

[] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *					2.	Issuer Name and Ticker or Trading Symbol						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
DOYLE JOHN C					\mathbf{C}	CASTLIGHT HEALTH, INC. [CSLT]									,			
(Last) (First) (Middle)				3.	3. Date of Earliest Transaction (MM/DD/YYYY)										0% Owner			
												X Officer (give title below) Other (specify below) Chief Executive Officer				fy below)		
C/O CASTLIGHT HEALTH, INC., 150 SPEAR ST., SUITE 400					50	11/15/2018							Ciliei i	zxecui	ive Office	:1		
(Street)					4.	4. If Amendment, Date Original Filed (MM/DD/YYYY)							6. Individual or Joint/Group Filing (Check Applicable Line)					
SAN FRANCISCO, CA 94105												_ X _ Form filed by One Reporting Person Form filed by More than One Reporting Person						
(C	City) (Sta	ate) (Zip)															
		•	Γable	e I - N	on-De	rivat	ive S	ecurities A	cqui	red, D	isposed	l of, or Ber	neficially	Own	ed			
1.Title of Security (Instr. 3) 2. Trans. Dat								ode 4. Securities Acquired (A) or Disposed of (D)				5. Amount of Securities Beneficially Owned				7. Nature		
					Execution Date, if any		(Instr. 8)			a of (D),		Following Reported Transaction(s) (Instr. 3 and 4)			Form:	of Indirect Beneficial		
																	Direct (D) or Indirect	Ownership (Instr. 4)
								Code	V	Amount	(A) or (D)	Price					(I) (Instr. 4)	
Class B Common Stock 11/15/2				2018			M (1)	•	8250	A	\$0	239602		D				
Class B Common Stock 11/16/2018				2018			s		2872 (2)	D	\$2.8434 ⁽³⁾	236730		D				
Class B Common Stock 11/16/2018				2018	M (4)			7812	A	\$0	244542		D					
Class B Common Stock 11/16/2018				2018	1		M (5)		18750	A	\$0	263292			D			
Class B Common Stock 11/16/2018				2018	M (6)			23750	A	\$0	287042			D				
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t mid on it.		le II - Deri															10	
1. Title of Derivate Security (Instr. 3)	Conversion or Exercise Price of	3. Trans. Date	Execu	SA. Deemed 4. Contact And Cont		Deriva 8) Securi		mber of ative ities Acquired r Disposed of	6. Date Exe Expiration I			7. Title and Securities U Derivative (Instr. 3 and	Jnderlying Security			9. Number of derivative Securities Beneficially Owned Following	Ownership Form of Derivative	11. Nature of Indirect Beneficial Ownership (Instr. 4)
	Derivative Security	e					(D)	. 3, 4 and 5)				(msu. 5 an	47)		(mon. J)			
	-				Code	V	(A)	(D)	Dat Exe	e ercisable	Expiration Date Title			Amount or Jumber of hares		Reported Transaction(s) (Instr. 4)	or Indirect (I) (Instr. 4)	
Restricted Stock Units	\$0 <u>(7)</u>	11/15/2018			м (1)		8250		<u>(8)</u>	<u>(8)</u>	Class B Common Stock		250	\$0	16500	D	
Restricted Stock Units	\$0 (<u>7</u>)	11/16/2018			м (4)		7812		<u>(9)</u>	<u>(9)</u>	Class B Common Stock		312	\$0	39063	D	
Restricted Stock Units	so (7)	11/16/2018			M (5)		18750		(10)	<u>(10)</u>	Class B Common Stock		750	\$0	131250	D	
Restricted Stock Units	\$0 (<u>7</u>)	11/16/2018			м (6)		23750		<u>(11)</u>	<u>(11)</u>	Class B Common Stock		750	\$0	308750	D	

Explanation of Responses:

- (1) Release and settlement of restricted stock units ("RSUs") granted to the Reporting Person on June 17, 2015, the grant of which was previously reported by the Reporting Person on a Form 4.
- (2) Represents the aggregate number of shares sold by the Reporting Person to cover taxes and fees due upon the release and settlement of the RSU's. The Reporting Person did not sell or otherwise dispose of any of the shares reported on this Form 4 for any reason other than to cover required taxes and fees.
- (3) Represents the weighted average sales price per share. The shares sold at prices ranging from \$2.84 to \$2.85 per share. Full information regarding the number of shares sold at each price shall be provided upon request to the staff of the U.S. Securities and Exchange Commission, the Issuer, or a security holder of the Issuer.
- (4) Release and settlement of RSUs granted to the Reporting Person on February 26, 2016, the grant of which was previously reported by the Reporting Person on a Form 4.
- (5) Release and settlement of RSUs granted to the Reporting Person on July 8, 2016, the grant of which was previously reported by the Reporting Person on a

- Form 4.
- (6) Release and settlement of RSUs granted to the Reporting Person on February 15, 2018, the grant of which was previously reported by the Reporting Person on a Form 4.
- (7) Each RSU represents a contingent right to receive 1 share of the Issuer's Class B common stock upon settlement for no consideration.
- (8) The RSUs vest over 4 years as follows: 25% of the RSUs vested on May 15, 2016 and the remainder will vest on each quarterly anniversary thereafter in equal installments. Shares of the Issuer's Class B common stock will be delivered to the Reporting Person following vesting.
- (9) The RSUs vest over 4 years as follows: 25% of the RSUs vested on February 16, 2017 and the remainder will vest on each quarterly anniversary thereafter in equal installments. Shares of the Issuer's Class B common stock will be delivered to the Reporting Person following vesting, at which time shares will be sold by the Reporting Person to cover any tax withholding obligations.
- (10) 25% of the RSUs vested on August 16, 2017 and the remainder will vest quarterly over three years thereafter in equal installments. Shares of the Issuer's Class B common stock will be delivered to the Reporting Person following vesting, at which time shares will be sold by the Reporting Person to cover any tax withholding obligations.
- (11) The RSUs will vest in equal quarterly installments over four years, beginning on May 16, 2018. Shares of the Issuer's Class B common stock will be delivered to the Reporting Person following vesting, at which time shares will be sold by the Reporting Person to cover any tax withholding obligations.

Reporting Owners

Reporting Owner Name / Address	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
DOYLE JOHN C C/O CASTLIGHT HEALTH, INC. 150 SPEAR ST., SUITE 400 SAN FRANCISCO, CA 94105	X		Chief Executive Officer			

Signatures

/s/ Jennifer Chaloemtiarana, by power of attorney	11/19/2018		
**Signature of Reporting Person	Date		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.