UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

SCHEDULE 14A

Proxy Statement Pursuant to Section 14(a) of the Securities Exchange Act of 1934

Filed by	the Regi	strant [X]						
Filed by	a Party o	other than the Registrant []						
Check t	he approp	priate box:						
[] [] [X] []	Confide Definiti Definiti	nary Proxy Statement ential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2)) ve Proxy Statement ve Additional Materials ng Material Pursuant to Section 240.14a-12						
		HIGHWOODS PROPERTIES, INC. (Name of Registrant as Specified in its Charter)						
Paymen	t of Filin	g Fee (Check the appropriate box):						
[X]	No fee 1	required.						
[]	Fee computed on table below per Exchange Act Rules 14a-6(i)(4) and 0-11.							
	(1)	Title of each class of securities to which transaction applies:						
	(2)	Aggregate number of securities to which transaction applies:						
	(3)	Per unit price or other underlying value of transaction computed pursuant to Exchange Act Rule 0-11 (set forth the amount on which the filing fee is calculated and state how it was determined):						
	(4)	Proposed maximum aggregate value of transaction:						
	(5)	Total fee paid:						
[]	Fee paid	d previously with preliminary materials.						
[]	Check l	pox if any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for which the offsetting fee was paid sly. Identify the previous filing by registration statement number, or the form or schedule and the date of its filing.						
	(1)	Amount Previously Paid:						
	(2)	Form, Schedule or Registration Statement No.:						
	(3)	Filing Party:						
	(4)	Date Filed:						



VOTE BY INTERNET - www.proxywofe.com
Use the Internet to Innernit your vising instructions and for electronic dalivary of Information. Vote by 11:59 PM, ET on OptiviZO.C. Have your proxy ears in hand when you access the web size and falso the instructions to obtain your records and to pread an electronic voting instruction form.

ELECTRONIC DELIVERY OF FUTURE PROXY MATERIALS. If you would like to reduce the costs incured by our company in malaring proxy materials, you can consent to receiving all Allure prays statements, proxy cards and annual records electronically like e-mail or the incurred. To sign up for electronic collevery please follow the incurred and, when promoted, inclosed had you agreed to receive or access proxy materials electronically in finure years.

VOTE BY PHONE -1-800-880-8003 Use any touch-lone telephone to transmit your voting instructions. Note by 11:28 F.M. ET on 0.941/2020. Have your proxy card in hand when you call and then follow the instructions.

VOTE BY MAIL. Mark, sign and data your proxy cand and return it in the postage-gald envelope we have provided or return it to Vote Processing, but throadings, 51 Marcedee Way, Edgewood, NY 11717.

	THIS PROXY	CARD	IS	VALID OF	NLY WHEN	SIGNED	AND	DATED.	DETAC	II AND RET	URY 1	NIS POR	TION O
The Board of Directors reco	numends you vote FOR	λii	All	cld For All Except	To withholindividual Except" or noutless(s)	CONTRACT	(c) w.	rk "For	5.1			-	\neg
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Hourinees													
Y Charles A. Anderson 36 Shorry A. Kollett	C2 Gene H. Anderson C7 Theodore J. Klinek		03 08	Thomas P. A Anne H. Llo	nderson yd	04 Ca	arlos E	Evans		05 David	J. 1	artzell	
The Board of Directors reco	ommenda you vote FOR proposa	18 2, 3	and a	4.							For	Apainst	Absta
2. RATIFICATION OF APPOINT	INENT OF DELOCITE & TOUCHE LI	LP AS IN	ICEPEI	HOENT AUDITO	R FOR 2020.						О	0	0
3. ADVISORY VOTE ON EXECUT	CIVE COMPANSATION										0	0	0
r, Partount Fore on Engovi	7-1										U	U	٥
4. APPROVAL OF THE 2020 E	MPLOYEE STOCK PURCHASE PLAN.										0	0	0
STOCKHOLDER, IN ALS CISCRET REFORE THE MEETING OR ANY A	PERLY EXECUTED WILL BE WOTH 10M, HE POOMY SA SUS AUTH ADJURNMENTS THEROF, IF NO 1 OR AND "FOR" PROPOSALS THE	ORIZED I DIBECTIO	10 va 16 IS	TE UPON SUCH MADE, THIS	PROXY WILL S	HE CALCAST IESS AS MAI RE WOTED "P	PROPER FOR" FLE	LY COME CTION					
				as full rs must									

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Important Notice Regarding the Availability of Proxy Materials for the Annual Meeting: The Annual Report/10-K and Notice and Proxy Statement are available at www.proxyvote.com

HIGHWOODS PROPERTIES, INC. PROXY IS SOLICITED ON BEHALF OF THE BOARD OF DIRECTORS FOR THE ANNUAL MEETING OF STOCKHOLDERS TO BE HELD ON MAY 12, 2020

The undersigned hereby (a) acknowledges receipt of the Notice of Annual Meeting of Stockholders of Highwoods Properties, Inc. (the "Company") to be held on May 12, 2020, and the Proxy Statement in connection therewith; (b) appoints Theodore J. Klinck and Jeffrey D. Miller, and each of them, as Proxy (the "Proxy") with the power to appoint a substitute; and (e) authorizes the Proxy to represent and vote, as designated on the reverse, all shares of Common Stock of the Company, held of record by the undersigned on March 10, 2020, at such Annual Meeting and at any adjournment(s) thereof.

Please mark, date and sign this proxy and return promptly in the enclosed envelope so as to ensure a quorum at the meeting. This is important whether few or many shares are owned. Delay in returning your proxy may subject the Company to additional expense.

Continued and to be signed on reverse side

*** Exercise Your Right to Vote ***

Important Notice Regarding the Availability of Proxy Materials for the Stockholder Meeting to Be Held on May 12, 2020

HIGHWOODS PROPERTIES, INC.



Meeting Information

Meeting Type: Annual Meeting For holders as of: March 10, 2020

Date: May 12, 2020 Time: 11:30 AM EDT

Location: Hymood: Properties. Inc. 3100 Snoketres Court, Ste. 600

Raleigh, NC 37604 Phone: 919-872-4924

You are receiving this communication because you hold

This is not a ballot. You cannot use this notice to vote these shares. This communication presents only as overview of the more complete proxy materials that are available to you on the Internet. You may view the proxy materials online at www.proxyvote.com or easily request a paper copy (see reverse side).

We encourage you to access and review all of the important information contained in the proxy materials before voting.

See the reverse side of this notice to obtain proxy materials and voting instructions.

— Before You Vote —

How to Access the Proxy Materials

Proxy Materials Available to VIEW or RECEIVE:

I. Annual Report/10-K 2. Notice & Proxy Statement

How to View Online:

How to Request and Receive a PAPER or E-MAIL Copy:

If you want to receive a paper or e-mail copy of these documents, you must request one. There is NO charge for requesting a copy. Please choose one of the following methods to make your request:

1) BY INTERNET: www.proxyvote.com 2) BY TELEPHONE: 1-800-579-1639

3) BY E-MAIL*: sendmaterial@proxyvote.com

* If requesting materials by e-mail, please send a blank e-mail with the information that is printed in the box marked by the arrow

| XXXX XXXX XXXX XXXX XXXX | (located on the following page) in the subject line.
| Requests, instructions and other inquiries sent to this e-mail address will NOT be forwarded to your investment

Requests, instructions and other inquiries sent to this e-mail address will NOT be forwarded to your investment advisor. Please make the request as instructed above on or before April 28, 2020 to facilitate timely delivery.

— How To Vote —

Please Choose One of the Following Voting Methods

Vote In Person: Many stockholder meetings have attendance requirements including, but not limited to, the possession of an attendance ticket issued by the entity holding the meeting. Please check the meeting materials for any special requirements for meeting attendance. At the meeting, you will need to request a ballot to vote these shares.

Vote By Mail: You can vote by mail by requesting a paper copy of the materials, which will include a proxy card.

The Board of Directors recommends you vote FOR the following:

1. Election of Directors

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The Board of Directors recommends you vote FOR proposals 2, 3 and 4.

- 2. RA LEICA TON OF APPOINTMENT OF DELOTITE & 100045 TEP AS INDEPENDENT AUDITOR FOR 3020.
- 3. ADVISORY VOTE OF EXECUTIVE COMPENSATION.
- 4. APPROVAL OF THE 2020 EMPLOYEE STOCK PURCHASE PLAN

MOTE: H.S PMONY, MHEN INSPERLY EXECUTED, WILL BE VOLED BY HE MAYIER DIRECTED FEBELM BY THE UNDERSIGNED STOCKHOLDER IN HIS DISCRETION, THE PROBY IS ALSO ALTHORIZED TO WOTE. FOR SUCH OTHER DUSTRIESS AS MAY PROPERLY COME DEPOSE THE HISTORIA OF ANY ALMOMENTER THEREOF, IN TWO RESOURCES FRANCE, THIS PROXY WILL BE VOTED "TOR" ELECTION OF ALL WORLNESS FOR DIRECTOR AND THEIR PROPERTIES NO. HAREE AND FOLK.

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