

# FORM 4

[ ] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or  
Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *		2. Issuer Name and Ticker or Trading Symbol		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)	
WOBENSMITH JOHN C		GENCO SHIPPING & TRADING LTD [ GNK ]		<input checked="" type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below) <b>CEO, President, and Secretary</b>	
(Last) (First) (Middle)		3. Date of Earliest Transaction (MM/DD/YYYY)			
C/O GENCO SHIPPING & TRADING LIMITED, 299 PARK AVENUE, 12TH FLOOR		3/8/2022			
(Street)		4. If Amendment, Date Original Filed (MM/DD/YYYY)		6. Individual or Joint/Group Filing (Check Applicable Line)	
NEW YORK, NY 10171				<input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person	
(City) (State) (Zip)					

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	3/8/2022		M		65789	A	\$13.365	456224	D	
Common Stock	3/8/2022		F		41125 (1)	D	\$21.38	424099	D	
Common Stock	3/8/2022		S		25000 (2)	D	\$21.4407 (3)	399099	D	

**Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V		Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	(4)(5)						(5)	(5)	Common Stock	71574 (4)		71574	D	
Restricted Stock Units	(4)(6)						(6)	(6)	Common Stock	40364 (4)		40364	D	
Option	\$9.91						2/23/2022 (7)	2/23/2027	Common Stock	69284		69284	D	
Restricted Stock Units	(4)(8)						(8)	(8)	Common Stock	28329 (4)		28329	D	
Option	\$7.06						2/25/2021 (9)	2/25/2026	Common Stock	168539		168539	D	
Option	\$8.065 (10)						3/4/2020 (11)	3/4/2025	Common Stock	135135		135135	D	
Option	\$13.365	3/8/2022		M		65789	2/27/2019 (11)	2/27/2024	Common Stock	65789	\$0	0	D	
Option	\$10.805						10/15/2017 (12)	3/23/2023	Common Stock	133000		133000	D	

#### Explanation of Responses:

- Represents shares withheld by the issuer for the cashless exercise of options for 65,789 shares of the issuer's common stock.
- A portion of these shares were sold in order to satisfy the reporting person's tax obligations for shares of common stock of the issuer that the reporting person received from the exercise of stock options on March 8, 2022.
- The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$21.34 to \$21.60 (inclusive) on March 8, 2022. The reporting person undertakes to provide to Genco Shipping & Trading Limited, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.
- Each restricted stock unit represents the right to receive one share of the issuer's common stock, or in the sole discretion of the issuer's Compensation Committee, the value of a share of common stock on the date that the restricted stock unit vests.

- (5) These restricted stock units generally vest in installments of 21.43% per annum on each of the first three anniversaries of February 23, 2022, 17.86% on the fourth such anniversary, and 17.85% on the fifth such anniversary, subject to postponement of settlement if the vesting occurs during a blackout period or other trading restriction.
- (6) These restricted stock units generally vest in equal installments on each of the first three anniversaries of February 23, 2021, subject to postponement of settlement if the vesting occurs during a blackout period or other trading restriction.
- (7) These options generally become exercisable in equal installments on each of the first three anniversaries of February 23, 2021.
- (8) These restricted stock units generally vest in equal installments on each of the first three anniversaries of February 25, 2020, subject to postponement of settlement if the vesting occurs during a blackout period or other trading restriction.
- (9) These options generally become exercisable in equal installments on each of the first three anniversaries of February 25, 2020.
- (10) These options generally become exercisable in equal installments on each of the first three anniversaries of March 4, 2019.
- (11) These options generally became exercisable in equal installments on each of the first three anniversaries of February 27, 2018.
- (12) These options generally became exercisable in equal installments on each of the first three anniversaries of October 15, 2016.

#### Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
<b>WOBENSMITH JOHN C</b> <b>C/O GENCO SHIPPING &amp; TRADING LIMITED</b> <b>299 PARK AVENUE, 12TH FLOOR</b> <b>NEW YORK, NY 10171</b>	<b>X</b>		<b>CEO, President, and Secretary</b>	

#### Signatures

/s/ John C. Wobensmith

3/10/2022

—Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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