UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

SCHEDULE 14A

Proxy Statement Pursuant to Section 14(a) of the Securities Exchange Act of 1934

Filed by	the Regi	strant [X]
Filed by	a Party o	other than the Registrant []
Check t	he approp	priate box:
[] [] [X] []	Confide Definiti Definiti	nary Proxy Statement ential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2)) ve Proxy Statement ve Additional Materials ng Material Pursuant to Section 240.14a-12
		HIGHWOODS PROPERTIES, INC. (Name of Registrant as Specified in its Charter)
Paymen	t of Filin	g Fee (Check the appropriate box):
[X]	No fee 1	required.
[]	Fee con	nputed on table below per Exchange Act Rules 14a-6(i)(4) and 0-11.
	(1)	Title of each class of securities to which transaction applies:
	(2)	Aggregate number of securities to which transaction applies:
	(3)	Per unit price or other underlying value of transaction computed pursuant to Exchange Act Rule 0-11 (set forth the amount on which the filing fee is calculated and state how it was determined):
	(4)	Proposed maximum aggregate value of transaction:
	(5)	Total fee paid:
[]	Fee paid	d previously with preliminary materials.
[]	Check l	pox if any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for which the offsetting fee was paid sly. Identify the previous filing by registration statement number, or the form or schedule and the date of its filing.
	(1)	Amount Previously Paid:
	(2)	Form, Schedule or Registration Statement No.:
	(3)	Filing Party:
	(4)	Date Filed:



VOTE BY INTERNET - www.proxywofe.com
Use the Internet to Innernit your vising instructions and for electronic dalivary of Information. Vote by 11:59 PM, ET on 06:07/2015, have your proxy ears in hand when you access the web size and falso the instructions to obtain your records and to pread an electronic voting instruction form.

ELECTRONIC DELIVERY OF FUTURE PROXY MATERIALS. If you would like to reduce the costs incurred by our company in mailing proxy insteaded, you can consent to receiving a influence proxy establements, proxy earns and annual reports electronically viale mail on the internal. To sign up for electronic delivery, please fallow the instructions above to work our length of the more stand, when prompted, indicate that you agree to need violatine proxy materials descharitedly in future years.

VOTE BY PHONE -1-800-880-8003 Use any touch-fore telephone to transmit your voting instructions. Note by 11:28 F.M. ET on OWN/2018. Have your proxy card in hand when you call and then follow the Instructions.

VOTE BY MAIL. Mark, sign and data your proxy cand and return it in the postage-gald envelope we have provided or return it to Vote Processing, but throadings, 51 Marcedee Way, Edgewood, NY 11717.

	THIS PROXY	CARD	IS V	ALID O	NLY WHEN	SIGNED	AND D	ATED.	DETAC	II AND RE	URY 1	HIS POR	MOI!
The Board of Directors recommends y the following:	you vote FOR	for All	Withhold All	For All Except	individua'	d authorit rowinec(d write th on the li	st. war	k "For	0.1			-	٦
. Election of Directors		_	_	_	-				.93				
Morringes													
r Charles A. Anderson C2 6 Shorry A. Kellett C7	Cene H. Anderson Anne H. Iloyd		03 Ca	rlos E. I	wans	04 Edv	eard J	ritach		05 Dav14	d J. 1	ertzell	
he Board of Directors recommends y	you vote FOR proposal	la 2 ar	nd 3.								For	Against	Absta
. RATIFICATION OF APPOINTMENT OF	DELOGITE & TOUCHE LI	LP AS 1	HOEPENCE	NT AUDIT	OR FOR 2019						0	0	0
. ADVISORY VOTE ON EXECUTIVE CON-	rensation										0	0	0
OTE: THIS PROXY, WHEN PROPERLY EXE TORNHOLDER IN HIS CISCELLON, IN EFERF THE MEFTING OR ANY ALL DURNNE F ALL NOVINCES FOR CIRCUTAR AND "1	: PROPY IS ALSO AUTH WITS THEREOF, IF NO FOR" PROPOSALS THO AM	ORIZED DIBECTI ND THEE	TO VOTE ION 15 NA IE.	OPON SUC CE, THIS	H DIHEK BUSI PROBY MIT	ISSS AS MAY € WOTED PE	PROPERLY R" FLFC)	TONE					
Ploase sign exactly as your name(s) attorney, executor, administrator, title se such, John towners should ango, it comprestion or partnership partnership name by authorized offi	appear(s) hereon, a or other fiduciary, each sign personally, p. clease atgn in ful loar.	when si please y. All il comp	igning as give fu holders ponete on	ill must									
Clease sign exactly as your name(s) ttorney, executor, administrator, ttle ex each. Joint baners should ran. If components or partnership extremship name by authorized offi	appear(s) horson, i or other fiduciary, each sign personally, clease eign in ful icon.	shon si please y. All II comp	igning as give fu holders conste on	ill ∎ust									

is/are available at www.proxyvote.com

Please mark, date and sign this proxy and return promptly in the enclosed envelope so as to ensure a quorum at the meeting. This is important whether few or many shares are owned. Delay in returning your proxy may subject the Company to additional expense.

Important Notice Regarding the Availability of Proxy Materials for the Annual Meeting: The Annual Report/10-K, Notice & Proxy Statement

HIGHWOODS PROPERTIES, INC.
PROXY IS SOLICITED ON BEHALF OF THE BOARD OF
DIRECTORS FOR THE ANNUAL MEETING OF STOCKHOLDERS

Continued and to be signed on reverse side

*** Exercise Your Right to Vote ***

Important Notice Regarding the Availability of Proxy Materials for the Stockholder Meeting to Be Held on May 08, 2019

HIGHWOODS PROPERTIES, INC.



Meeting Information

Meeting Type: Annual Meeting For holders as of: March 08, 2019

Date: May 08, 2019 Time: 11:30 AM EDT

Location: Highwood Properties

3100 Smotetree Court, Ste. 600 Rakegh, N.C 37604 Prone: 919-872-4534

You are receiving this communication because you hold shares in the above named company.

This is not a ballot. You cannot use this notice to vote these shares. This communication presents only an overview of the more complete proxy materials that are available to you on the internet. You may view the proxy materials online at www.proxyvoto.com or easily request a paper copy (see reverse side).

We encourage you to access and review all of the important information contained in the proxy materials before voting.

See the reverse side of this notice to obtain proxy materials and voting instructions.

— Before You Vote —

How to Access the Proxy Materials

Proxy Materials Available to VIEW or RECEIVE:

1. Annual Report/10-K 2. Modice & Proxy Statement

How to View Online:

How to Request and Receive a PAPER or E-MAIL Copy:

If you want to receive a paper or e-mail copy of these documents, you must request one. There is NO charge for requesting a copy. Please choose one of the following methods to make your request:

BY INTERNET: www.proxyvote.com
 BY TELEPHONE: 1-800-579-1639

3) BY E-MAIL*: sendmaterial@proxyvote.com

* If requesting materials by e-mail, please send a blank e-mail with the information that is printed in the box marked by the arrow \longrightarrow XXXX XXXX XXXX XXXX XXXX XXXX (located on the following page) in the subject line.

Requests, instructions and other inquiries sent to this e-mail address will NOT be forwarded to your investment advisor. Please make the request as instructed above on or before April 24, 2019 to facilitate timely delivery.

— How To Vote —

Please Choose One of the Following Voting Methods

Vote In Person: Many stockholder meetings have attendance requirements including, but not limited to, the possession of an attendance ticket issued by the entity holding the meeting. Please check the meeting materials for any special requirements for meeting attendance. At the meeting, you will need to request a ballot to vote these shares.

Vote By Mail: You can vote by mail by requesting a paper copy of the materials, which will include a proxy card.

Voting items

The Board of Directors recommends you vote FOR the following:

1. Election of Directors

Nontinees

01 Charles A. Ancerson 08 Sherry A. Gallatt CS Carlos E. Every 04 Edward J. Pritisch CS David J. Hartzell

The Board of Directors recommends you vote FOR proposals 2 and 3.

2. RA LEICA TON OF APPOINTMENT OF DELOTTE & TOUGH: ELP AS INDEPENDENT AUDITOR FOR SUB-

3. ADMINORY WOTE ON EXECUTIVE COMPENSATION

MOTE: THIS PROOF, WHEN PROPERLY EXECUTED, WILL BE MOTED IN THE MAKES DIRECTED HEREIM BY THE UNDERSIGNED STOCKNOWNER IN UND STRUCTION, THE PROOF IS ALSO AUTHORIZED TO WOTE JON SHOLDTHER HIGHERS AS YAY PROPERLY CORE BEFORE HE HELLING OF ANY AUTOURNMENTS THEREOF JAMPS UNDER ON IS MADE, THIS PROOF WILL BE WOTED "FOR ELECTION OF ALL WOTERES FOR DERECTOR AND "FOR PROPOSALS TWO AND HREE.

D000411832_3 R1.0.1.18