

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Cutlip Robert G		of Event Req ent (MM/DD/ 9/2/2004	/YYYY)	3. Issuer Name and Ticker or Trading Symbol HIGHWOODS PROPERTIES INC [HIW]					
(Last) (First) (Middle) C/O HIGHWOODS PROPERTI INC., 3100 SMOKETREE COU	ES, Di	rector _ Officer (give tit	tle below)	10% Owner	(Check all applic	able)			
SUITE 600 (Street) RALEIGH, NC 27604 (City) (State) (Zip)	5. If Ar	re President / mendment, Da al Filed (MM/D	ate 6.	6. Individual or Joint/Group Filing (Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
	Tab		erivative Secu						
1.Title of Security (Instr. 4)		Ben	2. Amount of Securities Beneficially Owned (Instr. 4)		-	4. Nature of Indirect Beneficial Ownership (Instr. 5)			
Common Stock			7907		D				
Table II - Derivati	ve Securities	Beneficially	Owned (e.g. ,	puts, calls, w	arrants, options	s, convertible secu	urities)		
1. Title of Derivate Security (Instr. 4) 2. Date Exercisable a Expiration Date (MM/DD/YYYY)		cisable and	3. Title and A Securities Ur Derivative Se (Instr. 4)	Amount of aderlying	4. Conversion or Exercise Price of Derivative	Form of Derivative Security:	6. Nature of Indirect Beneficial Ownership (Instr. 5)		
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Security	Direct (D) or Indirect (I) (Instr. 5)			
Stock Option (right to buy)	(1)	9/15/2013	Common Stock	5627	\$23.50	D			
Stock Option (right to buy)	<u>(1)</u>	2/28/2014	Common Stock	17438	\$26.15	D			
Phantom Stock (2)	1/31/2009	1/31/2009	Common Stock	158.65	(3)	D			
Phantom Stock (2)	1/31/2010	1/31/2010	Common Stock	65.54	(3)	D			
Phantom Stock (2)	1/31/2010	1/31/2010	Common Stock	83.47	(3)	D			

Explanation of Responses:

- (1) Option vests ratably on the first through fourth anniversaries of grant date.
- (2) Pursuant to issuer's Deferred Compensation Plan adopted under its 1994 Stock Option Plan.
- (3) Security converts to cash price of common stock on a one-for-one basis.

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director 10% Owner Officer	Other				

Cutlip Robert G C/O HIGHWOODS PROPERTIES, INC.		Sr. Vice President	
3100 SMOKETREE COURT, SUITE 600 RALEIGH, NC 27604		or vice i resident	

Signatures

Cynthia M. Latvala for Robert G. Cultip

**Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

CONFIRMING STATEMENT

This Statement confirms that the

undersigned has authorized and designated each of Mack D. Pridgen III and Cynthia M. Latvala to execute and file on the undersigned's behalf all Forms 3, 4 and 5 (including any amendments thereto) that the undersigned

may be required to file with the U.S. Securities and Exchange Commission as a result of the undersigned's ownership of or transactions in securities of Highwoods Properties, Inc. The authority of Mack D. Pridgen III and Cynthia M. Latvala under this Statement shall continue until the undersigned is no longer required to file Forms 3, 4 and 5 with regard to the undersigned's ownership of or transactions in securities of Highwoods Properties, Inc., unless earlier revoked in writing. The undersigned acknowledges that Mack D. Pridgen III and Cynthia M. Latvala are not assuming any of the undersigned's responsibilities to comply with Section 16 of the Security Exchange Act of 1934.

Date: 9/28/2004 Name: Robert G. Cutlip

Signature: /s/ Robert G. Cutlip