

**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of the  
Securities Exchange Act of 1934**

**Date of Report (Date of earliest event reported): February 24, 2023 (February 24, 2023)**

**Healthcare Realty Trust Incorporated**

(Exact name of registrant as specified in its charter)

**Maryland**      **(Healthcare Realty Trust Incorporated)**  
(State or other jurisdiction of incorporation or organization)

**001-35568**  
(Commission File Number)

**20-4738467**  
(I.R.S. Employer Identification No.)

**3310 West End Avenue, Suite 700    Nashville, Tennessee    37203**  
(Address of Principal Executive Office and Zip Code)

**(615) 269-8175**  
(Registrant's telephone number, including area code)

**www.healthcarerealty.com**  
(Internet address)

(Former name or former address, if changed since last report)

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading symbol(s)	Name of each exchange on which registered
<b>Class A Common Stock, \$0.01 par value per share</b>	<b>HR</b>	<b>New York Stock Exchange</b>

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter):

Healthcare Realty Trust Incorporated  Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Healthcare Realty Trust Incorporated

**Item 2.02 Results of Operations and Financial Condition.**

**Dividend Press Release**

On February 24, 2023, Healthcare Realty Trust Incorporated (the “Company”) issued a press release announcing its dividend. A copy of this press release is furnished as Exhibit 99.1 to this Current Report on Form 8-K and is incorporated herein by reference in its entirety.

**Item 9.01 Financial Statements and Exhibits.**

(d) Exhibits.

99.1 [Fourth quarter dividend press release, dated February 24, 2023.](#)

104 Cover Page Interactive Data File (embedded within the Inline XBRL document)

---

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**Healthcare Realty Trust Incorporated**

Date: February 24, 2023

By: /s/ J. Christopher Douglas

Name: J. Christopher Douglas

Title: Executive Vice President - Chief Financial Officer

## News Release

### HEALTHCARE REALTY TRUST ANNOUNCES QUARTERLY DIVIDEND

NASHVILLE, Tennessee, February 24, 2023 - Healthcare Realty Trust Incorporated (NYSE:HR) (the “Company”) today announced its common stock cash dividend in the amount of \$0.31 per share, payable on March 21, 2023 to Class A common stockholders of record on March 7, 2023.

Additionally, the eligible holders of the Company’s operating partnership units (“OP Units”) will receive an OP Unit distribution of \$0.31 per unit equivalent to the Company’s Class A common stock dividend described above.

Healthcare Realty Trust Incorporated (NYSE: HR) is a real estate investment trust that integrates owning, managing, financing and developing income-producing real estate properties associated primarily with the delivery of outpatient healthcare services throughout the United States. As of September 30, 2022, the Company was invested in 728 real estate properties in 35 states totaling 42.6 million square feet and had an enterprise value of approximately \$13.8 billion, defined as equity market capitalization plus the principal amount of debt less cash. The Company provided leasing and property management services to 38.9 million square feet nationwide.

Additional information regarding the Company, including this quarter’s operations, can be found at [www.healthcarerealty.com](http://www.healthcarerealty.com). Please contact the Company at 615.269.8175 to request a printed copy of this information.

In addition to the historical information contained within, the matters discussed in this press release may contain forward-looking statements that involve risks and uncertainties. These risks are discussed in filings with the Securities and Exchange Commission by Healthcare Realty Trust, including its Annual Report on Form 10-K for the year ended December 31, 2021 under the heading “Risk Factors,” and as updated in its Quarterly Reports on Form 10-Q filed thereafter. Forward-looking statements represent the Company’s judgment as of the date of this release. The Company disclaims any obligation to update forward-looking statements.

