

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or
Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

1. Name and Address of Reporting Person *	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
Senn Andrew	Integer Holdings Corp [ITGR]	Director 10% Owner
(Last) (First) (Middle)	3. Date of Earliest Transaction (MM/DD/YYYY)	X Officer (give title below) Other (specify below)
5830 GRANITE PARKWAY, SUITE 1150	1/19/2024	SVP, Strategy and Business Dev
(Street)	4. If Amendment, Date Original Filed (MM/DD/YYYY)	6. Individual or Joint/Group Filing (Check Applicable Line)
PLANO, TX 75024		X Form filed by One Reporting Person
(City) (State) (Zip)		Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	1/20/2024		M		2,222	A	(1)	8,900	D	
Common Stock	1/21/2024		M		348	A	(1)	9,248	D	
Common Stock	1/22/2024		M		390	A	(1)	9,638	D	
Common Stock	1/22/2024		F		864	D	\$103.99 (2)	8,774	D	
Common Stock	1/22/2024		F		120	D	\$103.71 (2)	8,654	D	

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V		Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	(1)	1/19/2024		A		1,089	(3)	(3)	Common Stock	1,089	\$0	1,089	D	
Restricted Stock Units	(1)	1/19/2024		A		3,846	(4)	(4)	Common Stock	3,846	\$0	3,846	D	
Restricted Stock Units	(1)	1/20/2024		M		2,222	(5)	(5)	Common Stock	2,222	\$0	4,448	D	
Restricted Stock Units	(1)	1/21/2024		M		348	(6)	(6)	Common Stock	348	\$0	348	D	
Restricted Stock Units	(1)	1/22/2024		M		390	(7)	(7)	Common Stock	390	\$0	0	D	

Explanation of Responses:

- (1) Restricted stock units convert into common stock on a one-for-one basis.
- (2) Shares otherwise issuable were withheld to satisfy the Reporting Person's tax obligations arising from the vesting events described in footnotes (5), (6) and (7) to this Form 4.
- (3) On January 19, 2024, the reporting person was granted 1,089 restricted stock units, vesting in three equal annual installments beginning on January 19, 2025.
- (4) On January 19, 2024, the reporting person was granted 3,846 restricted stock units, vesting in full on January 19, 2027.

- (5) On January 20, 2023, the reporting person was granted 6,670 restricted stock units, vesting in three equal installments beginning on January 20, 2024.
- (6) On January 21, 2022, the reporting person was granted 1,044 restricted stock units, vesting in three equal installments beginning on January 21, 2023.
- (7) On January 22, 2021, the reporting person was granted 1,170 restricted stock units, vesting in three equal installments beginning on January 22, 2022.

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Senn Andrew 5830 GRANITE PARKWAY SUITE 1150 PLANO, TX 75024			SVP, Strategy and Business Dev	

Signatures

/s/ Mark Zawodzinski as attorney-in-fact for Andrew Senn.

**Signature of Reporting Person

1/23/2024

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.