UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

SCHEDULE 13G

Under the Securities Exchange Act of 1934 (Amendment No. 14)*

HIGHWOODS PROPERTIES, INC.

(Name of Issuer)

COMMON

(Title of Class of Securities)

431284108 (CUSIP Number)

Date of Event which Requires Filing of this Statement

December 31, 2005

Check the appropriate box to designate the rule pursuant to which the Schedule is filed:

[x] Rule 13d-1(b)
[] Rule 13d-1(c)
[] Rule 13d-1(d)

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

SEC 1745 (12-02)

^{*} The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in prior coverage.

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Amendment No.14 to Schedule 13G (continued)

CUSIP No. 431284108					
	NAME OF REPORTING PERSON S.S. OR I.R.S. IDENTIFICATION NO. OF ABOVE PERSON				
Cohe	Cohen & Steers, Inc. 14-1904657				
2 CHEC	K THE APPRO	OPRIATE BOX IF A MEMBER OF A GROUP* (a) [] (b) [x]			
3 SEC	USE ONLY				
4 CITI	4 CITIZENSHIP OR PLACE OF ORGANIZATION				
New	York				
NUMBER O SHARES BENEFICIA		SOLE VOTING POWER 3,191,900			
OWNED B EACH	У 6	SHARED VOTING POWER 0			
REPORTIN PERSON WITH		SOLE DISPOSITIVE POWER 3,247,700			
	8	SHARED DISPOSITIVE POWER 0			
9 AGGR	EGATE AMOU	NT BENEFICIALLY OWNED BY EACH REPORTING PERSON			
3,24	7,700				
10 CHEC	K BOX IF TH	HE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES*			
[]					
11 PERC	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)				
6.0%					
12 TYPE OF REPORTING PERSON*					
НС,	CO 				
*SEE INSTRUCTIONS BEFORE FILLING OUT					

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Amendment No.14 to Schedule 13G (continued)

CUSIP	No. 431284	108		
1	NAME OF R		NG PERSON IDENTIFICATION NO. OF ABOVE PERSON	
	Cohen & S	teers	Capital Management, Inc. 13-3353336	
2	CHECK THE	APPRO	PRIATE BOX IF A MEMBER OF A GROUP* (a) [] (b) [x]	
3	SEC USE OF	 NLY		
4	CITIZENSH	 IP OR	PLACE OF ORGANIZATION	
	New York			
S	BER OF	5	SOLE VOTING POWER 3,191,900	
BENEFICIALLY OWNED BY EACH		6	SHARED VOTING POWER 0	
	PORTING PERSON WITH	7	SOLE DISPOSITIVE POWER 3,247,700	
		8	SHARED DISPOSITIVE POWER 0	
9	AGGREGATE	AMOUN	T BENEFICIALLY OWNED BY EACH REPORTING PERSON	
	3,247,700			
10	CHECK BOX	IF TH	E AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES*	
11	PERCENT O	F CLAS	S REPRESENTED BY AMOUNT IN ROW (9)	
	6.0%			
12	TYPE OF REPORTING PERSON*			
	IA, CO			
		*	SEE INSTRUCTIONS BEFORE FILLING OUT	

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Amendment No. 14 to Schedule 13G (continued) Item 1. (a) Name of Issuer: HIGHWOODS PROPERTIES INC. (b) Address of Issuer's Principal Executive Offices: 3100 SMOKETREE CT **SUITE 600** RALEIGH, NC 27604 Item 2. (a) Name of Persons Filing: Cohen & Steers, Inc. Cohen & Steers Capital Management, Inc. (b) Address of Principal Business Office: 280 Park Avenue 10th Floor New York, NY 10017 (c) Citizenship: Cohen & Steers, Inc: Delaware Corporations Cohen & Steers Capital Management, Inc: New York Corporation (d) Title of Class Securities: Commmon (e) CUSIP Number: 431284108 Item 3. If this statement is filed pursuant to Rule 13d-l(b), or 13d-2(b), check whether the person filing is a (a) [] Broker or Dealer registered under Section 15 of the Act (b) [] Bank as defined in Section 3(a)(6) of the Act (c) [] Insurance Company as defined in section 3(a)(19) of the Act (d) [] Investment Company registered under Section 8 of the Investment Company Act (e) [x] An investment advisor in accordance with Section 240.13d-1(b)(1)(ii)(E) (f) [] An employee benefit plan or endowment fund in accordance with 240.13d-1(b)(1)(ii)(F) (g) [x] A parent holding company or control person in accordance with Section 240.13d-l(b)(1)(ii)(G) (h) [] A savings association as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813) (i) [] A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940 (15U.S.C. 80a-3)

(j) Group, in accordance with Section 240.13d-1(b)(l)(ii)(J)

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(a) Amount Beneficially Owned as of December 31, 2005:					
See row 9 on cover sheet					
(b) Percent of Class:					
See row 11 on cover sheet					
(c) Number of shares as to which such person has:(i) sole power to vote or direct the vote:					
See r	row 5 on cover sheet				
(ii) shared power to vote or direct the vote:					
See r	row 6 on cover sheet				
(iii) sole power to dispose or to direct the disposition of:					
See r	row 7 on cover sheet				
(iv) shared power to dispose or direct the disposition of:					
See r	row 8 on cover sheet				
Item 5. OWNERSHIP OF 5% OR LESS OF A CLASS N/A					

Item 6. OWNERSHIP OF MORE THAN 5% ON BEHALF OF ANOTHER PERSON $\ensuremath{\mathrm{N/A}}$

Item 4. OWNERSHIP:

Item 7. IDENTIFICATION AND CLASSIFICATION OF THE SUBSIDIARY WHICH ACQUIRED THE SECURITY BEING REPORTED ON BY THE PARENT HOLDING COMPANY

Cohen & Steers, Inc holds a 100% interest in Cohen & Steers Capital Management, Inc., an investment advisor registerd under Section 203 of the Investment Advisers Act. .

Item 8. IDENTIFICATION AND CLASSIFICATION OF MEMBERS OF THE GROUP

Cohen & Steers, Inc holds a 100% interest in Cohen & Steers Capital Management, Inc., an investment advisor registerd under Section 203 of the Investment Advisers Act.

Item 9 NOTICE OF DISSOLUTION OF GROUP:

Not Applicable

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Item 10 Certification

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired and are held in the ordinary course of business and were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired in connection with or as a participant in any transaction having that purpose or effect.

Signature

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Date: February 13, 2006

/s/Robert Steers
-----Signature

Robert H. Steers, Co-Chairman and Co Chief Executive Officer Cohen & Steers, Inc. Cohen & Steers Capital Management, Inc.

Name and Title

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JOINT FILING AGREEMENT

In accordance with Rule 13d-1(k) promulgated under the Securities Exchange Act of 1934, as amended, the undersigned hereby agree to the joint filing with all other Reporting Persons (as such term is defined in the Schedule 13G referred to below) on behalf of each of them of a Statement on Schedule 13G including amendments thereto) with respect to the common shares of HIGHWOODS PROPERTIES INC, nd that this Agreement may be included as an Exhibit to such joint filing. This Agreement may be executed in any number of counterparts, all of which together shall constitute one and the same instrument.

IN WITNESS WHEREOF, the undersigned hereby execute this Agreement as of February 13, 2006.

COHEN & STEERS, INC.

/s/Robert Steers
By:----Name: Robert H. Steers
Title: Co-Chariman and Co-Chief

COHEN & STEERS CAPITAL MANAGEMENT, INC.

Executive Officer

/s/Robert Steers By:-----Name: Robert H. Steers

Title: Co-Chairman and Co-Chief
Executive Officer