UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): November 7, 2022

	AlerisLife Inc.	
	(Exact Name of Registrant as Specified in its Charte	er)
Maryland	1-16817	04-3516029
(State or other jurisdiction of incorporation)	(Commission File Number)	(I.R.S. Employer Identification No.)
Two Newton Place 255 Washington Street, Suite 230 Newton, Massachusetts		02458
(Address of principal executive offices)		(Zip Code)
	(617) 796-8387	
	(Registrant's telephone number, including area code	(2)
Check the appropriate box below if the Form following provisions:	8-K filing is intended to simultaneously satisfy th	e filing obligation of the registrant under any of the
☐ Written communications pursuant to Rule 42	25 under the Securities Act (17 CFR 230.425)	
☐ Soliciting material pursuant to Rule 14a-12	under the Exchange Act (17 CFR 240.14a-12)	
☐ Pre-commencement communications pursua	ant to Rule 14d-2(b) under the Exchange Act (17 CF)	R 240.14d-2(b))
☐ Pre-commencement communications pursua	ant to Rule 13e-4(c) under the Exchange Act (17 CFF	R 240.13e-4(c))
Securities registered pursuant to Section 12(b) of the	Act:	
Title of Each Class	Trading Symbols	Name of Each Exchange on Which Registered
Common Stock	ALR	The Nasdaq Stock Market LLC
Indicate by check mark whether the registrant is chapter) or Rule 12b-2 of the Securities Exchange Ac	an emerging growth company as defined in Rule 40: t of 1934 (§240.12b-2 of this chapter).	5 of the Securities Act of 1933 (§230.405 of this
Emerging growth company □		
If an emerging growth company, indicate by checor revised financial accounting standards provided put	-	stended transition period for complying with any new

Item 3.01. Notice of Delisting or Failure to Satisfy a Continued Listing Rule or Standard; Transfer of Listing.

On November 7, 2022, AlerisLife Inc. (the "Company") received a notification letter from The Nasdaq Stock Market LLC ("Nasdaq") informing the Company that, for the last 30 consecutive business days, the bid price of its shares of common stock, par value \$0.01 per share ("common shares"), had closed below \$1.00 per common share, which is the minimum required closing bid price for continued listing on Nasdaq pursuant to Listing Rule 5550(a)(2).

Under Nasdaq Listing Rule 5810(c)(3)(A), the Company has 180 days, or until May 8, 2023, to regain compliance with the minimum bid price continued listing standard. To regain compliance, the closing bid price of the common shares must meet or exceed \$1.00 per common share for a minimum of 10 consecutive business days during the 180 calendar day grace period.

If the Company is not in compliance by May 8, 2023, it may be afforded a second 180 calendar day grace period. To qualify for this additional time, the Company will be required to meet the continued listing requirement for market value of publicly held shares and all other initial listing standards for Nasdaq with the exception of the minimum bid price requirement. If the Company does not regain compliance within the allotted period(s), including any extensions that it may receive, Nasdaq will provide notice that the common shares will be subject to delisting.

The Company is monitoring the bid price of the common shares and is considering its options to achieve compliance with the minimum bid price continued listing standard.

WARNING CONCERNING FORWARD LOOKING STATEMENTS

THIS CURRENT REPORT ON FORM 8-K CONTAINS STATEMENTS THAT CONSTITUTE FORWARD LOOKING STATEMENTS WITHIN THE MEANING OF THE PRIVATE SECURITIES LITIGATION REFORM ACT OF 1995 AND OTHER SECURITIES LAWS. WHENEVER THE COMPANY USES WORDS SUCH AS "BELIEVE," "EXPECT," "ANTICIPATE," "INTEND," "PLAN," "ESTIMATE," "WILL," "MAY" AND NEGATIVES OR DERIVATIVES OF THESE OR SIMILAR EXPRESSIONS, IT IS MAKING FORWARD LOOKING STATEMENTS. THESE FORWARD LOOKING STATEMENTS ARE BASED UPON THE COMPANY'S PRESENT INTENT, BELIEFS OR EXPECTATIONS, BUT FORWARD LOOKING STATEMENTS ARE NOT GUARANTEED TO OCCUR AND MAY NOT OCCUR. ACTUAL RESULTS MAY DIFFER MATERIALLY FROM THOSE CONTAINED IN OR IMPLIED BY THESE FORWARD LOOKING STATEMENTS AS A RESULT OF VARIOUS FACTORS. FOR EXAMPLE, THIS CURRENT REPORT ON FORM 8-K STATES THAT THE COMPANY IS MONITORING THE BID PRICE OF THE COMMON SHARES AND IS CONSIDERING OPTIONS AVAILABLE TO ACHIEVE COMPLIANCE WITH THE MINIMUM BID PRICE CONTINUED LISTING STANDARD; HOWEVER, THE COMPANY CANNOT BE SURE THAT IT WILL BE ABLE TO REGAIN AND / OR MAINTAIN COMPLIANCE WITH THIS LISTING STANDARD OR THAT IT WILL OTHERWISE BE IN COMPLIANCE WITH OTHER NASDAQ LISTING STANDARDS.

THE INFORMATION CONTAINED IN THE COMPANY'S FILINGS WITH THE SECURITIES AND EXCHANGE COMMISSION (THE "SEC"), INCLUDING UNDER THE CAPTION "RISK FACTORS" IN ITS PERIODIC REPORTS, OR INCORPORATED THEREIN, IDENTIFIES OTHER IMPORTANT FACTORS THAT COULD CAUSE THE COMPANY'S ACTUAL RESULTS TO DIFFER MATERIALLY FROM THOSE STATED IN OR IMPLIED BY ITS FORWARD LOOKING STATEMENTS. THE COMPANY'S FILINGS WITH THE SEC ARE AVAILABLE ON THE SEC'S WEBSITE AT WWW.SEC.GOV.

YOU SHOULD NOT PLACE UNDUE RELIANCE UPON FORWARD LOOKING STATEMENTS.

EXCEPT AS REQUIRED BY LAW, THE COMPANY DOES NOT INTEND TO UPDATE OR CHANGE ANY FORWARD LOOKING STATEMENTS AS A RESULT OF NEW INFORMATION, FUTURE EVENTS OR OTHERWISE.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

AlerisLife Inc.

Date: November 10, 2022 By: /s/ Jeffrey S. Leer

Jeffrey C. Leer

President and Chief Executive Officer