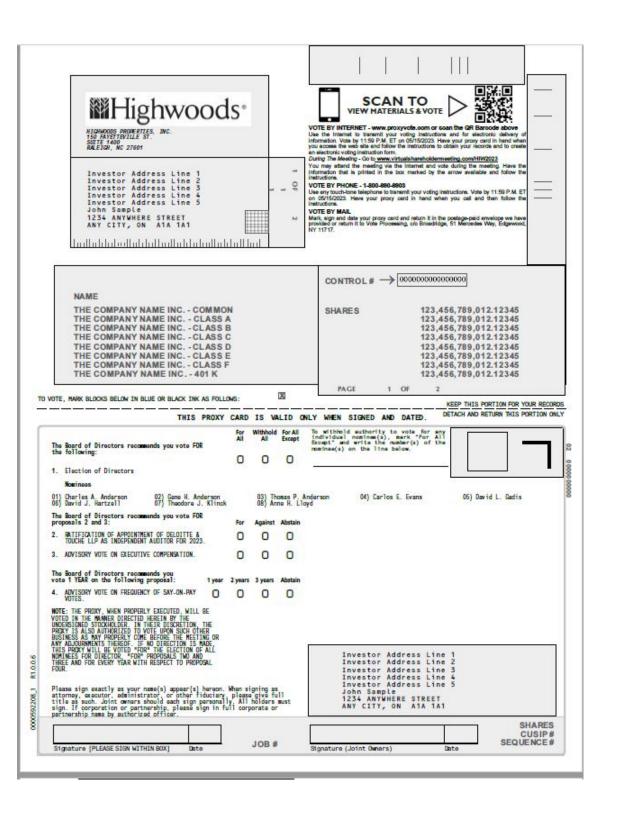
#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

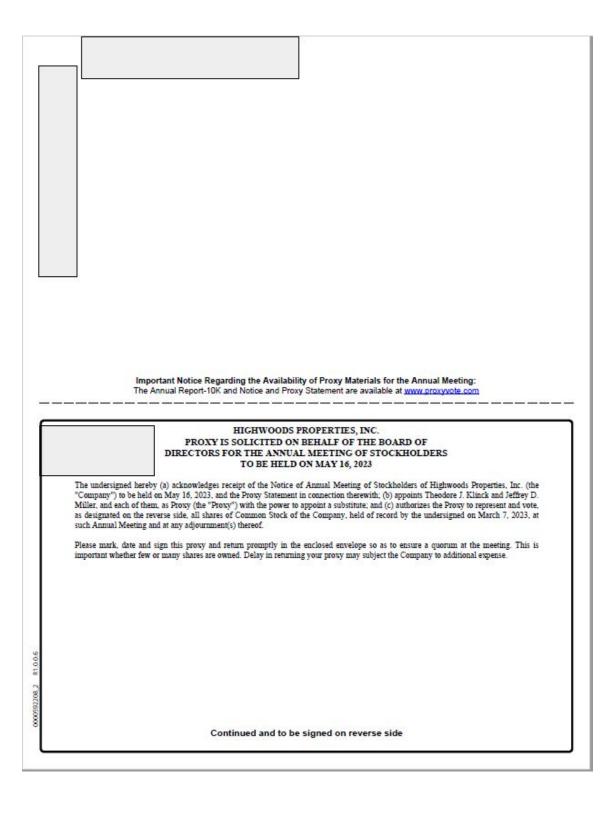
## SCHEDULE 14A

## Proxy Statement Pursuant to Section 14(a) of the Securities Exchange Act of 1934

Filed by the Registrant [X]

Filed	l by a Pa	rty other than the Registrant [ ]						
Che	ck the ap	propriate box:						
[ ] [ ] [X]	Confid Definit Definit	Proxy Statement  I, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2))  roxy Statement  dditional Materials  laterial Pursuant to Section 240.14a-12						
		HIGHWOODS PROPERTIES, INC. (Name of Registrant as Specified in its Charter)						
Payr	nent of F	iling Fee (Check the appropriate box):						
[X]	No fee	required.						
[ ]	Fee co	mputed on table below per Exchange Act Rules 14a-6(i)(4) and 0-11.						
	(1)	Title of each class of securities to which transaction applies:						
	(2)	Aggregate number of securities to which transaction applies:						
	(3)	Per unit price or other underlying value of transaction computed pursuant to Exchange Act Rule 0-11 (set forth the amount on which the filing fee is calculated and state how it was determined):						
	(4)	Proposed maximum aggregate value of transaction:						
	(5)	Total fee paid:						
[ ]	Fee pai	d previously with preliminary materials.						
[ ]		to box if any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for which the offsetting fee was paid iously. Identify the previous filing by registration statement number, or the form or schedule and the date of its filing.						
	(1)	Amount Previously Paid:						
	(2)	Form, Schedule or Registration Statement No.:						
	(3)	Filing Party:						
	(4)	Date Filed:						









# Your Vote Counts!

#### HIGHWOODS PROPERTIES, INC.

2023 Annual Meeting Vote by May 15, 2023 11:59 PM ET





Holodoolloottootheathaattaattaattaatt

FLASHID-JOB#

### You invested in HIGHWOODS PROPERTIES, INC. and it's time to vote!

You have the right to vote on proposals being presented at the Annual Meeting. This is an important notice regarding the availability of proxy material for the stockholder meeting to be held on May 16, 2023.

1 OF 322,724 148,294

#### Get informed before you vote

View the Notice & Proxy Statement, Annual Report-10K online OR you can receive a free paper or email copy of the material(s) by requesting prior to May 02, 2023. If you would like to request a copy of the material(s) for this and/or future stockholder meetings, you may (1) visit www.ProxyVote.com, (2) call 1-800-579-1639 or (3) send an email to sendmaterial@proxyvote.com. If sending an email, please include your control number (indicated below) in the subject line. Unless requested, you will not otherwise receive a paper or email copy.



For complete information and to vote, visit www.ProxyVote.com

Control #





#### Smartphone users

Point your camera here and vote without entering a control number



#### Vote Virtually at the Meeting\* May 16, 2023

11:30 AM EDT

Virtually at: www.virtualshareholdermeeting.com/HIW2023

\*Please check the meeting materials for any special requirements for meeting attendance.

#### THIS IS NOT A VOTABLE BALLOT

This is an overview of the proposals being presented at the upcoming stockholder meeting. Please follow the instructions on the reverse side to vote these important matters.

#### SHARE CLASSES REPRESENTED FOR VOTING

THE COMPANY NAME INC. - COMMONA SDEGHJKL 123456789.1234
THE COMPANY NAME INC. - CLASS A 123456789.1234
THE COMPANY NAME INC. - CLASS B 123456789.1234
THE COMPANY NAME INC. - CLASS C 123456789.1234
THE COMPANY NAME INC. - CLASS D 123456789.1234
THE COMPANY NAME INC. - CLASS E 123456789.1234
THE COMPANY NAME INC. - CLASS F 123456789.1234
THE COMPANY NAME INC. - CLASS F 123456789.1234

Vot	Voting Items						
1.	Election of Directors Nominees:						
	01) Charles A. Anderson	04)	Carlos E. Evans	07)	Theodore J. Klinck	<b>⊘</b> For	
	02) Gene H. Anderson	05)	David L. Gadis	08)	Anne H. Lloyd	Jrui -	
	03) Thomas P. Anderson	06)					
2.	RATIFICATION OF APPOINTMENT OF DELOITTE & TOUCHE LLP AS INDEPENDENT AUDITOR FOR 2023.						
3.	ADVISORY VOTE ON EXECUTIVE	<b>⊘</b> For					
4.	ADVISORY VOTE ON FREQUENC	<b>⊙</b> Year					

NOTE: THE PROXY, WHEN PROPERLY EXECUTED, WILL BE VOTED IN THE MANNER DIRECTED HEREIN BY THE UNDERSIGNED STOCKHOLDER. IN THEIR DISCRETION, THE PROXY IS ALSO AUTHORIZED TO VOTE UPON SUCH OTHER BUSINESS AS MAY PROPERLY COME BEFORE THE MEETING OR ANY ADJOURNMENTS THEREOF. IF NO DIRECTION IS MADE, THE PROXY WILL BE VOTED "FOR" THE ELECTION OF ALL NOMINEES FOR DIRECTOR, "FOR" PROPOSALS TWO AND THREE AND FOR EVERY YEAR WITH RESPECT TO PROPOSAL FOUR.

Prefer to receive an email instead? While voting on www.ProxyVote.com, be sure to click "Sign up for E-delivery".

FLASHID-JOB#