share; 19,500,000 shares authorized 11,199,787 and 10,887,509 shares issued and outstanding, respectively, net of 3,930 shares of treasury stock, at cost, respectively. Additional paid in capital 32,887 67,84 67,84 71,345 | | | 403 | | 698 | |
| Commitments and contingencies Preferred stock, \$0.01 par value per share, 500,000 shares authorized, -0- shares issued and outstanding Common stock, \$0.01 par value per share; 19,500,000 shares authorized 11,199,787 and 10,887,509 shares issued and outstanding, respectively, net of 3,930 shares of treasury stock, at cost, respectively. Additional paid in capital 71,345 70,26 | | | | | • | |
| Preferred stock, \$0.01 par value per share, 500,000 shares authorized, -0- shares issued and outstanding Common stock, \$0.01 par value per share; 19,500,000 shares authorized 11,199,787 and 10,887,509 shares issued and outstanding, respectively, net of 3,930 shares of treasury stock, at cost, respectively. 55 Additional paid in capital | | | 32,887 | | 67,842 | |
| Common stock, \$0.01 par value per share; 19,500,000 shares authorized 11,199,787 and 10,887,509 shares issued and outstanding, respectively, net of 3,930 shares of treasury stock, at cost, respectively. Additional paid in capital 71,345 70,260 | e de la companya de | | | | | |
| issued and outstanding, respectively, net of 3,930 shares of treasury stock, at cost, respectively. 55 Additional paid in capital 71,345 70,26 | | | _ | | | |
| Additional paid in capital 71,345 70,26 | | | 55 | | 53 | |
| | * * * * | | | | | |
| | (Accumulated deficit) retained earnings | | (20,714) | | 11,956 | |
| | | | | | 82,269 | |
| | | ¢ | | ¢ | | |
| Total liabilities and stockholders' equity \$ 83,573 \ \frac{\$150,11}{} | lotal liabilities and stockholders' equity | 3 | 83,3/3 | D | 150,111 | |

BGSF, Inc. and Subsidiaries UNAUDITED CONSOLIDATED STATEMENTS OF OPERATIONS

(in thousands, except per share and dividend amounts)

For the Thirteen and Thirty-nine Week Periods Ended September 28, 2025 and September 29, 2024

| | Thirteen Weeks Ended | | | | | Thirty-nine Weeks Ended | | | | |
|--|----------------------|---------|----|---------|----|-------------------------|----------|---------|--|--|
| | | 2025 | | 2024 | | 2025 | | 2024 | | |
| Revenues | \$ | 26,895 | \$ | 29,824 | \$ | 71,284 | \$ | 80,096 | | |
| Cost of services | | 17,235 | | 19,128 | | 45,654 | | 50,461 | | |
| Gross profit | | 9,660 | | 10,696 | | 25,630 | | 29,635 | | |
| Selling, general, and administrative expenses | | 10,223 | | 11,363 | | 31,804 | | 32,365 | | |
| Gain on contingent consideration | | (450) | | _ | | (450) | | _ | | |
| Depreciation and amortization | | 824 | | 336 | | 1,411 | | 1,007 | | |
| Operating loss | | (937) | | (1,003) | | (7,135) | | (3,737) | | |
| Interest expense, net | | (1,570) | | (1,222) | | (4,595) | | (3,518) | | |
| Loss from continuing operations before income taxes | | (2,507) | - | (2,225) | | (11,730) | | (7,255) | | |
| Income tax (expense) benefit from continuing operations | | (571) | | 413 | | 1,461 | | 1,402 | | |
| Net loss from continuing operations | | (3,078) | | (1,812) | | (10,269) | | (5,853) | | |
| Loss from discontinued operations: | | | | | | | | | | |
| Income from discontinued operations | | 226 | | 1,473 | | 3,695 | | 4,703 | | |
| Loss on sale | | (2,892) | | _ | | (2,892) | | | | |
| Income tax expense | | (68) | | (465) | | (804) | | (1,207) | | |
| Net loss | \$ | (5,812) | \$ | (804) | \$ | (10,270) | \$ | (2,357) | | |
| Net (lear) in come manches the circ | | | | | | | | | | |
| Net (loss) income per share - basic: | ¢. | (0.20) | ¢. | (0.17) | Φ | (0.02) | c | (0.54) | | |
| Net loss from continuing operations Net income (loss) from discontinued operations: | \$ | (0.28) | Þ | (0.17) | \$ | (0.93) | 3 | (0.54) | | |
| Income (loss) from discontinued operations: | | 0.02 | | 0.13 | | 0.34 | | 0.43 | | |
| Loss on sale | | (0.26) | | 0.13 | | (0.26) | | 0.43 | | |
| Income tax expense | | (0.20) | | (0.03) | | (0.28) | | (0.11) | | |
| - | \$ | (0.52) | \$ | (0.03) | \$ | (0.93) | \$ | (0.11) | | |
| Net loss per share - basic | <u> </u> | (0.32) | Φ | (0.07) | Ф | (0.93) | Φ | (0.22) | | |
| Net (loss) income per share-diluted: | | | | | | | | | | |
| Net loss from continuing operations | \$ | (0.28) | \$ | (0.17) | \$ | (0.93) | \$ | (0.54) | | |
| Net income (loss) from discontinued operations: | | | | | | | | | | |
| Income | | 0.02 | | 0.13 | | 0.34 | | 0.43 | | |
| Loss on sale | | (0.26) | | _ | | (0.26) | | _ | | |
| Income tax expense | | _ | | (0.03) | | (0.08) | | (0.11) | | |
| Net loss per share - diluted | \$ | (0.52) | \$ | (0.07) | \$ | (0.93) | \$ | (0.22) | | |
| Weighted-average shares outstanding: | | | | | | | | | | |
| Basic | | 11,079 | | 10,919 | | 11,018 | | 10,882 | | |
| Diluted | | 11,079 | | 10,919 | | 11,018 | | 10,882 | | |
| Diluica | | 11,079 | | 10,719 | | 11,016 | | 10,002 | | |
| Cash dividends declared per common share | \$ | 2.00 | \$ | _ | \$ | 2.00 | \$ | 0.15 | | |

BGSF, Inc. and Subsidiaries UNAUDITED CONSOLIDATED STATEMENT OF CHANGES IN STOCKHOLDERS' EQUITY

(in thousands)

For the Thirty-nine Week Period Ended September 28, 2025

| | | Commo | on St | ock | | | | |
|---|--------------------|--------|-------|--------------|-----------------------------|-------------------------------------|---|--------------|
| | Preferred Stock | Shares | | Par Value | Treasury Stock Amount | dditional Paid in Capital | (Accumulated Deficit) Retained Earnings | Total |
| Stockholders' equity, December 29, 2024 | | 11,039 | \$ | 110 | \$ (57) | \$ 70,260 | \$ 11,956 | \$ 82,269 |
| Share-based compensation from continuing operations | _ | _ | | _ | _ | 168 | _ | 168 |
| Share-based compensation from discontinued operations | _ | _ | | _ | _ | 18 | _ | 18 |
| Issuance of restricted shares | _ | 53 | | 1 | _ | (1) | _ | _ |
| Issuance of ESPP shares | _ | 17 | | _ | _ | 87 | _ | 87 |
| Net loss | _ | _ | | _ | | | (722) | (722) |
| Stockholders' equity, March 30, 2025 | | 11,109 | | 111 | (57) | 70,532 | 11,234 | 81,820 |
| Share-based compensation from continuing operations | _ | _ | | _ | _ | 137 | _ | 137 |
| Share-based compensation from discontinued operations | _ | _ | | _ | _ | 18 | _ | 18 |
| Issuance of restricted shares | _ | 35 | | 1 | _ | (1) | _ | _ |
| Issuance of ESPP shares | _ | 15 | | _ | _ | 47 | _ | 47 |
| Net loss | _ | _ | | _ | _ | _ | (3,736) | (3,736) |
| Stockholders' equity, June 29, 2025 | | 11,159 | | 112 | (57) | 70,733 | 7,498 | 78,286 |
| Share-based compensation from continuing operations | _ | _ | | _ | _ | 545 | _ | 545 |
| Share-based compensation from discontinued operations | _ | _ | | _ | _ | 67 | _ | 67 |
| Issuance of restricted shares, net | _ | 41 | | _ | _ | _ | _ | _ |
| Cash dividend declared | _ | _ | | _ | _ | _ | (22,400) | (22,400) |
| Net loss | | | | _ | | | (5,812) | (5,812) |
| Stockholders' equity, September 28, 2025 | _ | 11,200 | \$ | 112 | \$ (57) | \$ 71,345 | \$ (20,714) | \$ 50,686 |

BGSF, Inc. and Subsidiaries UNAUDITED CONSOLIDATED STATEMENT OF CHANGES IN STOCKHOLDERS' EQUITY

(in thousands)

For the Thirty-nine Week Period Ended September 29, 2024

| | | Commo | on Stock | | | | | | | |
|---|--------------------|--------|--------------|-----|--------------------------|----|------------------------------|--------------------|------|--------------|
| | Preferred Stock | Shares | Par Value | e | Treasury Stock Amount | P | ditional aid in apital | Retaine Earning | | Total |
| Stockholders' equity, December 31, 2023 | | 10,888 | \$ | 109 | \$ (57) | \$ | 68,551 | \$ 16, | 933 | \$ 85,536 |
| Share-based compensation from continuing operations | _ | _ | | _ | _ | | 219 | | _ | 219 |
| Share-based compensation from discontinued operations | _ | _ | | _ | _ | | 16 | | _ | 16 |
| Issuance of restricted shares | _ | 11 | | _ | _ | | _ | | _ | _ |
| Exercise of common stock options | _ | 16 | | _ | _ | | 101 | | _ | 101 |
| Issuance of ESPP shares | _ | 14 | | _ | _ | | 112 | | _ | 112 |
| Cash dividend declared | _ | _ | | _ | _ | | _ | (1, | 639) | (1,639) |
| Net loss | _ | _ | | — | _ | | _ | (| 792) | (792) |
| Stockholders' equity, March 31, 2024 | | 10,929 | | 109 | (57) | | 68,999 | 14, | 502 | 83,553 |
| Share-based compensation from continuing operations | _ | _ | | _ | _ | | 220 | | _ | 220 |
| Share-based compensation from discontinued operations | _ | _ | | _ | _ | | 16 | | _ | 16 |
| Issuance of restricted shares | _ | 12 | | _ | _ | | _ | | _ | _ |
| Issuance of ESPP shares | _ | 15 | | 1 | _ | | 132 | | _ | 133 |
| Net loss | | | | _ | | | | | 761) | (761) |
| Stockholders' equity, June 30, 2024 | | 10,956 | | 110 | (57) | | 69,367 | 13, | 741 | 83,161 |
| Share-based compensation from continuing operations | _ | _ | | _ | _ | | 286 | | _ | 286 |
| Share-based compensation from discontinued operations | _ | _ | | _ | _ | | 31 | | _ | 31 |
| Issuance of restricted shares | _ | 13 | | _ | _ | | _ | | _ | _ |
| Issuance of ESPP shares | _ | 15 | | _ | _ | | 111 | | _ | 111 |
| Exercise of common stock options | _ | 23 | | _ | _ | | 160 | | _ | 160 |
| Net loss | | _ | | _ | _ | | _ | (| 804) | (804) |
| Stockholders' equity, September 29, 2024 | | 11,007 | \$ | 110 | \$ (57) | \$ | 69,955 | \$ 12, | 937 | \$ 82,945 |

BGSF, Inc. and Subsidiaries UNAUDITED CONSOLIDATED STATEMENTS OF CASH FLOWS

(in thousands)

For the Thirty-nine Week Periods Ended September 28, 2025 and September 29, 2024

| | 2025 | 2024 |
|---|-------------|----------|
| sh flows from operating activities Net loss | . | |
| | \$ (10,270) | |
| Net income from discontinued operations | (2,890) |) (3,496 |
| Adjustments to reconcile net loss to net cash (used in) provided by activities: | | |
| Depreciation | 86 | |
| Amortization | 1,325 | |
| Software as a service | 950 | |
| Loss on sale of discontinued operations | 2,892 | |
| Loss on disposal of property and equipment | 11 | 3 |
| Contingent consideration adjustment | (450) | |
| Amortization of debt issuance costs | 1,022 | |
| Interest expense on note payable | 235 | |
| Provision for credit losses | 1,822 | 1,493 |
| Share-based compensation | 850 | 725 |
| Deferred income taxes | (1,450) | 1,248 |
| Net changes in operating assets and liabilities: | | |
| Accounts receivable | (2,236) | 5,20 |
| Escrow receivable | (4,950) | , |
| Prepaid expenses | 302 | 1,27 |
| Other current assets | (516) |) 79: |
| Deposits | 73 | 593 |
| Accounts payable | 1,877 | 120 |
| Accrued payroll and expenses | 2,642 | (87 |
| Accrued interest | (223 | (152 |
| Income taxes receivable | 323 | (566 |
| Transition services payable | 1,474 | |
| Other current liabilities | 1,939 | _ |
| Operating leases | (15 | |
| Other long-term liabilities | 3,406 | |
| Net cash (used in) provided by continuing operating activities | (1,771 | 16,42 |
| Net cash provided by discontinued operating activities | 227 | 4,75 |
| Net cash (used in) provided by operating activities | (1,544 | 21,178 |
| sh flows from investing activities | | <u>-</u> |
| Proceeds from business sold | 91,528 | _ |
| Capital expenditures | (122) | (1,063 |
| Net cash provided by (used in) continuing investing activities | 91,406 | |
| Net cash used in discontinued investing activities | (193 | |
| Net cash provided by (used in) investing activities | 91,213 | (1,370 |

BGSF, Inc. and Subsidiaries UNAUDITED CONSOLIDATED STATEMENTS OF CASH FLOWS (CONTINUED)

(in thousands)

For the Thirty-nine Week Periods Ended September 28, 2025 and September 29, 2024

| | 2025 | j | 2024 |
|--|------|-----------|----------|
| Cash flows from financing activities | | | |
| Net payments under line of credit | (| 10,220) | (17,188) |
| Proceeds from issuance of long-term debt | | _ | 4,250 |
| Principal payments on long-term debt | (| 32,725) | (850) |
| Payment of convertible note | | (4,368) | _ |
| Payments of dividends | | _ | (1,639) |
| Issuance of ESPP shares | | 134 | 355 |
| Issuance of shares under the 2013 Long-Term Incentive Plan | | _ | 262 |
| Contingent consideration paid | | (1,289) | _ |
| Payments of debt issuance costs | | (29) | (554) |
| Net cash used in continuing financing activities | (| 48,497) | (15,364) |
| Net cash used in discontinued financing activities | | _ | (4,250) |
| Net cash used in financing activities | | 48,497) | (19,614) |
| Net change in cash and cash equivalents of continuing operations | | 41,138 | _ |
| Cash and cash equivalents, beginning of period | | 32 | _ |
| Cash and cash equivalents, end of period | \$ | 41,170 \$ | |
| Supplemental cash flow information: | | | |
| Cash paid for interest, net | \$ | 3,398 \$ | 3,396 |
| Cash paid for taxes, net of refunds | \$ | 535 \$ | 111 |
| Non-cash transactions: | | | |
| Dividends declared | \$ | 22,400 \$ | _ |
| | | | |

NOTE 1 - NATURE OF OPERATIONS

BGSF, Inc. (the "Company") provides workforce solutions through the Property Management segment that operates primarily within the United States of America ("U.S."). The Property Management segment provides office and maintenance field talent in 44 states and D.C., to property management companies responsible for the apartment communities' and commercial buildings' day-to-day operations.

The Company normally experiences seasonal fluctuations. The quarterly operating results are affected by the number of billing days in a quarter, as well as the seasonality of client partners' business. Demand for the Property Management workforce solutions has typically increased in the second quarter and is highest during the third quarter of the year due to the increased turns in multifamily units during the summer months when schools are not in session. Overall first quarter demand can be affected by adverse weather conditions in the winter months. In addition, the Company's cost of services typically increases in the first quarter primarily due to the reset of payroll taxes.

On May 8, 2024, the Company announced that our Board of Directors had initiated a process to evaluate potential strategic alternatives and engaged financial advisors in an endeavor to maximize shareholder value ("Strategic alternatives review"). During December 2024, the Company announced a cost restructuring plan as part of the strategic review process. On June 14, 2025, the Company entered into an Equity Purchase Agreement with INSPYR Solutions Intermediate, LLC, pursuant to which the Company sold substantially all of the outstanding equity and assets interest pertaining to the Professional segment ("BGSF Professional") on September 8, 2025. The BGSF Professional financial results for periods prior to the sale have been reflected as discontinued operations in the Unaudited Consolidated Financial Statements, see "Note 3 - Discontinued Operations."

The accompanying unaudited consolidated financial statements have been prepared by the Company in accordance with generally accepted accounting principles in the United States of America ("GAAP"), pursuant to the applicable rules and regulations of the SEC. The information furnished herein reflects all adjustments (consisting only of normal recurring adjustments) that are, in the opinion of management, necessary to present a fair statement of the financial position and operating results of the Company as of and for the respective periods. However, these operating results are not necessarily indicative of the results expected for a full fiscal year or any other future period. Certain information and footnote disclosures normally included in annual financial statements prepared in accordance with GAAP have been omitted pursuant to such rules and regulations. However, management of the Company believes, to the best of its knowledge, that the disclosures herein are adequate to make the information presented not misleading. The accompanying unaudited consolidated financial statements should be read in conjunction with the audited consolidated financial statements of the Company for the fiscal year ended December 29, 2024, included in its Annual Report on Form 10-K.

NOTE 2 - SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Basis of Presentation

The consolidated financial statements include the accounts of the Company. All significant intercompany transactions and balances have been eliminated in consolidation.

Fiscal Periods

The Company has a 52/53 week fiscal year. Fiscal periods for the consolidated financial statements included herein are as of September 28, 2025 and December 29, 2024, and include the thirteen and thirty-nine week periods ended September 28, 2025 and September 29, 2024, referred to herein as Fiscal 2025 and 2024, respectively.

Reclassifications

Certain reclassifications have been made to the 2024 financial statements to conform with the 2025 presentation.

Management Estimates

The preparation of consolidated financial statements in conformity with GAAP requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities as of the date of the consolidated financial statements and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates. Significant estimates affecting the consolidated financial statements include allowances for credit losses, goodwill, intangible assets, lease liabilities, and income taxes. Additionally, the valuation of share-based compensation expense uses a model based upon interest rates, stock prices, maturity estimates, volatility and other factors. The Company believes these estimates and assumptions are reliable. However, these estimates and assumptions may change in the future based on actual experience as well as market conditions.

Financial Instruments

The Company uses fair value measurements in areas that include, but are not limited to, the allocation of purchase price consideration to tangible and identifiable intangible assets and convertible debt. The carrying values of accounts receivable, accounts payable, accrued payroll and expenses, and other current assets and liabilities approximate their fair values because of the short-term nature of these instruments. The carrying value of bank debt approximates fair value due to the variable nature of the interest rates under the credit agreement with BMO Bank, N.A. ("BMO") that provided for a revolving credit facility, term loan and current rates available to the Company for debt with similar terms and risk. On September 8, 2025, the Company paid the balance on the existing Term Loan and Revolving Facility using the proceeds from the sale of BGSF Professional (See Note 4).

Cash and Cash Equivalents

Cash and cash equivalents include all highly liquid investments with an original maturity of three months or less.

Concentration of Credit Risk

Concentration of credit risk is limited due to the Company's diverse client partner base and their dispersion across many different industries and geographic locations nationwide. No single client partner accounted for more than 10% of the Company's accounts receivable from continuing operations as of September 28, 2025 and December 29, 2024 or revenue from continuing operations for the thirty-nine week periods ended September 28, 2025 and September 29, 2024. Geographic revenue from continuing operations in excess of 10% of the Company's consolidated revenue in Fiscal 2025 and the related percentage for Fiscal 2024 was generated in the following areas at:

| Thirty-nine | Weeks Ended |
|-----------------------|-----------------------|
| September 28, 2025 | September 29, 2024 |
| 29 % | 24 % |

Consequently, weakness in economic conditions in these regions could have a material adverse effect on the Company's financial position and results of future operations.

Accounts Receivable

The Company extends credit to its client partners in the normal course of business. Accounts receivable represents unpaid balances due from client partners. The Company maintains an allowance for credit losses for expected losses resulting from client partners' non-payment of balances due to the Company. The Company's determination of the allowance for uncollectible amounts is based on management's judgments and assumptions, including general economic conditions, portfolio composition, historical credit loss, evaluation of credit risk related to certain individual client partners and the Company's ongoing examination process. The additional risk pool and increased expected credit losses that were identified during 2024 have been resolved. During Fiscal 2025, the Company identified an additional risk pool related to Property Management, which increased the estimate of expected credit losses. Receivables are written off after they are deemed to be uncollectible after all reasonable means of collection have been exhausted. Recoveries of receivables previously written off are recorded as income when received.

Changes in the allowance for credit losses from continuing operations are as follows (in thousands):

| | Thirteen | Weeks Ended | Thirty-nine | Weeks Ended | | |
|-----------------------------|--------------------|-----------------------|-----------------------|-----------------------|--|--|
| | September 28, 2025 | September 29, 2024 | September 28, 2025 | September 29, 2024 | | |
| Beginning balance | \$ 1,156 | \$ 484 | \$ 910 | \$ 161 | | |
| Provision for credit losses | 166 | 477 | 1,822 | 1,493 | | |
| Amounts written off | (199 | (227) | (1,659) | (920) | | |
| Recoveries | 33 | _ | 83 | _ | | |
| Ending balance | \$ 1,156 | \$ 734 | \$ 1,156 | \$ 734 | | |

Property and Equipment

Property and equipment from continuing operations are stated net of accumulated depreciation and amortization of \$1.3 million at September 28, 2025 and December 29, 2024.

Deposits

The Company maintains guaranteed costs policies for workers' compensation coverage in monopolistic states and minimal loss retention coverage in all other states. Under these policies, the Company is required to maintain refundable deposits of \$1.8 million, which are included in Deposits in the accompanying consolidated balance sheets, as of September 28, 2025 and December 29, 2024.

Software as a Service

The Company capitalizes direct costs incurred in cloud computing implementation costs from hosting arrangements, which are categorized as long-lived assets, and are reported as Software as a service in the accompanying consolidated balance sheets. All other internal-use software development costs are capitalized and reported as a component of computer software within Intangible assets. Software as a service from continuing operations is stated net of accumulated amortization of \$2.9 million and \$2.5 million at September 28, 2025 and December 29, 2024, respectively.

The Company reviews its long-lived assets, primarily Property and equipment and Software as a service, for impairment whenever events or changes in circumstances indicate that the carrying amount of the asset may not be recovered. The Company looks primarily to the undiscounted future cash flows in its assessment of whether or not long-lived assets have been impaired. There were no impairment triggering events identified with respect to long-lived assets during Fiscal 2025 or Fiscal 2024.

Leases

The Company leases all their office space through operating leases, which expire at various dates through 2030. Many of the lease agreements obligate the Company to pay real estate taxes, insurance, and certain maintenance costs, which are accounted for separately. Certain of the Company's lease arrangements contain renewal provisions of 5 years, exercisable at the Company's option. The Company's lease agreements do not contain any material residual value guarantees or material restrictive covenants. Contracts with lease and non-lease components are accounted for on a combined basis.

The Company determines if an arrangement is an operating lease at inception. Leases and subleases with an initial term of 12 months or less are not recorded on the balance sheet. All other leases and subleases are recorded on the balance sheet as right-of-use assets and lease liabilities for the lease term.

Right-of-use lease assets and lease liabilities are recognized at commencement date based on the present value of lease payments over the lease term and include options to extend or terminate the lease when they are reasonably certain to be exercised. The present value of lease payments is determined using the incremental borrowing rate based on the information available at lease commencement date, unless the implicit rate in the lease is readily determinable. The Company's operating lease expense is recognized on a straight-line basis over the lease term and is recorded in selling, general, and administrative expenses.

Intangible Assets

The Company holds Intangible assets with finite lives. Intangible assets with finite useful lives are amortized over their respective estimated useful lives, ranging from three to ten years, based on a pattern in which the economic benefit of the respective Intangible asset is realized.

Identifiable Intangible assets recognized in conjunction with acquisitions are recorded at fair value. Significant unobservable inputs are used to determine the fair value of the identifiable Intangible assets based on the income approach valuation model whereby the present worth and anticipated future benefits of the identifiable Intangible assets are discounted back to their net present value.

The Company develops and implements software to enhance the performance and capabilities of the information technology infrastructure. Direct internal payroll costs and external costs for the development of software are capitalized from the time internal-use software is considered probable until the software is deployed. All other preliminary and planning stage costs are expensed as incurred. Minor upgrades and enhancements to software systems are expensed in the period incurred as software maintenance and training costs.

The Company evaluates the recoverability of Intangible assets whenever events or changes in circumstances indicate that an Intangible asset's carrying amount may not be recoverable. The Company considered the current and expected future economic and market conditions and its impact on each of the reporting units. The Company annually evaluates the remaining useful lives of all Intangible assets to determine whether events and circumstances warrant a revision to the remaining period of amortization. There were no impairment indicators identified during Fiscal 2025 or Fiscal 2024. See "Note 6 - Intangible Assets."

Goodwill

Goodwill is not amortized, but instead is evaluated at the reporting unit level for impairment annually at the end of each fiscal year, or more frequently, if conditions indicate an earlier review is necessary. The Company considered the current and expected future economic and market conditions and its impact on each of the reporting units. If the Company has determined that it is more likely than not that the fair value for one or more reporting units is greater than their carrying value, the Company may use a qualitative assessment for the annual impairment test. The Company determined there were no impairment indicators for goodwill assets during Fiscal 2025 or Fiscal 2024.

Debt Issuance Costs

Debt issuance costs are amortized into interest expense using the effective interest method over the term of the respective loans. Debt issuance costs related to a recognized debt liability are presented in the balance sheet as a direct deduction from the carrying amount of the related debt liability.

Contingent Consideration

The Company had obligations, to be paid in cash, related to its acquisitions if certain operating and financial goals are met. The fair value of this contingent consideration was determined using expected cash flows and present value technique. The fair value calculation of the expected future payments used a discount rate commensurate with the risks of the expected cash flow. The resulting discount was amortized as interest expense over the outstanding period using the effective interest method.

Revenue Recognition

The Company derives its revenues from continuing operations by providing workforce solution and placement services through the Property Management segment. Revenues are recognized when promised services are delivered to client partners, in an amount that reflects the consideration the Company expects to be entitled to in exchange for those services. Revenues from continuing operations as presented on the consolidated statements of operations represent services rendered to client partners less sales adjustments and allowances. Reimbursements, including those related to out-of-pocket expenses, are also included in revenues, and the related amounts of reimbursable expenses are included in cost of services.

The Company records revenue on a gross basis as a principal versus on a net basis as an agent in the presentation of revenues and expenses. The Company has concluded that gross reporting is appropriate because the Company (i) has the risk of identifying and hiring qualified field talent, (ii) has the discretion to select the field talent and establish their price and duties and (iii) bears the risk for services that are not fully paid for by client partners.

Workforce solution revenues - Field talent revenues from contracts with client partners are recognized in the amount to which the Company has a right to invoice, when the services are rendered by the Company's field talent.

Contingent placement revenues - Any revenues associated with workforce solutions that are provided on a contingent basis are recognized once the contingency is resolved, as this is when control is transferred to the client partner, usually when employment candidates start their employment.

The Company estimates the effect of placement candidates who do not remain with its client partners through the guarantee period (generally 90 days) based on historical experience. Allowances, recorded as a liability, are established to estimate these losses. Fees to client partners are generally calculated as a percentage of the new worker's annual compensation. No fees for placement workforce solutions are charged to employment candidates. These assumptions determine the timing of revenue recognition for the reported period.

Refer to Note 14 for disaggregated revenues by functional specialization and segment.

Payment terms in the Company's contracts vary by the type and location of its client partner and the workforce solutions offered. The term between invoicing and when payment is due is not significant. There were no unsatisfied performance obligations as of September 28, 2025 or December 29, 2024. There were no revenues recognized during the thirteen or thirty-nine week periods ended September 28, 2025 related to performance obligations satisfied or partially satisfied in previous periods. There are no contract costs capitalized. The Company did not recognize any contract impairments during the thirteen or thirty-nine week periods ended September 28, 2025. The opening balance of accounts receivable at December 31, 2023 was \$29.6 million.

Share-Based Compensation

The Company recognizes compensation expense in selling, general, and administrative expenses over the service period for common stock options or restricted stock that are expected to vest and records adjustments to compensation expense at the end of the service period if actual forfeitures differ from original estimates.

Earnings Per Share

Basic earnings per common share are computed by dividing net loss by the weighted average number of common shares outstanding during the period. Diluted earnings per share is calculated by dividing income available to common stockholders by the weighted average number of common shares outstanding during the period adjusted to reflect potentially dilutive securities. Antidilutive shares are excluded from the calculation of earnings per share.

The following is a reconciliation of the number of shares used in the calculation of basic and diluted earnings per share for the respective periods (in thousands):

| | Thirteen We | Thirty-nine V | Veeks Ended | |
|--|-----------------------|-----------------------|-----------------------|-----------------------|
| | September 28, 2025 | September 29, 2024 | September 28, 2025 | September 29, 2024 |
| Weighted-average number of common shares outstanding: | 11,079 | 10,919 | 11,018 | 10,882 |
| Weighted-average number of diluted common shares outstanding | 11,079 | 10,919 | 11,018 | 10,882 |
| Stock options and restricted stock | 822 | 920 | 822 | 920 |
| Convertible note | <u> </u> | 255 | | 255 |
| Antidilutive shares | 822 | 1,175 | 822 | 1,175 |

Income Taxes

The effective tax rate from continuing operations was 22.8% and (18.6)% for the thirteen week periods and (12.5)% and (19.3)% for the thirty-nine week periods ended September 28, 2025 and September 29, 2024, respectively. Effective tax rates for all periods consist of federal statutory rate plus state income taxes. The higher effective tax rate for Fiscal 2025 is primarily due to a \$1.5 million valuation allowance recorded in the thirteen week period ended September 28, 2025 against the certain net deferred tax assets to offset future tax benefits that may not be realized.

Deferred tax assets and liabilities are recorded for the estimated future tax effects of temporary differences between the tax basis of assets and liabilities and amounts are classified as noncurrent in the consolidated balance sheets. Deferred tax assets are also recognized for net operating loss and tax credit carryovers. The overall change in deferred tax assets and liabilities for the period measures the deferred tax expense or benefit for the period. Effects of changes in enacted tax laws on deferred tax assets and liabilities are reflected as adjustments to tax expense in the period of enactment.

When appropriate, the Company will record a valuation allowance against net deferred tax assets to offset future tax benefits that may not be realized. In determining whether a valuation allowance is appropriate, the Company considers whether it is more likely than not that all or some portion of our deferred tax assets will not be realized, based in part upon management's judgments regarding future events and past operating results. As a matter of operation, the Company first calculates the effective tax on continuing operations, and then allocated the remaining taxes to our discontinued operations, in accordance with Accounting Standards Codification ("ASC") Topic 740.

The Company follows the guidance Accounting Standards Codification ("ASC") Topic 740, Accounting for Uncertainty in Income Taxes. ASC Topic 740 prescribes a more-likely-than-not measurement methodology to reflect the financial statement impact of uncertain tax positions taken or expected to be taken in a tax return.

Recent Accounting Pronouncements

In November 2024, Financial Accounting Standards Board ("FASB") issued ASU 2024-03, Income Statement - Reporting Comprehensive Income - Expense Disaggregation Disclosures, which will require the Company to disclose the amounts of purchases of inventory, employee compensation, depreciation and intangible asset amortization, as applicable, included in certain expense captions in the Consolidated Statements of Operations. The new guidance is effective for fiscal years beginning after December 15, 2026 and for interim periods beginning after December 15, 2027, early adoption is permitted. The Company is evaluating the impact of the new guidance on its consolidated financial statements and related disclosures.

In July 2025, the FASB issued ASU 2025-05, Financial Instruments—Credit Losses: Measurements of Credit Losses for Accounts Receivable and Contract Assets. Under this practical expedient, an entity is allowed to assume that the current conditions it has applied in determining credit loss allowances for current accounts receivable and current contract assets remain unchanged for the remaining life of those assets. The new guidance is effective for fiscal years beginning after December 15, 2025, and interim reporting periods in those years. Entities that elect the practical expedient and, if applicable, make the accounting policy election are required to apply the amendments prospectively. The Company is currently evaluating the impact of the new guidance on its consolidated financial statements and related disclosures.

In September 2025, the FASB issued ASU 2025-06, Intangibles - Goodwill and Other - Internal-Use Software, which amends the guidance in ASC 350-40, Intangibles—Goodwill and Other—Internal-Use Software. The amendments modernize the recognition and disclosure framework for internal-use software costs, removing the previous "development stage" model and introducing a more judgment-based approach. The new guidance is effective for fiscal years beginning after December 15, 2027 and for interim periods within those annual reporting periods, with early adoption permitted. The Company is currently evaluating the impact of the new guidance on its consolidated financial statements and related disclosures.

NOTE 3 - DISCONTINUED OPERATIONS

On June 14, 2025, the Company entered into an Equity Purchase Agreement ("EPA") with INSPYR Solutions Intermediate, LLC ("INSPYR"), pursuant to which the Company sold to INSPYR substantially all of the outstanding equity and assets interest pertaining to BGSF Professional. The sale closed on September 8, 2025, for cash proceeds of \$91.5 million (which includes a \$2.3 million working capital adjustment as provided in the EPA) plus \$5.2 million in holdback escrow accounts. Under the terms of the EPA, INSPYR acquired certain assets and equity interests, and assumed certain liabilities and obligations of the Company pertaining to BGSF Professional.

The EPA contained customary representations and warranties, covenants (including certain non-competition and non-solicitation covenants restricting the Company with respect to the professional staffing business), closing conditions, and indemnification provisions. The EPA also included a payment obligation related to the June 10, 2025 letter agreement with Arroyo Consulting, LLC related to the payout of \$2.5 million in contingent consideration where by the Company assumed a portion of this obligation and paid \$1.2 million at closing and the remaining \$0.6 million in monthly installments. After the close of the transaction, the Company began providing certain back-office services to INSPYR for a limited period of time.

The BGSF Professional financial results for periods prior to the sale have been reflected in our Unaudited Consolidated Balance Sheet, Unaudited Consolidated Statements of Operations, Unaudited Consolidated Statement of Changes in Stockholders' Equity and Unaudited Consolidated Statements of Cash Flows as discontinued operations.

The financial results of BGSF Professional are as follows (in thousands):

| | | ıded | | Thirty-nine | Weeks | eeks Ended | | | |
|--|--------------------|--------|----|-------------|-------|------------|----|-----------------------|--|
| | September 28, 2025 | | | | | | | September 29, 2024 | |
| Revenue | \$ | 29,490 | \$ | 41,362 | \$ | 112,109 | \$ | 127,992 | |
| Cost of services | | 20,325 | | 27,730 | | 77,340 | | 86,231 | |
| Gross profit | | 9,165 | | 13,632 | | 34,769 | | 41,761 | |
| Selling, general, and administrative expenses | | 7,590 | | 10,602 | | 27,497 | | 32,184 | |
| Gain on contingent consideration | | 450 | | _ | | _ | | _ | |
| Depreciation and amortization | | 899 | | 1,557 | | 3,577 | | 4,874 | |
| Income from discontinued operations before taxes | \$ | 226 | \$ | 1,473 | \$ | 3,695 | \$ | 4,703 | |

The preliminary carrying amount of assets, liabilities, and equity included as part of discontinued operations (in thousands):

| | Se | September 7, 2025 | | cember 29, 2024 |
|---|---------|-------------------|----|--------------------|
| Cash and cash equivalents | \$ | 355 | \$ | 321 |
| Accounts receivable (net of allowance for credit losses of \$378 and \$223, respectively) | | 25,481 | | 23,046 |
| Prepaid expenses | | 1,062 | | 885 |
| Other current assets | | 92 | | 102 |
| Total current assets | | 26,990 | | 24,354 |
| Property and equipment, net | | 541 | | 529 |
| Deposits | | 82 | | 88 |
| Software as a service, net | | 353 | | 370 |
| Deferred income taxes, net | | 681 | | 607 |
| Right of-use-assets-operating leases, net | | 3,442 | | 3,891 |
| Intangible assets, net | | 16,874 | | 20,131 |
| Goodwill | | 58,078 | | 58,078 |
| Total other assets | | 80,051 | | 83,694 |
| Total assets classified as discontinued operations | \$ | 107,041 | \$ | 108,048 |
| | | | | |
| Accrued payroll and expenses | \$ | 9,148 | \$ | 8,133 |
| Contingent consideration, current portion | | _ | | 2,662 |
| Lease liabilities, current portions | | 963 | | 1,030 |
| Total current liabilities | | 10,111 | | 11,825 |
| Lease liabilities, less current portion | | 2,735 | | 3,071 |
| Total noncurrent liabilities | <u></u> | 2,735 | | 3,071 |
| Other long-term liabilities (intercompany) | | _ | | 32,195 |
| Total liabilities classified as discontinued operations | | 12,846 | | 47,091 |
| Retained earnings | _ | 94,195 | | 60,957 |
| Total liabilities and equity classified as discontinued operations | \$ | 107,041 | \$ | 108,048 |

NOTE 4 - OTHER CURRENT ASSETS

Other current assets from continuing operations as of September 28, 2025 and December 29, 2024 consist of the following (in thousands):

| | September 28, 2025 | | | December 29, 2024 |
|-----------------------|-----------------------|-------|----|----------------------|
| CARES Act receivable | \$ | 465 | \$ | 1,661 |
| Income tax receivable | | 310 | | 513 |
| Other | | 845 | | 39 |
| Total | \$ | 1,620 | \$ | 2,213 |
| | | | | |

NOTE 5 - LEASES

The Company's future operating lease obligations that have not yet commenced are immaterial. Short-term leases and subleases were immaterial. The supplemental balance sheet information related to the Company's operating leases were as follows at (dollars in thousands):

| | September 28, 2025 | December 29, 2024 |
|---|-----------------------|----------------------|
| Weighted average remaining lease term of operating leases | 2.6 years | 2.8 years |
| Weighted average discount rate for operating leases | 8.2 % | 7.8 % |

The supplemental cash flow information from continuing operations related to the Company's operating leases were as follows (dollars in thousands):

| | _ | Thirty-nine Weeks Ended | | | | | |
|--------------------------------|---|-------------------------|-----------------------|-----|--|--|--|
| | _ | September 28, 2025 | September 29, 2024 | | | | |
| Cash paid for operating leases | | 3 465 | \$ 5 | 561 | | | |
| Operating lease expense | 9 | 3 450 | \$ 4 | 196 | | | |

The undiscounted annual future minimum lease payments from continuing operations consist of the following at (in thousands):

| | Sept | ember 28, 2025 |
|------------------------------------|---------|-------------------|
| 2025 (remaining) | \$ | 145 |
| 2026 | | 450 |
| 2027 | | 122 |
| 2028 | | 94 |
| 2029 | | 96 |
| Thereafter | <u></u> | 24 |
| Total lease payments | | 931 |
| Imputed interest | | (95) |
| Present value of lease liabilities | \$ | 836 |

NOTE 6 - INTANGIBLE ASSETS

Intangible assets from continuing operations are stated net of accumulated amortization of \$5.5 million and \$5.1 million at September 28, 2025 and December 29, 2024, respectively. Amortization expense from continuing operations for Fiscal 2025 and Fiscal 2024 are comprised of following (in thousands):

| | | Thirteen Weeks Ended | | | | Thirty-nine Weeks Ended | | | | |
|--|--------------------|----------------------|-----------------------|-----|------|-------------------------|-----------------------|-----|--|--|
| | September 28, 2025 | | September 29, 2024 | | Sept | ember 28, 2025 | September 29, 2024 | | | |
| Computer software - amortization expense | \$ | 796 | \$ | 298 | \$ | 1,325 | \$ | 886 | | |
| Total expense | \$ | 796 | \$ | 298 | \$ | 1,325 | \$ | 886 | | |

NOTE 7 - ACCRUED PAYROLL AND EXPENSES

Accrued payroll and expenses from continuing operations consist of the following at (in thousands):

| | ember 28, 2025 | December 29, 2024 | | |
|------------------------------|-------------------|-------------------|-------|--|
| Payroll | \$ 1,514 | \$ | 1,339 | |
| Payroll related | 989 | | 991 | |
| Bonuses and commissions | 819 | | 375 | |
| Other | 2,026 | | 2,163 | |
| Accrued payroll and expenses | \$ 5,348 | \$ | 4,868 | |

NOTE 8 - DEBT

On September 8, 2025, the Company paid the balance on the existing Term Loan and Revolving Facility using the proceeds from the sale of BGSF Professional (See Note 4).

On July 16, 2019, the Company entered into a Credit Agreement (the "Credit Agreement"), which would have matured on July 16, 2024, led by BMO, as lead administrative agent, lender, letters of credit issuer, and swing line lender. The Company entered into four amendments from August 18, 2022 through May 19, 2023, which changed the interest rate component from LIBOR to the Secured Overnight Financing Rate ("SOFR"), exercised the option to borrow \$40.0 million, required 2.5% of the original principal balance of the new term loan, permitted a foreign entity acquisition, modified the distributions terms, and increased a revolving credit facility (the "Revolving Facility") by \$6.0 million.

On March 12, 2024, the Credit Agreement was amended and restated (the "Restated Agreement"), which provided for a Revolving Facility which permitted the Company to borrow funds in an aggregate amount up to \$40 million. The Restated Agreement also provided for a term loan commitment, which permitted the Company to borrow funds from time to time (the "Term Loan"). In July 2024, the Company exercised the option to borrow on a delayed draw term loan of \$4.3 million related to payments on the Arroyo Consulting Acquisition's working capital "true up", hold backs, and year one contingent consideration. On November 6, 2024, the Company entered into the First Amendment to Restated Agreement, which reduced the availability on the Revolving Facility an aggregate amount up to \$20 million.

On March 13, 2025, the Company entered into a Waiver and Second Amendment to Restated Agreement in which the lenders unanimously waived noncompliance with the covenants as of December 29, 2024 and March 30, 2025 and a new definition of Applicable Margin, a reduction of the swing line sublimit to zero, and limiting the aggregate revolving credit borrowings to \$8.0 million. On May 7, 2025, the Company entered into a Waiver and Amendment which provider that the lenders unanimously waived noncompliance on the requirement of least \$2.0 million in cash equity contributions by extending the deadline and adding the option of subordinated debt. On August 4, 2025, the Company entered into a Waiver and Amendment in which the lenders unanimously waived noncompliance with the foregoing covenants as of June 29, 2025 and the Company would finalize and close the sale BGSF Professional no later than September 30, 2025. During thirteen and thirty-nine week periods ended September 28, 2025, the Company recognized into interest expense approximately \$0.4 million and \$0.8 million, respectively, related to the amendments on unamortized debt issuances costs.

The Company was required to repay the Term Loan in quarterly principal installments equal to 2.5% of the aggregate principal balance. The Company paid an unused commitment fee on the daily average unused amount of Revolving Facility. The Company's obligations were secured by a first priority security interest in substantially all tangible and intangible property of the Company's and its subsidiaries. The Company obtained the waivers described above for the non compliance with the foregoing financial covenants and certain affirmative covenants as of the quarters ended December 29, 2024, March 30, 2025, and June 29, 2025.

Letter of Credit

In conjunction with a previous acquisition, the Company entered into a standby letter of credit arrangement, which expired, for purposes of protecting a lessor against default on lease payments. As of December 29, 2024, the Company had a maximum financial exposure from this standby letter of credit totaling \$0.1 million and no liability had been recorded, all of which was considered usage against the Revolving Facility. On September 8, 2025, the Company assigned the related lease in the sale of BGSF Professional.

Line of Credit

On September 8, 2025, the Company paid the balance on the facility using the proceeds from the sale of BGSF Professional. At December 29, 2024, \$6.4 million was outstanding on the revolving facilities. Average daily balance for the thirteen week periods ended September 28, 2025 and September 29, 2024 was \$8.0 million and \$7.7 million, respectively. Average daily balance for the thirty-nine week periods ended September 28, 2025 and September 29, 2024 was \$7.8 million and \$14.5 million, respectively.

Borrowings under the revolving facilities consisted of and bore interest at (in thousands):

| | | September 28, 2025 | | | December 29, 2024 | | | |
|-----------|----|-----------------------|----------|----|----------------------|---------|--|--|
| Base Rate | \$ | _ | <u> </u> | \$ | 2,395 | 10.25 % | | |
| SOFR | | _ | % | | 4,000 | 8.23 % | | |
| Total | \$ | | | \$ | 6,395 | | | |

Long-Term Debt

Long-term debt consisted of and bore interest at (in thousands):

| | September 28, 2025 | | | December 29, 2024 | | | |
|----------------|-----------------------|--|---------|----------------------|--------|--------|--|
| SOFR | \$ | | 10.22 % | \$ | 36,550 | 8.23 % | |
| Long-term debt | \$ | | | \$ | 36,550 | | |

Convertible Note

At December 29, 2024, the Company had a two-year convertible unsecured promissory note of \$4.4 million due to the seller with an annual interest rate of 6%, with interest paid quarterly related to the 2022 Horn Solutions acquisition. The promissory note was convertible into shares of our common stock at any time after the one-year anniversary of the promissory note at a conversion price equal to \$17.12 per share, prior to the maturity date of December 12, 2024. On January 30, 2025, the Company amended the promissory note which increased the interest rate to 7% and extended the maturity date to December 12, 2025. On September 8, 2025, the Company paid the balance on the promissory note using the proceeds from the sale of BGSF Professional.

NOTE 9 - FAIR VALUE MEASUREMENTS

The accounting standard for fair value measurements defines fair value and establishes a market-based framework or hierarchy for measuring fair value. The standard is applicable whenever assets and liabilities are measured at fair value. The fair value hierarchy established prioritizes the inputs used in valuation techniques into three levels as follows:

- Level 1 Observable inputs quoted prices in active markets for identical assets and liabilities;
- Level 2 Observable inputs other than the quoted prices in active markets for identical assets and liabilities includes quoted prices for similar instruments, quoted prices for identical or similar instruments in inactive markets, and amounts derived from valuation models where all significant inputs are observable in active markets, for substantially the full term of the financial instrument; and
- Level 3 Unobservable inputs includes amounts derived from valuation models where one or more significant inputs are unobservable and requires the Company to develop relevant assumptions.

There were no transfers between the respective Levels during Fiscal 2025. The following table summarizes the financial liabilities measured at fair value on a recurring basis and the level they fall within the fair value hierarchy (in thousands):

| Financial Statement Classification | Fair Value Hierarchy | September 28, 2025 | mber 29, 2024 |
|------------------------------------|-------------------------|-----------------------|----------------------|
| Convertible note | Level 2 | <u>s</u> — | \$ 4.368 |

On September 8, 2025, the Company paid the balance on the convertible note using the proceeds from the sale of BGSF Professional. Key inputs in determining the fair value of the convertible note as of December 29, 2024 included current stock price, the conversion price, and the maturity date. Key inputs in determining the fair value of the contingent consideration, which is included in discontinued operations, as of December 29, 2024 included discount rates of approximately 7% as well as management's estimates of future sales volumes and EBITDA. As part of the sale of BGSF Professional, the recognized gain of \$0.5 million on the contingent consideration for the thirteen week periods ended June 29, 2025 was assumed by the Company and moved from discontinued operations to continuing operations for the thirteen week periods ended September 28, 2025.

NOTE 10 - CONTINGENCIES

The Company is engaged from time to time in legal matters and proceedings arising out of its normal course of business. The Company establishes a liability related to its legal proceedings and claims when it has determined that it is probable that the Company has incurred a liability and the related amount can be reasonably estimated. If the Company determines that an obligation is reasonably possible, the Company will, if material, disclose the nature of the loss contingency and the estimated range of possible loss, or include a statement that no estimate of the loss can be made.

The Company insures against, subject to and upon the terms and conditions of various insurance policies, claims or losses from workers' compensation, general liability, automobile liability, property damage, professional liability, employment practices, fiduciary liability, fidelity losses, crime and cyber risk, and director and officer liability. Under the Company's bylaws, the Company's directors and officers are indemnified against certain liabilities arising out of the performance of their duties to the Company. The Company also has an insurance policy for our directors and officers to insure them against liabilities arising from the performance of their positions with the Company or its subsidiaries. The Company has also entered into indemnification agreements with its directors and certain officers.

NOTE 11 – EQUITY

Authorized capital stock consists of 19,500,000 shares of common stock, par value \$0.01 per share and 500,000 shares of undesignated preferred stock, par value \$0.01 per share.

Restricted Stock

The Company issued net restricted common stock of 129,477 and 23,310 shares to team members and non-team member (non-employee) directors in Fiscal 2025 and Fiscal 2024, respectively. The restricted shares of \$0.01 par value per share were issued under the 2013 Long-Term Incentive Plan ("2013 Plan") and contain a three-year service condition. The restricted stock constitutes issued and outstanding shares of the Company's common stock, except for the right of disposal, for all purposes during the period of restriction including voting rights and dividend distributions.

Special Cash Dividend

On September 11, 2025, the Company's Board of Directors declared a special cash dividend of \$2.00 per share of common stock. This special cash dividend was payable on September 30, 2025 to all stockholders of record as of the close of business on September 23, 2025. The Company has accrued for this dividend in its consolidated balance sheet as of September 28, 2025.

NOTE 12 – SHARE-BASED COMPENSATION

Stock Options

For the thirteen week periods ended September 28, 2025 and September 29, 2024, the Company recognized \$0.4 million and \$0.2 million, respectively, of compensation expense from continuing operations related to stock options. For the thirty-nine week periods ended September 28, 2025 and September 29, 2024, the Company recognized \$0.4 million and \$0.5 million, respectively, of compensation expense from continuing operations related to stock options. Unamortized share-based compensation expense from continuing operations as of September 28, 2025 amounted to \$0.3 million which is expected to be recognized over the next 2.5 years. As of September 28, 2025, a total of 1.3 million shares remain available for issuance under 2013 Plan.

A summary of stock option activity is presented as follows:

| | Number of Shares | Weighted Average Exercise Price Per Share | | Average Exercise Price | | Average Exercise Price | | Average Exercise Price | | Weighted Average Remaining Contractual Life | Va | Fotal Intrinsic alue of Awards in thousands) |
|---|------------------|--|-------|---------------------------|----|---------------------------|--|---------------------------|--|---|----|--|
| Options outstanding at December 29, 2024 | 901,612 | \$ | 15.41 | 5.3 | \$ | _ | | | | | | |
| Granted | 81,686 | | 5.46 | | | | | | | | | |
| Forfeited / Canceled | (161,495) | | 12.22 | | | | | | | | | |
| Options outstanding at September 28, 2025 | 821,803 | \$ | 15.05 | 4.3 | \$ | 5 | | | | | | |
| Options exercisable at December 29, 2024 | 717,076 | \$ | 16.59 | 4.6 | \$ | _ | | | | | | |
| Options exercisable at September 28, 2025 | 752,686 | \$ | 15.67 | 3.9 | \$ | _ | | | | | | |
| | | | | N. 1. C | | Weighted | | | | | | |

| | Number of Shares | Weighted Average Grant Date Fair Value | | |
|---|------------------|--|------|--|
| Nonvested outstanding at December 29, 2024 | 184,536 | \$ | 7.94 | |
| Nonvested outstanding at September 28, 2025 | 69,117 | \$ | 4.02 | |

Restricted Stock

For the thirteen week periods ended September 28, 2025 and September 29, 2024, the Company recognized \$0.1 million of compensation expense related to restricted stock awards. For the thirty-nine week periods ended September 28, 2025 and September 29, 2024, the Company recognized \$0.4 million and \$0.3 million, respectively, of compensation expense related to restricted stock awards. Unamortized share-based compensation expense as of September 28, 2025 amounted to \$0.6 million which is expected to be recognized over the next 2.0 years.

A summary of restricted stock activity is presented as follows:

| | Number of Shares | Avera | /eighted ige Exercise e Per Share |
|--|------------------|-------|---|
| Restricted outstanding at December 29, 2024 | 74,820 | \$ | 10.02 |
| Issued | 151,752 | \$ | 4.93 |
| Vested | (111,064) | \$ | 6.62 |
| Restricted outstanding at September 28, 2025 | 115,508 | | |
| Nonvested outstanding at December 29, 2024 | 74,820 | \$ | 10.02 |
| Nonvested outstanding at September 28, 2025 | 115,508 | \$ | 6.60 |

NOTE 13 - TEAM MEMBER BENEFIT PLAN

Defined Contribution Plan

The Company provides a defined contribution plan (the "401(k) Plan") for the benefit of its eligible team members and field talent. The 401(k) Plan allows participants to make contributions subject to applicable statutory limitations. The Company matches participants contributions 100% up to the first 3% and 50% of the next 2% of a team member's or field talent's compensation. The Company contributed \$0.1 million and \$0.1 million from continuing operations to the 401(k) Plan for the thirteen week periods ended September 28, 2025 and September 29, 2024, respectively. The Company contributed \$0.3 million and \$0.4 million from continuing operations, respectively, to the 401(k) Plan for the thirty-nine week periods ended September 28, 2025 and September 29, 2024.

NOTE 14 - BUSINESS SEGMENT

The Company has continuing operations through one segment of Property Management, which includes centralized support services through executive, marketing, human resources, information technology, accounting, treasury, and billing operations. The chief operating decision-maker (the "CODM"), the President of Property Management and Interim Co-Chief Executive Officer, establishes the strategic direction of the Company, priorities, and long-term financial objectives. The CODM is ultimately responsible for evaluating segment performance and making decisions regarding resource allocation. The Property Management segment provides office and maintenance field talent to property management companies responsible for the apartment communities' and commercial buildings' day-to-day operations. The CODM considers variances between actual results and expectations as well as historical trends for segment income when making decisions about allocating capital and personnel resources to each segment.

Segment loss from continuing operations includes all revenue and cost of services, direct selling expenses, depreciation and amortization expense and excludes all general and administrative expenses. The following table provides a reconciliation of revenue and loss from continuing operations by reportable segment to consolidated results for the periods indicated (in thousands):

| | Thirteen Weeks Ended | | | | | Thirty-nine Weeks Ended | | | | |
|---|----------------------|---------------------|----|-----------------------|----|-------------------------|----|-----------------------|--|--|
| | Se | ptember 28, 2025 | S | September 29, 2024 | | September 28, 2025 | | September 29, 2024 | | |
| Contract field talent | \$ | 26,341 | \$ | 29,380 | \$ | 69,619 | \$ | 78,711 | | |
| Contingent placements | | 554 | | 444 | | 1,665 | | 1,385 | | |
| Revenue | | 26,895 | | 29,824 | | 71,284 | | 80,096 | | |
| Compensation and related | | 17,197 | | 19,088 | | 45,541 | | 50,341 | | |
| Other | | 38 | | 40 | | 113 | | 120 | | |
| Gross profit | | 9,660 | | 10,696 | | 25,630 | | 29,635 | | |
| Selling: | | | | | | | | | | |
| Compensation | | 4,349 | | 4,965 | | 12,469 | | 14,286 | | |
| Advertising, occupancy, and travel | | 472 | | 537 | | 1,297 | | 1,445 | | |
| Software, insurance, and professional fees | | 483 | | 316 | | 1,152 | | 949 | | |
| Other | | 368 | | 659 | | 2,577 | | 2,033 | | |
| Contributions to overhead | | 3,988 | | 4,219 | | 8,135 | | 10,922 | | |
| General and administrative: | | | | | | | | | | |
| Compensation | | 2,073 | | 2,348 | | 6,318 | | 7,027 | | |
| Software | | 750 | | 694 | | 2,197 | | 1,920 | | |
| Professional fees | | 131 | | 437 | | 1,334 | | 1,369 | | |
| Strategic alternatives review | | 482 | | 526 | | 2,116 | | 874 | | |
| Other | | 1,115 | | 881 | | 2,345 | | 2,462 | | |
| Gain on contingent consideration | | (450) | | _ | | (450) | | _ | | |
| Depreciation and amortization | | 824 | | 336 | | 1,411 | | 1,007 | | |
| Operating loss | | (937) | | (1,003) | | (7,135) | | (3,737) | | |
| Interest expense, net | | (1,570) | | (1,222) | | (4,595) | | (3,518) | | |
| Income tax (expense) benefit from continuing operations | | (571) | | 413 | | 1,461 | | 1,402 | | |
| Net loss from continuing operations | \$ | (3,078) | \$ | (1,812) | \$ | (10,269) | \$ | (5,853) | | |
| Canital avanditures | \$ | 117 | \$ | 270 | \$ | 123 | \$ | 1,132 | | |
| Capital expenditures Total assets | \$ | 41,881 | \$ | 50,241 | \$ | 41,881 | \$ | 50,241 | | |
| 1041 40000 | Ψ | 11,001 | Ψ | 30,271 | Ψ | 11,001 | Ψ | 30,271 | | |

NOTE 15 - SUBSEQUENT EVENT

On November 5, 2025, the Company's Board of Directors approved a stock repurchase program under which BGSF may repurchase up to \$5 million of its common stock. The repurchases may take place in the open market, in private transactions, or otherwise, and pursuant to any trading plan that may be adopted in accordance with applicable securities laws and regulations, including Rule 10b5-1 under the Securities Exchange Act of 1934 (the "Exchange Act"). The timing and amount of common stock purchased will depend on a variety of factors, including the availability of common stock, general market conditions, the trading price of the common stock, alternative uses for capital, and the Company's financial performance. Open market purchases will be conducted in accordance with Rule 10b-18 under the Exchange Act and applicable legal requirements. The repurchase program does not have an expiration date and may be suspended, terminated, or modified at any time for any reason. The repurchase program does not obligate the Company to purchase any particular number of shares.

Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations

This Management's Discussion and Analysis of Financial Condition and Results of Operations should be read in conjunction with our accompanying Unaudited Consolidated Financial Statements and related notes thereto and our Annual Report on Form 10-K for the fiscal year ended December 29, 2024. Comparative segment revenues and related financial information are discussed herein and are presented in Note 14 to our Unaudited Consolidated Financial Statements. See "Forward Looking Statements" on page 3 of this report and "Risk Factors" included in our filings with the SEC, including our Quarterly Reports on Form 10-Q and our Annual Report on Form 10-K for the fiscal year ended December 29, 2024, for a description of important factors that could cause actual results to differ from expected results. Our historical financial information may not be indicative of our future performance.

Overview

On May 8, 2024, we announced that our Board of Directors had initiated a process to evaluate potential strategic alternatives and engaged financial advisors in an endeavor to maximize shareholder value ("Strategic alternatives review"). During December 2024, we announced a cost restructuring plan as part of our strategic review process. On June 14, 2025, we entered into an Equity Purchase Agreement with INSPYR Solutions Intermediate, LLC, pursuant to which we sold substantially all of our outstanding equity interest pertaining to the Professional segment on September 8, 2025. The Professional segment financial results for periods prior to the sale have been reflected as discontinued operations in our Unaudited Consolidated Financial Statements, see "Note 3 - Discontinued Operations."

We currently operate primarily within the United States of America in our Property Management segment. Our Property Management segment provides office and maintenance field talent in 44 states and D.C., to property management companies responsible for the apartment communities' and commercial buildings' day-to-day operations.

Our business normally experiences seasonal fluctuations. Our quarterly operating results are affected by the number of billing days in a quarter, as well as the seasonality of our client partners' business. Demand for our Property Management workforce solutions typically increase in the second quarter and is highest during the third quarter of the year due to the increased turns in multifamily units during the summer months when schools are not in session. Overall first quarter demand can be affected by adverse weather conditions in the winter months. In addition, our cost of services typically increases in the first quarter primarily due to the reset of payroll taxes.

Results of Operations

The following tables summarize key components of our results from continuing operations for the periods indicated, both in dollars and as a percentage of revenues, and have been derived from our unaudited consolidated financial statements.

| | Thirteen Weeks Ended | | | | Thirty-nine Weeks Ended | | | | |
|---|-----------------------|---------|-----------------------|-------------|-------------------------|----------|----|----------------------|--|
| | September 28, 2025 | | September 29, 2024 | | September 28, 2025 | | Se | eptember 29, 2024 | |
| | | | | (dollars in | thousan | ds) | | | |
| Revenues | \$ | 26,895 | \$ | 29,824 | \$ | 71,284 | \$ | 80,096 | |
| Cost of services | | 17,235 | | 19,128 | | 45,654 | | 50,461 | |
| Gross profit | | 9,660 | | 10,696 | | 25,630 | | 29,635 | |
| Selling, general, and administrative expenses | | 10,223 | | 11,363 | | 31,804 | | 32,365 | |
| Gain on contingent consideration | | (450) | | _ | | (450) | | | |
| Depreciation and amortization | | 824 | | 336 | | 1,411 | | 1,007 | |
| Operating loss | | (937) | | (1,003) | | (7,135) | | (3,737) | |
| Interest expense, net | | (1,570) | | (1,222) | | (4,595) | | (3,518) | |
| Loss from continuing operations before income taxes | ' | (2,507) | | (2,225) | | (11,730) | | (7,255) | |
| Income tax (expense) benefit from continuing operations | | (571) | | 413 | | 1,461 | | 1,402 | |
| Net loss from continuing operations | \$ | (3,078) | \$ | (1,812) | \$ | (10,269) | \$ | (5,853) | |

| | Thirteen We | eks Ended | Thirty-nine Weeks Ended | | | | |
|---|-----------------------|-----------------------|-------------------------|-----------------------|--|--|--|
| | September 28, 2025 | September 29, 2024 | September 28, 2025 | September 29, 2024 | | | |
| Revenues | 100.0 % | 100.0 % | 100.0 % | 100.0 % | | | |
| Cost of services | 64.1 | 64.1 | 64.0 | 63.0 | | | |
| Gross profit | 35.9 | 35.9 | 36.0 | 37.0 | | | |
| Selling, general, and administrative expenses | 38.0 | 38.1 | 44.6 | 40.4 | | | |
| Gain on contingent consideration | (1.7) | _ | (0.6) | _ | | | |
| Depreciation and amortization | 3.1 | 1.1 | 2.0 | 1.3 | | | |
| Operating loss | (3.5) | (3.4) | (10.0) | (4.7) | | | |
| Interest expense, net | (5.8) | (4.0) | (6.4) | (4.4) | | | |
| Loss from continuing operations before income taxes | (9.3) | (7.4) | (16.4) | (9.1) | | | |
| Income tax (expense) benefit | (2.1) | 1.4 | 2.0 | 1.8 | | | |
| Net loss from continuing operations | (11.4)% | (6.0)% | (14.4)% | (7.3)% | | | |

Thirteen Week Fiscal Period Ended September 28, 2025 ("Fiscal 2025") Compared with Thirteen Week Fiscal Period Ended September 29, 2024 ("Fiscal 2024")

| | Thirteen Weeks Ended | | | |
|-----|------------------------|----|----------------------|--|
| Sep | otember 28, 2025 | S | eptember 29, 2024 | |
| | (dollars in thousands) | | | |
| \$ | 26,895 | \$ | 29,824 | |
| \$ | 9,660 | \$ | 10,696 | |
| | 35.9 % |) | 35.9 % | |

Revenues: Revenues decreased approximately \$2.9 million (9.8%). The decrease was primarily due to a 12.0% reduction in billed hours, which was driven by a combination of lower demand from cost pressures on property owners and property management companies and increased competition in certain markets.

Gross Profit: Gross profit decreased approximately \$1.0 million (9.7%), which is in line with revenues with a partial offset by higher permanent placement business that have no cost of service.

Selling, General, and Administrative Expenses: Selling, general, and administrative expenses decreased \$1.1 million (10.0%), primarily due to reduced compensation costs on less headcount. The components of selling, general, and administrative expense are detailed in the following table:

| | Thirteen Weeks Ended | | | | | | | | |
|-------------------------------|-----------------------|--------|--------------|----|-------------|-----------------|----|--------------|-------------|
| | September 28, 2025 | | | | | nber 29, 024 | | | |
| | A | Amount | % of Revenue | | Amount | % of Revenue | | \$ Change | % Change |
| | | | | | (dollars in | thousands) | | | |
| Selling | \$ | 5,672 | 21.1 % | \$ | 6,477 | 21.7 % | \$ | (805) | (12.4)% |
| General and administrative: | | | | | | | | | |
| Compensation and related | | 2,073 | 7.7 | | 2,348 | 7.9 | | (275) | (11.7)% |
| Software | | 750 | 2.8 | | 694 | 2.3 | | 56 | 8.1 % |
| Liability insurance | | 333 | 1.2 | | 251 | 0.8 | | 82 | 32.7 % |
| Professional fees | | 131 | 0.5 | | 437 | 1.5 | | (306) | (70.0)% |
| Share-based compensation | | 545 | 2.0 | | 285 | 1.0 | | 260 | 91.2 % |
| Strategic alternatives review | | 482 | 1.8 | | 526 | 1.8 | | (44) | (8.4)% |
| Other | | 237 | 0.9 | | 345 | 1.2 | | (108) | (31.3)% |
| Total | \$ | 10,223 | 38.0 % | \$ | 11,363 | 38.2 % | \$ | (1,140) | (10.0)% |

Depreciation and Amortization: Depreciation and amortization charges increased \$0.5 million (145.2%) primarily due to higher amortization of intangible assets for computer software.

Interest Expense, net: Interest expense, net increased \$0.3 million (28.5%) primarily from the adjustment of amortization of debt issuance costs from paying the BMO Bank, N.A. ("BMO") balance on the existing Term Loan and Revolving Facility using the proceeds from the sale of BGSF Professional.

Income Tax (Expense) Benefit: Income tax (expense) benefit increased \$1.0 million primarily due to a \$1.5 million valuation allowance recorded in Fiscal 2025 against certain net deferred tax assets to offset future tax benefits that may not be realized.

Thirty-nine Week Fiscal Period Ended September 28, 2025 ("Fiscal 2025") Compared with Thirty-nine Week Fiscal Period Ended September 29, 2024 ("Fiscal 2024")

| | | Thirty-nine Weeks Ended | | | | |
|-------------------------|-----|-------------------------|----|----------------------|--|--|
| | Sep | tember 28, 2025 | Se | eptember 29, 2024 | | |
| | | (dollars in thousands) | | | | |
| Revenues | \$ | 71,284 | \$ | 80,096 | | |
| Gross Profit | \$ | 25,630 | \$ | 29,635 | | |
| Gross Profit Percentage | | 36.0 % | | 37.0 % | | |

Revenues: Revenues decreased approximately \$8.8 million (11.0%). The decrease was primarily due to a 12.3% reduction in billed hours, which was driven by a combination of lower demand from cost pressures at the property management companies and increased competition in certain markets with partial offsets by higher property owners and permanent placement business, average bill rate, and as well as multi-family property owners.

Gross Profit: Gross profit decreased approximately \$4.0 million (13.5%) which is in line with revenues with a partial offset by higher permanent placement business that have no cost of service.

Selling, General, and Administrative Expenses: Selling, general, and administrative expenses decreased \$0.6 million (1.7%) primarily due to reduced compensation costs on less headcount. The components of selling, general, and administrative expense are detailed in the following table:

| | Thirty-nine Weeks Ended | | | | | | | | | |
|-------------------------------|-------------------------|--------|--------|--------|---------------|-----------------|-------------|---------|--|--|
| | September 28, 2025 | | | | | nber 29,)24 | | | | |
| | Amount % of Revenue | | | Amount | % of Revenue | \$ Change | % Change | | | |
| | | | | | (dollars in t | housands) | | | | |
| Selling | \$ | 17,495 | 24.5 % | \$ | 18,713 | 23.4 % | (1,218) | (6.5)% | | |
| General and administrative: | | | | | | | | | | |
| Compensation and related | | 6,318 | 8.9 | | 7,027 | 8.8 | (709) | (10.1)% | | |
| Software | | 2,197 | 3.1 | | 1,920 | 2.4 | 277 | 14.4 % | | |
| Liability insurance | | 868 | 1.2 | | 752 | 0.9 | 116 | 15.4 % | | |
| Professional fees | | 1,334 | 1.9 | | 1,369 | 1.7 | (35) | (2.6)% | | |
| Share-based compensation | | 850 | 1.2 | | 725 | 0.9 | 125 | 17.2 % | | |
| Strategic alternatives review | | 2,116 | 3.0 | | 874 | 1.1 | 1,242 | 142.1 % | | |
| Other | | 627 | 0.9 | | 985 | 1.2 | (358) | (36.3)% | | |
| Total | \$ | 31,804 | 71.7 % | \$ | 32,365 | 40.4 % | \$ (560) | (1.7)% | | |

Depreciation and Amortization: Depreciation and amortization charges increased approximately \$0.4 million (40.1%) primarily due to higher amortization of intangible assets for computer software.

Interest Expense, net: Interest expense increased \$1.1 million (30.6%) primarily from the adjustment of amortization of debt issuance costs from the BMO May 2025 Waiver and Amendment and then paying the balance on the existing Term Loan and Revolving Facility using the proceeds from the sale of BGSF Professional.

Income Tax Benefit: Income tax benefit increased \$0.1 million primarily due to increased net loss before taxes and a higher effective tax rate in Fiscal 2025, which was partially offset by a \$1.5 million valuation allowance recorded Fiscal 2025 against certain net deferred tax assets to offset future tax benefits and lower state tax expense.

Use of Non-GAAP Financial Measures

We present Adjusted EBITDA (defined below), a measure that is not in accordance with accounting principles generally accepted in the United States of America ("non-GAAP"), in this Quarterly Report to provide investors with a supplemental measure of our operating performance. We believe that Adjusted EBITDA is a useful performance measure and is used by us to facilitate a comparison of our operating performance on a consistent basis from period-to-period and to provide for a more complete understanding of factors and trends affecting our business than measures under accounting principles generally accepted in the United States of America ("GAAP") can provide alone. Our board and management also use Adjusted EBITDA as one of the primary methods for planning and forecasting overall expected performance and for evaluating on a quarterly and annual basis actual results against such expectations, and as a performance evaluation metric in determining achievement of certain compensation programs and plans for our management.

We define "Adjusted EBITDA" as earnings before interest expense, income taxes, depreciation and amortization expense, costs associated with the Strategic alternatives review, software as a service costs, and certain non-cash expenses such as share-based compensation expense, as well as certain specific events that management does not consider in assessing our on-going operating performance. Omitting interest, taxes, and the other items provides a financial measure that facilitates comparisons of our results of operations with those of companies having different capital structures. Since the levels of indebtedness and tax structures that other companies have are different from ours, we omit these amounts to facilitate investors' ability to make these comparisons. Similarly, we omit depreciation and amortization because other companies may employ a greater or lesser amount of property and equipment and intangible assets. We also believe that investors, analysts and other interested parties view our ability to generate Adjusted EBITDA as an important measure of our operating performance and that of other companies in our industry. Adjusted EBITDA should not be considered as an alternative to net loss from operations for the periods indicated as a measure of our performance. Other companies in our industry may calculate Adjusted EBITDA differently than we do, limiting its usefulness as a comparative measure.

The use of Adjusted EBITDA has limitations as an analytical tool, and you should not consider this performance measure in isolation from, or as an alternative to, GAAP measures such as net loss. Adjusted EBITDA is not a measure of liquidity under GAAP or otherwise, and is not an alternative to cash flow from operating activities. Our presentation of Adjusted EBITDA should not be construed as an inference that our future results will be unaffected by the expenses that are excluded from that term or by unusual or non-recurring items. The limitations of Adjusted EBITDA include: (i) it does not reflect our cash expenditures or future requirements for capital expenditures or contractual commitments; (ii) it does not reflect changes in, or cash requirements for, our working capital needs; (iii) it does not reflect income tax payments we may be required to make; and (iv) it does not reflect the cash requirements necessary to service interest or principal payments associated with indebtedness.

To properly and prudently evaluate our business, we encourage you to review our unaudited consolidated financial statements included elsewhere in this report and the reconciliation to Adjusted EBITDA from net loss, the most directly comparable financial measure presented in accordance with GAAP, set forth in the following table. All of the items included in the reconciliation from net loss to Adjusted EBITDA are either (i) non-cash items or (ii) items that management does not consider in assessing our on-going operating performance. In the case of the non-cash items, management believes that investors may find it useful to assess our comparative operating performance because the measures without such items are less susceptible to variances in actual performance resulting from depreciation, amortization and other non-cash charges and more reflective of other factors that affect operating performance. In the case of the other items that management does not consider in assessing our on-going operating performance, management believes that investors may find it useful to assess our operating performance if the measures are presented without these items because their financial impact may not reflect ongoing operating performance.

| | | Thirteen V | Vee | ks Ended | Thirty-nine Weeks Ended | | | | | |
|--|-----------------------|------------|-----------------------|-------------|-------------------------|-----------------------|----|----------------------|--|--|
| | September 28, 2025 | | September 29, 2024 | | - | September 28, 2025 | S | eptember 29, 2024 | | |
| | | | | (dollars in | thou | ısands) | | | | |
| Net loss from continuing operations | \$ | (3,078) | \$ | (1,812) | \$ | (10,269) | \$ | (5,853) | | |
| Income tax (expense) benefit | | 571 | | (413) | | (1,461) | | (1,402) | | |
| Interest expense, net | | 1,570 | | 1,222 | | 4,595 | | 3,518 | | |
| Operating loss | | (937) | · · · | (1,003) | | (7,135) | | (3,737) | | |
| Depreciation and amortization | | 824 | | 336 | | 1,411 | | 1,007 | | |
| Gain on contingent consideration | | (450) | | _ | | (450) | | | | |
| Share-based compensation | | 545 | | 286 | | 850 | | 725 | | |
| Strategic alternatives review | | 482 | | 526 | | 2,116 | | 874 | | |
| Software as a service | | 516 | | 179 | | 950 | | 417 | | |
| Transaction fees | | _ | | 1 | | _ | | 42 | | |
| Aged receivable adjustment | | _ | | (250) | | 1,070 | | 758 | | |
| Adjusted EBITDA from continuing operations | | 980 | | 75 | | (1,188) | | 86 | | |
| Adjusted EBITDA Margin (% of revenue) | | 3.6 % | | 0.3 % | | (1.7)% | | 0.1 % | | |
| (Loss) income from discontinued operations | | (1,929) | | 1,008 | | (2) | | 3,496 | | |
| Adjustments to discontinued operations | | 2,073 | | 2,885 | | 4,429 | | 6,144 | | |
| Adjusted EBITDA from discontinued operations | | 144 | | 3,893 | | 4,427 | | 9,640 | | |
| Adjusted EBITDA, net | \$ | 1,124 | \$ | 3,968 | \$ | 3,239 | \$ | 9,726 | | |

Liquidity and Capital Resources

Our working capital requirements are primarily driven by field talent payments, tax payments and client partner accounts receivable receipts. Since receipts from client partners lag payments to field talent, working capital requirements increase substantially in periods of growth.

Our primary sources of liquidity were cash generated from operations and borrowings under our amended and restated credit agreement with BMO, that provided for a revolving credit facility (the "Revolving Facility"). On September 8, 2025, we paid the balance on the existing Term Loan and Revolving Facility using the proceeds from the sale of BGSF Professional. We declared a \$2.00 per share special dividend which was paid on September 30, 2025, which means we currently hold approximately \$20.0 million in available cash to fund the business. Our primary uses of cash are payments to field talent, team members, related payroll liabilities, operating expenses, capital expenditures, cash interest, cash taxes, contingent consideration, and debt payments. We believe that the cash generated from operations, will be sufficient to meet our normal working capital needs for at least the next twelve months, including investments made, and expenses incurred, in connection with opening new markets throughout the next year. Our ability to continue to fund these items may be affected by general economic, competitive and other factors, many of which are outside of our control. If our future cash flow from operations and other capital resources are insufficient to fund our liquidity needs, we may be forced to obtain new debt or equity capital.

While we believe we have sufficient liquidity and capital resources to meet our current operating requirements and expansion plans, we may elect to pursue additional growth opportunities within the next year that could require new debt or equity financing. If we are unable to secure new financing at favorable terms in order to pursue such additional growth opportunities, our ability to pursue such opportunities could be materially and adversely affected.

A summary of our working capital, operating, investing and financing activities are shown in the following table:

| | | September 28, 2025 | I | December 29, 2024 | |
|---|----|-------------------------|-----------------------|----------------------|--|
| | | (dollars in | thou | sands) | |
| Working capital from continuing operations | \$ | 31,503 | \$ | 6,897 | |
| | | Thirty-nine Weeks Ended | | | |
| | | September 28, 2025 | September 29, 2024 | | |
| | | (dollars in | thou | sands) | |
| Net cash provided by (used in) continuing operations: | | | | | |
| Operating activities | \$ | (1,771) | \$ | 16,427 | |
| Investing activities | | 91,406 | | (1,063) | |
| Financing activities | | (48,497) | | (15,364) | |
| Net change in cash and cash equivalents discontinued operations | | 34 | | 194 | |
| Net change in cash and cash equivalents | Φ | 41,172 | ¢ | 194 | |

Operating Activities

Cash provided by operating activities from continuing operations consists of net loss adjusted for non-cash items, including depreciation and amortization, share-based compensation expense, interest expense, provision for credit losses, and the effect of working capital changes. The primary drivers of cash inflows and outflows are accounts receivable and accrued payroll and expenses.

During Fiscal 2025, net cash used in operating activities from continuing operations was \$1.8 million, a decrease of \$18.2 million compared with net cash provided by operating activities from continuing operations of \$16.4 million for Fiscal 2024. The decrease is primarily due to decreased receipts on accounts receivable and partially offset by decreased payments on accrued payroll and expenses.

Investing Activities

Cash provided by investing activities from continuing operations consists primarily of net proceeds from the sale of BGSF Professional of approximately for \$91.5 million, which was partially offset by minimal capital expenditures.

In Fiscal 2025, capital expenditure were minimal. In Fiscal 2024, we made capital expenditures of \$1.1 million primarily related to the continued information technology improvements.

Financing Activities

Cash flows from financing activities from continuing operations consisted principally of borrowings and payments under our credit agreement and payment of dividends.

For Fiscal 2025, we paid off our Term Loan, Revolving Facility, and Convertible Note of \$32.7 million, \$10.2 million, and \$4.4 million, respectively. For Fiscal 2024, we reduced our Revolving Facility by \$17.2 million, we borrowed on a delayed term loan and made a payment of \$4.3 million of contingent consideration related to the Arroyo Consulting acquisition, we disbursed \$1.6 million in cash dividends on our common stock, and we paid down \$0.9 million on the Term Loan.

Non-Cash Transaction

We accrued \$22.4 million for the disbursement of our September 30, 2025 cash dividends of our common stock.

Credit Agreements

On September 8, 2025, we paid the balance on the existing Term Loan and Revolving Facility using the proceeds from the sale of BGSF Professional.

On July 16, 2019, we entered into a Credit Agreement, which would have matured on July 16, 2024, led by BMO, as lead

administrative agent, lender, letters of credit issuer, and swing line lender. We entered into four amendments from August 18, 2022 through May 19, 2023, which changed the interest rate component from LIBOR to the Secured Overnight Financing Rate ("SOFR"), exercised the option to borrow \$40.0 million, required 2.5% of the original principal balance of the new term loan, permitted a foreign entity acquisition, modified the distributions terms, and increased a revolving credit facility by \$6.0 million.

On March 12, 2024, the Credit Agreement was amended and restated (the "Restated Agreement"), which provided for a Revolving Facility which permitted us to borrow funds in an aggregate amount up to \$40 million. The Restated Agreement also provided for a term loan commitment, which permitted us to borrow funds from time to time (the "Term Loan"). In July 2024, we exercised the option to borrow on a delayed draw term loan of \$4.3 million related to payments on the Arroyo Consulting Acquisition's working capital "true up", hold backs, and year one contingent consideration. On November 6, 2024, we entered into the First Amendment to Restated Agreement, which reduced the availability on the Revolving Facility an aggregate amount up to \$20 million.

On March 13, 2025, we entered into a Waiver and Second Amendment to Restated Agreement in which the lenders unanimously waived noncompliance with the covenants as of December 29, 2024 and March 30, 2025 and a new definition of Applicable Margin, a reduction of the swing line sublimit to zero, and limiting the aggregate revolving credit borrowings to \$8.0 million. On May 7, 2025, we entered into a Waiver and Amendment in which the lenders unanimously waived noncompliance on the requirement of least \$2.0 million in cash equity contributions by extending the deadline and adding the option of subordinated debt. On August 4, 2025, we entered into a Waiver and Amendment in which the lenders unanimously waived noncompliance with the foregoing covenants as of June 29, 2025 and that provided that we would finalize and close the sale BGSF Professional no later than September 30, 2025.

We were required to repay the Term Loan in quarterly principal installments equal to 2.5% of the aggregate principal balance. We paid an unused commitment fee on the daily average unused amount of Revolving Facility. Our obligations were secured by a first priority security interest in substantially all our tangible and intangible property. We obtained the waivers described above for the non compliance with the foregoing financial covenants and certain affirmative covenants as of the quarters ended December 29, 2024, March 30, 2025, and June 29, 2025.

Off-Balance Sheet Arrangements

Letter of Credit

In conjunction with the EdgeRock acquisition, we entered into a standby letter of credit arrangement, which expired, for purposes of protecting a lessor against default on lease payments. As of December 29, 2024, we had a maximum financial exposure from this standby letter of credit totaling \$0.1 million and no liability had been recorded, all of which was considered usage against our Revolving Facility. On September 8, 2025, we assigned the related lease in the sale of BGSF Professional.

Critical Accounting Policies and Estimates

Our consolidated financial statements are prepared in accordance with GAAP. In connection with the preparation of our consolidated financial statements, we are required to make assumptions and estimates about future events, and apply judgments that affect the reported amount of assets, liabilities, revenue, expenses and the related disclosures. We base our assumptions, estimates and judgments on historical experience, current trends, and other factors that management believes to be relevant at the time our consolidated financial statements are prepared. On a regular basis, management reviews the accounting policies, estimates, assumptions and judgments to ensure that our consolidated financial statements are presented fairly and in accordance with GAAP. However, because future events and their effects cannot be determined with certainty, actual results could differ from our assumptions and estimates, and such differences could be material.

Our significant accounting policies are discussed in Note 2, Summary of Significant Accounting Policies, of the Notes to Unaudited Consolidated Financial Statements included in "Item 1. Financial Statements." Please also refer to our Annual Report on Form 10-K for the fiscal year ended December 29, 2024 for a more detailed discussion of our critical accounting policies.

Revenue Recognition

We derive our revenues from continuing operations by providing workforce solutions and placement services. Revenues are recognized when promised services are delivered to client partners, in an amount that reflects the consideration we expect to be entitled to in exchange for those services. We recognize revenue through the following types of services: workforce solutions and contingent placements.

Intangible Assets

We hold intangible assets with finite lives. Intangible assets with finite useful lives are amortized over their respective estimated useful lives, ranging from three to ten years, based on a pattern in which the economic benefit of the respective intangible asset is realized. We develop and implement software modifications to our information technology infrastructure with direct internal payroll costs and external costs capitalized. Minor upgrades and enhancements to software systems are expensed in the period incurred as software maintenance and training costs.

Goodwill

Goodwill represents the difference between the enterprise value or consideration exchanged less the fair value of all recognized net asset fair values including identifiable intangible asset values in a business combination. We review goodwill for impairment annually during the fourth quarter or whenever events or changes in circumstances indicate the carrying value of goodwill may not be recoverable.

Income Taxes

The current provision for income taxes represents estimated amounts payable or refundable on tax returns filed or to be filed for the year. We recognize any penalties when necessary as part of selling, general, and administrative expenses. Deferred tax assets and liabilities are recorded for the estimated future tax effects of temporary differences between the tax basis of assets and liabilities and amounts are classified net as noncurrent in the consolidated balance sheets. Deferred tax assets are also recognized for net operating loss and tax credit carryovers. When appropriate, we will record a valuation allowance against net deferred tax assets to offset future tax benefits that may not be realized. We follow the guidance of Accounting Standards Codification ("ASC") Topic 740, Accounting for Uncertainty in Income Taxes.

Recent Accounting Pronouncements

For a discussion of recent accounting pronouncements and their potential effect on our results of operations and financial condition, refer to Note 2 in the Notes to the Unaudited Consolidated Financial Statements in this Quarterly Report on Form 10-Q and Note 2 in the Notes to the Consolidated Financial Statements in our Annual Report on Form 10-K for the fiscal year ended December 29, 2024.

Item 3. Quantitative and Qualitative Disclosures About Market Risk

We are exposed to certain market risks from transactions we enter into in the normal course of business. Our primary market risk exposure relates to inflation risks. Through the current period, we have been able to moderate the negative impacts of an inflationary market by adjusting our pricing model.

Item 4. Controls and Procedures

Evaluation of Disclosure Controls and Procedures

We conducted an evaluation, under the supervision and with the participation of our Chief Executive Officer ("CEO") and Chief Financial Officer ("CFO"), of the effectiveness of the design and operation of our disclosure controls and procedures (as such term is defined in Rules 13a-15(e) and 15d-15(e) under the Securities Exchange Act of 1934, as amended (the "Exchange Act")) as of the end of the period covered by this report. Based on such evaluation, our CEO and CFO have concluded that, as of the end of such period, our disclosure controls and procedures are effective, at a reasonable assurance level, in recording, processing, summarizing and reporting, on a timely basis, information required to be disclosed by us in the reports that we file or submit under the Exchange Act and are effective in ensuring that information required to be disclosed by us in the reports that we file or submit under the Exchange Act is accumulated and communicated to our management, including our CEO and CFO, as appropriate to allow timely decisions regarding required disclosure.

Changes in Internal Controls Over Financial Reporting

For the fiscal quarter ended September 28, 2025, there have been no changes in our internal control over financial reporting identified in connection with the evaluations required by Rule 13a-15(d) or Rule 15d-15(d) under the Exchange Act that have materially affected, or are reasonably likely to materially affect, our internal control over financial reporting.

Inherent Limitations on Effectiveness of Controls

Our management, including our CEO and our CFO, do not expect that our disclosure controls or our internal control over financial reporting will prevent or detect all errors and all fraud. A control system, no matter how well designed and operated, can provide only reasonable, not absolute, assurance that the control system's objectives will be met. The design of a control system must reflect the fact that there are resource constraints, and the benefits of controls must be considered relative to their costs. Further, because of the inherent limitations in all control systems, no evaluation of controls can provide absolute assurance that misstatements due to error or fraud will not occur or that all control issues and instances of fraud, if any, have been detected. These inherent limitations include the realities that judgments in decision-making can be faulty and that breakdowns can occur because of simple error or mistake. Controls can also be circumvented by the individual acts of some persons, by collusion of two or more people, or by management override of the controls. The design of any system of controls is based in part on certain assumptions about the likelihood of future events, and there can be no assurance that any design will succeed in achieving its stated goals under all potential future conditions. Projections of any evaluation of controls effectiveness to future periods are subject to risks. Over time, controls may become inadequate because of changes in conditions or deterioration in the degree of compliance with policies or procedures.

PART II—OTHER INFORMATION

ITEM 1. LEGAL PROCEEDINGS

No change from the information provided in ITEM 3. LEGAL PROCEEDINGS included in our Annual Report on Form 10-K for the fiscal year ended December 29, 2024.

ITEM 1A. RISK FACTORS

In evaluating us and our common stock, we urge you to carefully consider the risks and other information in this Quarterly Report on Form 10-Q, as well as the risk factors disclosed in Item 1A. of Part I of our Annual Report on Form 10-K for the fiscal year ended December 29, 2024 (our "2024 Form 10-K"), and filed with the SEC on March 17, 2025, and in our other Quarterly Reports on Form 10-Q filed subsequently with the SEC. Any of the risks discussed in this Quarterly Report on Form 10-Q, and any of the risks disclosed in Item 1A. of Part I of our 2024 Form 10-K or in our other Quarterly Reports on Form 10-Q filed subsequently with the SEC, as well as additional risks and uncertainties not currently known to us or that we currently deem immaterial, could materially and adversely affect our results of operations or financial condition.

The Sale and the other transactions contemplated by the Equity Purchase Agreement may adversely affect the retained business.

Our ability to execute on our business strategies for the retained business depends on the retention and recruitment of qualified executives and other professionals. We rely upon the services of our current executive and senior management teams. The market for qualified executives, senior managers and other employees has become very competitive. As a result of the Sale, we may experience higher employee turnover and finding qualified replacements may be more difficult. The loss of the services of members of our executive and/or senior management teams or our inability to hire and retain other talented personnel could delay or prevent us from succeeding in executing our strategies, which could negatively impact the retained business.

Because BGSF has fewer revenues and assets following the Sale, there is a possibility that such reduced revenues and assets may affect our ability to satisfy NYSE's continued listing standards, which could result in the delisting of our common stock.

The continued listing standards of NYSE include, among other things, requirements that we maintain certain levels of stockholders' equity, total assets, total revenue, market capitalization and/or minimum trading price. Even though we currently satisfy these requirements, following the Sale, our business is currently smaller, which may cause us to fail to satisfy NYSE's continued listing standards. In the event that we are unable to satisfy such continued listing standards, our common stock may be delisted from NYSE. Any delisting of our common stock from such market could adversely affect our ability to attract new investors, decrease the liquidity of our outstanding shares of common stock, reduce our flexibility to raise additional capital, reduce the price at which our common stock trades and increase the transaction costs inherent in trading such shares with overall negative effects for our stockholders. In addition, delisting of our common stock could deter broker-dealers from making a market in or otherwise seeking or generating interest in our common stock, and might deter certain institutions and persons from investing in our securities at all. For these reasons and others, delisting could adversely affect the price of our common stock and our business, financial condition and results of operations.

ITEM 2. UNREGISTERED SALES OF EQUITY SECURITIES AND USE OF PROCEEDS

None.

ITEM 3. DEFAULTS UPON SENIOR SECURITIES

None.

ITEM 4. MINE SAFETY DISCLOSURES

Not applicable.

ITEM 5. OTHER INFORMATION

Trading Plans

During the fiscal quarter ended September 28, 2025, no director or Section 16 officer of the Company adopted or terminated a "Rule 10b5-1 trading arrangement" or "non-Rule 10b5-1 trading arrangement," as each term is defined in Item 408(a) of Regulation S-K.

Item 6. Exhibits

The following exhibits are filed or furnished with this Quarterly Report on Form 10-Q.

| Exhibit Number | Description |
|-------------------|--|
| 2.1†† | Equity Purchase Agreement, dated as of June 14, 2025, among INSPYR Solutions Intermediate, LLC, BGSF Inc., BG Finance and Accounting, Inc., and BGSF Professional, LLC (incorporated by reference from the registrant's Current Report on Form 8-K filed on June 23, 2025) |
| 3.1 | Certificate of Incorporation of BG Staffing, Inc. (incorporated by reference from Amendment No. 2 to the Company's registration statement on Form S-1 (File No. 333-191683) filed on November 4, 2013). |
| 3.2 | Certificate of Amendment to Certificate of Incorporation of BGSF, Inc. (incorporated by reference from the registrant's Current Report on Form 8-K filed on February 12, 2021). |
| 3.3 | Bylaws of BG Staffing, Inc. (incorporated by reference from Amendment No. 2 to the Company's registration statement on Form S-1 (File No. 333-191683) filed on November 4, 2013). |
| 4.1 | Form of Common Stock Certificate (incorporated by reference from Amendment No. 1 to the Company's registration statement on Form S-1 (File No. 333-191683) filed on October 28, 2013). |
| 10.7 | Waiver and Second Amendment to Amended and Restated Credit Agreement, dated as of August 4, 2025, by and among BGSF, Inc., the Guarantors and Lenders signatories thereto, and BMO Bank N.A., as Administrative Agent (incorporated by reference from the registrant's Quarterly Report on Form 10-Q filed on August 7, 2025) |
| 31.1* | Certification of Chief Executive Officer pursuant to Rule 13a-14(a) of the Securities Exchange Act of 1934 implementing Section 302 of the Sarbanes-Oxley Act of 2002. |
| 31.2* | Certification of Chief Financial Officer pursuant to Rule 13a-14(a) of the Securities Exchange Act of 1934 implementing Section 302 of the Sarbanes-Oxley Act of 2002. |
| 32.1† | Certification of Chief Executive Officer and Chief Financial Officer Pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002. |
| 101* | The following financial information from BGSF's Quarterly Report on Form 10-Q for the quarterly period ended September 28, 2025 formatted in Inline XBRL (Extensible Business Reporting Language) includes: (i) the Unaudited Consolidated Balance Sheets, (ii) the Unaudited Consolidated Statements of Operations and Comprehensive (Loss) Income, (iii) the Unaudited Statements of Changes in Stockholders' Equity, (iv) the Unaudited Consolidated Statements of Cash Flows, and (vi) Notes to the Unaudited Consolidated Financial Statements. |
| 104* | Cover Page Interactive Data File (formatted as Inline XBRL and contained in Exhibit 101) |
| * | Filed herewith. |
| ** | Management contract or compensatory plan or arrangement. |
| † | This certification is deemed not filed for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liability of that section, nor shall it be deemed incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Exchange Act. |
| †† | Pursuant to Item 601(a)(5) of Regulation S-K, certain schedules and similar attachments have been omitted. The Company hereby agrees to furnish a copy of any omitted schedule or attachment to the Securities and Exchange Commission upon request. |

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

BGSF, INC.

/s/ Kelly Brown

Name: Kelly Brown

Title: Interim Co-Chief Executive Officer

(Principal Executive Officer)

/s/ Keith Schroeder

Name: Keith Schroeder

Title: Interim Co-Chief Executive Officer, Chief Financial Officer and

Secretary

(Principal Executive Officer and Principal Financial Officer)

Date: November 7, 2025

Certification of Chief Executive Officer Pursuant to

Section 302 of the Sarbanes-Oxley Act of 2002

I, Kelly Brown, certify that:

- I have reviewed this quarterly report on Form 10-Q for the quarterly period ended September 28, 2025 of BGSF, Inc.
- Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
- The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
 - a) Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - b) Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - c) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - d) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting.
- The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
 - All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: November 7, 2025 By: /s/ Kelly Brown

Name: Kelly Brown

Title: Interim Co-Chief Executive Officer (Principal Executive Officer)

Certification of Chief Executive Officer and Chief Financial Officer Pursuant to

Section 302 of the Sarbanes-Oxley Act of 2002

I, Keith Schroeder, certify that:

- 1 I have reviewed this quarterly report on Form 10-Q for the quarterly period ended September 28, 2025 of BGSF, Inc.
- Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
- The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
 - a) Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - b) Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - c) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - d) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting.
- The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):
 - All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: November 7, 2025

By: /s/ Keith Schroeder

Name: Keith Schroeder

Interim Co-Chief Executive Officer, Chief Financial Officer and

Title: Secretary

(Principal Executive Officer and Principal Financial Officer)

Certification of CEO and CFO Pursuant to 18 U.S.C. Section 1350, As Adopted Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002

In connection with the quarterly report of BGSF, Inc. (the "Company") on Form 10-Q for the quarterly period ended September 28, 2025 as filed with the Securities and Exchange Commission on the date hereof, we, the undersigned, certify, pursuant to 18 U.S.C. Section 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, to the best of our knowledge, that:

(1) The report fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934, as amended; and

(2) The information contained in the report fairly presents, in all material respects, the financial condition and results of operations of the Company.

Date: November 7, 2025

By:

/s/ Kelly Brown By: /s/ Keith Schroeder

Name: Kelly Brown Name: Keith Schroeder

Interim Co-Chief Executive Officer, Chief Financial Officer Title: Interim Co-Chief Executive Officer Title:

and Secretary

(Principal Executive Officer and Principal Financial

(Principal Executive Officer) Officer)

This certification accompanies this report pursuant to Section 906 of the Sarbanes-Oxley Act of 2002 and shall not be deemed filed by the Company for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to liability pursuant to that section. The certification shall not be deemed to be incorporated by reference into any filing under the Securities Act of 1933, as amended, or the Exchange Act, except to the extent that the Company specifically incorporates it by reference.

A signed original of this written statement required by Section 906 has been provided to the Secretary of the Company and will be retained by the Secretary of the Company and furnished to the Securities and Exchange Commission or its staff upon request.