

META FINANCIAL GROUP INC

FORM DEF 14A (Proxy Statement (definitive))

Filed 12/12/1997 For Period Ending 12/15/1997

Address	121 EAST FIFTH STREET P O BOX 1307 STORM LAKE, Iowa 50588
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Industry	S&Ls/Savings Banks
Sector	Financial
Fiscal Year	09/30

SCHEDULE 14A INFORMATION
Proxy Statement Pursuant to Section 14(a)
of the Securities Exchange Act of 1934

☒ Filed by the registrant

☐ Filed by a party other than the registrant

Check the appropriate box:

☐ Preliminary Proxy Statement

☐ Confidential, for Use of the Commission Only
(as permitted by Rule 14a-6(e)(2))

☒ Definitive Proxy Statement

☐ Definitive Additional Materials

☐ Soliciting Material Pursuant to ss. 240.14a-11(c) or ss. 240.14a-12

FIRST MIDWEST FINANCIAL, INC.

(Name of Registrant as Specified in Its Charter)

[FIRST MIDWEST FINANCIAL, INC. LETTERHEAD]

December 15, 1997

Dear Fellow Stockholders:

On behalf of the Board of Directors and management of First Midwest Financial, Inc. ("First Midwest" or the "Company"), we cordially invite you to attend the Annual Meeting of Stockholders of First Midwest. The meeting will be held at 1:00 P.M. local time, on January 26, 1998 at the main office of the Company located at Fifth at Erie, Storm Lake, Iowa.

The attached Notice of Annual Meeting of Stockholders and Proxy Statement discusses the business to be conducted at the Meeting. We have also enclosed a copy of the Company's Annual Report to Stockholders. At the meeting we will report on the Company's operation and outlook for the year ahead.

We encourage you to attend the meeting in person. Whether or not you plan to attend, however, please read the enclosed Proxy Statement and then complete, sign and date the enclosed proxy card and return it in the accompanying postpaid return envelope as promptly as possible. This will save First Midwest the additional expense of soliciting proxies and will ensure that your shares are represented at the meeting.

Your Board of Directors and management are committed to the continued success of First Midwest Financial, Inc., and the enhancement of your investment. As Chairman of the Board, President and Chief Executive Officer, I want to express my appreciation for your confidence and support.

Very truly yours,

/s/James S. Haahr

JAMES S. HAAHR

*Chairman of the Board,
President and Chief Executive Officer*

FIRST MIDWEST FINANCIAL, INC.

Fifth at Erie
Storm Lake, Iowa 50588
(712) 732-4117

**NOTICE OF ANNUAL MEETING OF STOCKHOLDERS
To be Held on January 26, 1998**

Notice is hereby given that the Annual Meeting of Stockholders (the "Meeting") of First Midwest Financial, Inc. ("First Midwest" or the "Company") will be held at the main office of the Company located at Fifth at Erie, Storm Lake, Iowa on January 26, 1998 at 1:00 P.M. local time.

A Proxy Card and a Proxy Statement for the Meeting are enclosed.

The Meeting is for the purpose of considering and acting upon the election of two directors of the Company and such other matters as may properly come before the Meeting or any adjournments thereof. The Board of Directors is not aware of any other business to come before the Meeting.

Any action may be taken on the foregoing proposal at the Meeting on the date specified above, or on any date or dates to which the Meeting may be adjourned. Stockholders of record at the close of business on December 1, 1997 are the stockholders entitled to vote at the Meeting, and any adjournments thereof.

You are requested to complete and sign the enclosed Proxy Card which is solicited on behalf of the Board of Directors, and to mail it promptly in the enclosed envelope. The Proxy will not be used if you attend and vote at the Meeting in person.

By Order of the Board of Directors

/s/James S. Haahr
JAMES S. HAAHR
*Chairman of the Board, President and
Chief Executive Officer*

*Storm Lake, Iowa
December 15, 1997*

IMPORTANT: THE PROMPT RETURN OF PROXIES WILL SAVE THE COMPANY THE EXPENSE OF FURTHER REQUESTS FOR PROXIES TO ENSURE A QUORUM AT THE MEETING. A PRE-ADDRESSED ENVELOPE IS ENCLOSED FOR YOUR CONVENIENCE. NO POSTAGE IS REQUIRED IF MAILED WITHIN THE UNITED STATES.

PROXY STATEMENT

FIRST MIDWEST FINANCIAL, INC.

Fifth at Erie
Storm Lake, Iowa 50588
(712) 732-4117

ANNUAL MEETING OF STOCKHOLDERS

January 26, 1998

This Proxy Statement is furnished in connection with the solicitation on behalf of the Board of Directors of First Midwest Financial, Inc. ("First Midwest," and with its subsidiaries, the "Company") of proxies to be used at the Annual Meeting of Stockholders of First Midwest (the "Meeting") which will be held at the main office of First Midwest located at Fifth at Erie, Storm Lake, Iowa on January 26, 1998 at 1:00 P.M. local time, and all adjournments of the Meeting. The accompanying Notice of Meeting, proxy and this Proxy Statement are first being mailed to stockholders on or about December 15, 1997. Certain information provided herein relates to First Federal Savings Bank of the Midwest ("First Federal") and Security State Bank ("Security", and when referred to with First Federal, the "Banks"), both of which are wholly owned subsidiaries of First Midwest.

At the Meeting, stockholders of the First Midwest are being asked to consider and vote upon the election of two directors.

Proxies and Proxy Solicitation

If a stockholder properly executes the enclosed proxy distributed by First Midwest, the proxies named will vote the shares represented by that proxy at the Meeting. Where a stockholder specifies a choice, the proxy will be voted in accordance with the stockholder's instructions. Where no specific direction is given, the proxies will vote the shares "FOR" the election of management's nominees for directors of First Midwest. As to any other matters presented at the Meeting, the shares for which proxies have been received will be voted in accordance with the discretion of the proxies.

Any proxy given pursuant to this solicitation or otherwise may be revoked by the stockholder giving it at any time before it is voted by delivering to the Secretary of First Midwest at the above address, on or before the taking of the vote at the Meeting, a written notice of revocation bearing a later date than the proxy or a later dated proxy relating to the same shares of common stock, par value \$.01 per share, of First Midwest (the "Common Stock"), or by attending the Meeting and voting in person. Attendance at the Meeting will not in itself constitute the revocation of a proxy.

The cost of solicitation of proxies will be borne by First Midwest. First Midwest will reimburse brokerage firms and other custodians, nominees and fiduciaries for reasonable expenses incurred by them in sending proxy materials to the beneficial owners of Common Stock. In addition to solicitation by mail, directors, officers and employees of First Midwest and the Banks may solicit proxies personally or by facsimile, telegraph or telephone, without additional compensation.

Voting Rights; Vote Required

Stockholders of record as of the close of business on December 1, 1997 (the "Voting Record Date"), will be entitled to one vote on each matter presented for a vote at the Meeting for each share of Common Stock then held. Such vote may be exercised in person or by a properly executed proxy as discussed above. Directors shall be elected by a plurality of the shares present in person or represented by proxy at the Meeting and entitled to vote on the election of directors.

With regard to the election of directors, votes may be cast in favor of or withheld from each nominee; votes that are withheld will be excluded entirely from the vote and will have no effect. Abstentions may be specified on any other proposal except the election of directors and will be counted as present for purposes of the item on which the abstention is noted. A broker non-vote (i.e., proxies from brokers or nominees indicating that such persons have not received instructions from the beneficial owners or other persons as to certain proposals on which such beneficial owners or persons are entitled to vote their shares but with respect to which the brokers or nominees have no discretionary power to vote without such instructions) will have no effect on the outcome of the election of directors. Brokers who do not receive instructions are entitled to vote on the election of directors.

Voting Securities and Principal Holders Thereof

As of the Voting Record Date, First Midwest had 2,696,889 shares of Common Stock outstanding. The following table sets forth information regarding share ownership of: (i) those persons or entities known by management to beneficially own more than five percent of First Midwest's Common Stock and (ii) all directors and officers as a group. See "Proposal I - Election of Directors" for information regarding share ownership of First Midwest's Chief Executive Officer and its Directors.

Beneficial Owners -----	Shares Beneficially Owned(1) -----	Percent of Class -----
First Midwest Financial, Inc.(2) Employee Stock Ownership Plan Fifth at Erie Storm Lake, Iowa 50588	220,825	8.19%
Mr. and Mrs. James S. Haahr(3) Fifth At Erie Storm Lake, Iowa 50588	276,045	9.77%
Directors and executive officers of First Midwest and the Bank as a group (9 persons)(4) -----	838,421	28.33%

(1) All amounts reported hereunder have been adjusted for the three for two stock split paid by First Midwest on January 2, 1997 in the form of a 50% stock dividend.

(2) The amount reported represents shares held by First Midwest Financial, Inc. Employee Stock Ownership Plan ("ESOP"), 135,745 shares of which were allocated to accounts of participants. West Des Moines State Bank, West Des Moines, Iowa, the trustee of the ESOP, may be deemed to beneficially own the shares held by the ESOP which have not been allocated to the accounts of participants.

(3) Mr. Haahr is the Chairman of the Board, President and Chief Executive Officer of First Midwest and the Banks. Mr. Haahr reported sole voting and investment power with respect to all 276,045 shares of Common Stock reported as beneficially owned by him. Included in the shares reported as beneficially owned by Mr. Haahr are options to purchase 129,532 shares of Common Stock.

(4) Includes shares held directly, as well as, jointly with family members or held by trusts, with respect to which shares the listed individuals or group members may be deemed to have sole or shared voting and investment power. Included in the shares reported as beneficially owned by all directors and executive officers are options to purchase 262,347 shares of Common Stock.

ELECTION OF DIRECTORS

General

The Board of Directors of First Midwest is currently composed of seven members and is divided into approximately three equal classes. Directors of First Midwest are generally elected to serve for a three-year term or until their respective successors are elected and qualified.

The following table sets forth certain information, as of the Voting Record Date, regarding the composition of First Midwest's Board of Directors, including each director's term of office. The Board of Directors acting as the nominating committee has recommended and approved the nominees identified in the following table. It is intended that the proxies solicited on behalf of the Board of Directors (other than proxies in which the vote is withheld as to a nominee) will be voted at the Meeting FOR the election of the nominees. If a nominee is unable to serve, the shares represented by all valid proxies will be voted for the election of such substitute nominee as the Board of Directors may recommend. At this time, the Board of Directors knows of no reason why any nominee may be unable to serve if elected. Except as disclosed herein, there are no arrangements or understandings between the nominee and any other person pursuant to which the nominee was selected.

Name -----	Age ---	Position(s) Held in First Midwest ----- Nominees	Director Since(1) -----	Term to Expire -----	Shares of Common Stock Owned(2) -----	Percent of Class -----
E. Wayne Cooley	75	Director	1985	2001	93,117	3.42%
J. Tyler Haahr(3)	34	Director, Senior Vice President, Secretary and Chief Operating Officer	1992	2001	44,421(4)	1.64%
Directors Remaining in Office						
James S. Haahr(3)	58	Chairman of the Board, President and Chief Executive Officer	1962	2000	276,045	9.77%
G. Mark Mickelson	31	Director	1997	2000	1,000	0.04%
Jeanne Partlow	64	Director	1996	2000	4,485(5)	0.17%
E. Thurman Gaskill	62	Director	1982	1999	53,914(6)	1.98%
Rodney G. Muilenburg -----	53	Director	1989	1999	123,249	4.52%

(1) Includes service as a director of First Federal.

(2) The nature of beneficial ownership for shares reported in this column is sole voting and investment power, except as otherwise noted in these footnotes. All amounts reported hereunder have been adjusted for the three for two stock split paid by First Midwest on January 2, 1997 in the form of a 50% stock dividend. Included in the shares beneficially owned by the named individuals are options to purchase shares of Common Stock as follows: Mr. Cooley - 28,764 shares; Mr. J. Tyler Haahr - 9,291 shares; Mr. James S. Haahr - 129,532 shares; Mr. Gaskill - 26,264 shares; and Mr. Muilenburg - 28,764 shares.

(3) Director J. Tyler Haahr is the son of Chairman James S. Haahr.

(4) Includes 31,708 shares as to which Mr. J. Tyler Haahr has reported shared ownership.

(5) Includes 4,485 shares as to which Ms. Partlow has reported shared ownership.

(6) Includes 26,750 shares as to which Mr. Gaskill has reported shared ownership.

The principal occupation of each director of First Midwest and each of the nominees for director is set forth below. All directors and nominees have held their present position for at least five years unless otherwise indicated.

E. Wayne Cooley - Dr. Cooley has served as Executive Secretary of the Iowa Girls' High School Athletic Union in Des Moines, Iowa since 1954. In addition, Dr. Cooley serves as Executive Vice President of the Iowa High School Speech Association. He is also a member of the Drake Relays Executive Committee, and on the Board of Directors of the Women's College Basketball Association Hall of Fame. Dr. Cooley is a member of the Buena Vista University (formerly Buena Vista College) Board of Trustees. He has served as Chairman of the Iowa Heart Association and as Vice Chairman of the Iowa Games. Dr. Cooley is a 1943 graduate of Buena Vista College in Storm Lake, Iowa, and holds honorary doctorate degrees from Buena Vista University in Storm Lake, Iowa and Morningside College in Sioux City, Iowa.

J. Tyler Haahr - Mr. Haahr is Senior Vice President, Secretary and Chief Operating Officer of First Midwest Financial, Inc.; Executive Vice President, Secretary and Chief Operating Officer of First Federal Savings Bank of the Midwest; Vice President and Secretary of First Services Financial Limited and Brookings Service Corporation; and Secretary of Security State Bank. Mr. Haahr has been employed by First Midwest and its affiliates since March 1997. He was previously a partner with the law firm of Lewis and Roca LLP, Phoenix, Arizona, and had been with the firm since 1989. He is a member of the Arizona Bar Association, the Maricopa County Bar Association and the Arizona Association of Health Care Lawyers. Mr. Haahr is the Co-chair for Buena Vista University's 1997-98 Community Campaign Fund-raising. He is a member of the Fiesta Bowl Committee and was one of the founders of the Grand Canyon State Games. Mr. Haahr received his B.S. degree with honors in 1986 at the University of South Dakota in Vermillion, South Dakota. He graduated with honors from the Georgetown University Law Center, Washington, D.C., in May 1989. J. Tyler Haahr is the son of James S. Haahr, Chairman of the Board.

James S. Haahr - Mr. Haahr is the Chairman of the Board, President and Chief Executive Officer of First Midwest Financial Inc., a position he has held since June 1993. Mr. Haahr is also Chairman of the Board of First Federal Savings Bank of the Midwest since 1990 and President and Chief Executive Officer since 1974. Mr. Haahr serves as Chairman of the Board and Chief Executive Officer of Security State Bank. He is a member of the Board of Trustees of Buena Vista University. Mr. Haahr has served in various capacities since beginning his career with the Bank in 1961. He is a member of the Board of Directors of America's Community Bankers and a member of the Savings Association Insurance Fund Industry Advisory Committee. Mr. Haahr is a former Vice Chairman of the Board of Directors of the Federal Home Loan Bank of Des Moines, former Chairman of the Iowa League of Savings Institutions, and a former director of the U.S. League of Savings Institutions. Mr. Haahr received his B.S. degree in 1962 from Buena Vista College in Storm Lake, Iowa. James S. Haahr is the father of J. Tyler Haahr, a director and executive officer of the Company.

G. Mark Mickelson - G. Mark Mickelson has served as a Vice President (Acquisitions) for Northwestern Growth Corporation in Sioux Falls, South Dakota since November 1996. Northwestern Growth Corporation is the unregulated investment subsidiary of Northwestern Public Service (NYSE: NPS). Previously, Mr. Mickelson was employed as an executive officer of Hegg Companies in Sioux Falls, South Dakota. Mr. Mickelson received his undergraduate degree in Business Administration from the University of South Dakota in Vermillion, South Dakota in 1988. He graduated with high honors from Harvard Law School in 1993 and is also a Certified Public Accountant. Mr. Mickelson is involved in a number of local charities, including serving on the board of the Sioux Falls Y.M.C.A.

Jeanne Partlow - Mrs. Partlow is President of the Iowa Savings Bank Division of First Federal, located in Des Moines Iowa. She was President, Chief Executive Officer and Chairman of the Board of Iowa Savings Bank, F.S.B. from 1987 until it was acquired by and became a division of First Federal in December 1995. Mrs. Partlow is a past member of the Board of Directors of the Federal Home Loan Bank of Des Moines. She has over 30 years of bank management experience.

E. Thurman Gaskill - Since 1958, Mr. Gaskill has owned and operated a grain farming operation located near Corwith, Iowa. Mr. Gaskill has served as a commissioner with the Iowa Department of Economic Development and also as a commissioner with the Iowa Department of Natural Resources. He has served as President of the National Corn Growers Association, Chairman of the United States Feed Grains Council and in numerous other agricultural positions. Recognized for his outstanding contributions to the industry, he has been named to the Agricultural Hall of Fame at Iowa State University in Ames, Iowa.

Rodney G. Muilenburg - Mr. Muilenburg is employed as a dairy specialist with Purina Mills, Inc., and supervises the sale of agricultural products in a region which encompasses northwest Iowa, northeast Nebraska, eastern South Dakota and southwest Minnesota. Mr. Muilenburg has been a member of Purina Mills' General Sales Advisory Board since 1986. In 1991 he was certified by Purina Mills in Agri-business management. Mr. Muilenburg received a B.A. degree in Biological Science from Northwestern College, Orange City, Iowa in 1966; an M.A. degree in secondary school education from Mankato State University, Mankato, Minnesota in 1973; and a specialist degree in secondary school administration from Mankato State University, Mankato, Minnesota in 1975.

Meetings and Committees of the Boards of Directors

Meetings and Committees of First Midwest. Meetings of the Board of Directors are generally held on a monthly basis. The Board of Directors met 12 times during fiscal 1997. During fiscal 1997, no incumbent director of First Midwest attended fewer than 75% of the aggregate of the total number of Board meetings and the total number of meetings held by the committees of the Board of Directors on which they served.

The Board of Directors of First Midwest has standing Audit-Compensation/Personnel ("ACP") and Stock Option Committees. First Midwest does not have a standing executive committee.

The ACP Committee recommends the selection of independent auditors to the Board, reviews the results of the auditors' services, reviews with management and the internal auditors the systems of internal control and internal audit reports and assures that the books and records of the Company are kept in accordance with applicable accounting principles and standards. In addition, the committee meets annually to make salary recommendations and administer the Recognition and Retention Plan. The members of the ACP Committee are Directors Cooley, Gaskill and Muilenburg. This Committee met three times during fiscal 1997.

The Stock Option Committee is composed of Directors Cooley, Mickelson and Muilenburg. This committee is responsible for administering First Midwest's 1993 and 1995 Stock Option and Incentive Plans (collectively, the "Stock Option Plans"). This committee met twice during fiscal 1997.

The entire Board of Directors acts as a nominating committee for selecting nominees for election as directors. Nominations of persons for election to the Board of Directors may be made only by or at the direction of

the Board of Directors or by any stockholder entitled to vote for the election of directors who complies with the notice procedures set forth in the Bylaws of First Midwest. Pursuant to the Bylaws, nominations by stockholders must be delivered in writing to the Secretary of First Midwest at least 30 days prior to the date of the annual meeting.

Directors Fees

During fiscal 1997 all directors of First Midwest received a retainer fee of \$3,000 per year. The directors of First Midwest (except for Director Partlow) also serve as directors of either one or both of the Banks. Non-employee directors of First Federal were paid a fee of \$6,000 per year plus \$500 for each regular meeting attended, and \$200 for each committee meeting attended, with the exception of the Nominating Committee members, who receive no fee for service on such committee. Non-employee directors of Security were paid a fee of \$300 for each regular meeting attended and \$100 for each committee meeting attended, with the exception of the Nominating Committee members, who receive no fee for service on such committee. Board members who are employees of the Banks received no fee for their service on the Banks' Boards, or their respective committees.

Executive Compensation

The following table sets forth information regarding the compensation of First Midwest's Chief Executive Officer and each other executive officer of the Company whose aggregate salary and bonus exceeded \$100,000 during fiscal 1997 (collectively, the "Named Officers").

SUMMARY COMPENSATION TABLE

Name and Principal Position -----	Year ----	Annual Compensation -----			Long Term Compensation Awards -----		
		Salary (\$) ---	Bonus (\$) ---	Other Annual Compensation (\$) ---	Restricted Stock Award(s) (\$) ---	Options/ SARs (#) ---	All Other Compensation (\$) ---
James S. Haahr Chairman of the Board, President and Chief Executive Officer	1997	\$180,000(1)	\$56,000	---	---	5,250	\$ 33,011(2)
	1996	180,000(1)	45,500	---	---	23,250	24,883
	1995	155,000(1)	30,000	---	---	1,575	40,328
J. Tyler Haahr(3) Senior Vice President, Chief Operating Officer and Secretary	1997	80,662(4)	22,400	\$35,587(5)	---	39,600	887(6)
Fred A. Stevens President of Storm Lake Division of First Federal	1997	105,000	33,600	---	---	3,150	21,277(7)
	1996	105,000	27,300	---	---	5,025	15,519
	1995	97,000	19,400	---	---	1,018	25,379
Donald J. Winchell Vice President, Chief Financial Officer and Treasurer	1997	103,000	32,960	---	---	3,090	20,754(8)
	1996	103,000	26,780	---	---	10,215	14,949
	1995	90,000	18,000	---	---	945	23,503

(1) Includes \$2,000 of compensation deferred in fiscal 1995 ,1996 and 1997 pursuant to the deferred compensation agreement entered into in 1980 between Mr. Haahr and First Federal and \$3,000 paid to Mr. Haahr in fiscal 1995, 1996 and 1997 for service as a director of the Company.

(2) Includes contributions by First Federal on behalf of Mr. Haahr for fiscal 1997 of \$23,096 under the ESOP and \$9,159 under First Federal's Benefit Equalization Plan. This amount also includes \$756 of life insurance premiums paid on behalf of Mr. Haahr by First Federal for fiscal 1997.

(3) Mr. Haahr joined the Company as an employee in March 1997.

(4) Includes \$3,000 paid to Mr. Haahr for service as a director of the Company and \$8,200 paid to Mr. Haahr for service as a director of the Banks during fiscal 1997.

(5) Includes \$10,634 in reimbursed relocation expenses and \$24,688 in real estate fees paid on the sale of Mr. Haahr's residence in connection with his employment with the Company. No other amounts required to be reported hereunder individually exceeds 25% of the value of the total amount reported.

(6) Includes \$252 of life insurance premiums paid on behalf of Mr. Haahr by First Federal and \$635 of sales commissions earned by Mr. Haahr.

(7) Includes contributions by First Federal on behalf of Mr. Stevens for fiscal 1997 of \$20,823 under the ESOP and \$454 of life insurance premiums.

(8) Includes contributions by First Federal on behalf of Mr. Winchell for fiscal 1997 of \$20,309 under the ESOP and \$445 of life insurance premiums.

The following table sets forth certain information concerning stock options granted during fiscal 1997 to the Named Officers.

OPTION GRANTS IN LAST FISCAL YEAR

Name -----	Individual Grants(1)				Potential Realizable Value at Assumed Annual Rates of Stock Appreciation for Option Terms(2)	
	Number of Securities Underlying Options Granted (#)	% of Total Options Granted to Employees in Fiscal Year	Exercise or Base Price (\$/Sh)	Expiration Date	5% (\$)	10% (\$)
James S. Haahr	5,250	7.5%	\$20.125	09-30-07	\$ 66,439	\$ 168,394
J. Tyler Haahr	37,500	53.6	17.375	03-25-07	409,688	1,038,563
	2,100	3.0	20.125	09-30-07	26,576	67,358
Fred A. Stevens	3,150	4.5	20.125	09-30-07	39,863	101,036
Donald J. Winchell	3,090	4.4	20.125	09-30-07	39,104	99,112

(1) All the options set forth in this table vested as of the date of the grant, except for the options to purchase 37,500 shares of Common Stock granted to J. Tyler Haahr which vest in four equal annual installments commencing March 25, 1998.

(2) Represents the potential realizable value of the option grant assuming that the market price of the underlying security appreciates in value from the date of the grant to the end of the option term (10 years) at the annualized rates as set forth in the table above.

The following table provides information as to the value of the options held by the Named Officers on September 30, 1997. To date, no stock appreciation rights have been granted by First Midwest.

AGGREGATE OPTION EXERCISES IN LAST FISCAL YEAR AND FY-END OPTION VALUES

Name	Shares Acquired on Exercise (#)	Value Realized (\$)	Number of Unexercised Options at FY-End (#)		Value of Unexercised In-the-Money Options at FY-End (\$) (1)	
			Exercisable (#)	Unexercisable (#)	Exercisable (\$)	Unexercisable (\$)
-----	-----	-----	-----	-----	-----	-----
James S. Haahr	3,000	\$ 28,250	131,632	---	\$1,485,950	---
J. Tyler Haahr	21,573	203,145	9,291	37,500	96,779	\$103,125
Fred A. Stevens	3,300	31,625	18,400	---	153,653	---
Donald J. Winchell	2,100	19,775	24,732	---	194,710	---
-----	-----	-----	-----	-----	-----	-----

(1) Represents the aggregate market value (market price of the Common Stock less the exercise price) of the option granted based upon the average of the closing bid and the asked price of \$20.125 per share of the Common Stock as reported on The Nasdaq Stock Market on September 30, 1997.

Employment Agreements

First Federal has employment agreements with the Named Officers. The employment agreements are designed to assist the Company in maintaining a stable and competent management team. The continued success of the Company depends, to a significant degree, on the skills and competence of their officers. Each employment agreement provides for annual base salary in an amount not less than the employee's current salary and a term of three years. Each agreement provides for extensions of one year, in addition to the then-remaining term under the agreement, on each anniversary of the effective date of the agreement, subject to a formal performance evaluation performed by disinterested members of the Board of Directors of First Federal. The agreements terminate upon such Named Officer's death, for cause, in certain events specified by OTS regulations, or by such Named Officer upon 90 days notice to First Federal. For the year ended September 30, 1997, the disinterested members of First Federal's Board of Directors authorized one year extensions of the Named Officers' employment agreements.

Each employment agreement provides for payment to the employee of the greater of his salary for the remainder of the term of the agreement, or 299% of the employee's base compensation, in the event there is a "change in control" of First Federal where employment terminates involuntarily in connection with such change in control or within 12 months thereafter. This termination payment is subject to reduction by the amount of all other compensation to the employee deemed for purposes of the Internal Revenue Code of 1986, as amended (the "Code"), to be contingent on a "change in control", and may not exceed three times the employee's average annual compensation over the most recent five year period or be non-deductible by the Company for federal income tax purposes. For the purposes of the employment agreements, a change in control is defined as any event which would require the filing of an application for acquisition of control or notice of change in control pursuant to 12 C.F.R. ss. 574.3 or ss. 574.4, respectively. Such events are generally triggered prior to the acquisition or control of 10% of First Midwest's Common Stock. Each agreement also guarantees participation in an equitable manner in employee benefits applicable to executive personnel.

Based on their current salaries, if employment of Messrs. J. Haahr, T. Haahr, Stevens and Winchell had been terminated as of September 30, 1997, under circumstances entitling them to benefits pay as described above, they would have been entitled to receive lump sum cash payments of approximately \$903,000, \$663,000, \$655,000 and \$621,000, respectively.

Compensation Committee Interlocks and Insider Participation

Compensation of the executive officers of the Company is currently determined by the ACP Committee of First Federal and the Stock Option Committee of the Company. Directors Cooley, Mickelson and Muilenburg are the current members of these two committees. All decisions by the ACP Committee relating to the cash compensation of executive officers are reviewed by the full Board, except that Board members who are also executive officers do not participate in deliberations regarding their respective compensation. See "Compensation Committee Report on Executive Compensation" below.

Compensation Committee Report on Executive Compensation

First Midwest has not paid any cash compensation to its executive officers since its formation. All executive officers of First Midwest also currently hold positions with First Federal and receive cash compensation from First Federal. The function of administering the executive compensation policies of First Federal is currently performed by the ACP Committee of the Board of Directors of First Federal, consisting of Directors Cooley, Mickelson and Muilenburg. All decisions by the ACP Committee relating to the cash compensation of First Federal's executive officers are reviewed by the full Board of First Federal, except that Board members who are also executive officers do not participate in deliberations regarding their respective compensation.

Awards granted under First Midwest's Stock Option Plans are made solely by the Stock Option Committee.

Overview and Philosophy

The ACP Committee has developed and implemented an executive compensation program that is based on guiding principles designed to align executive compensation with the values and objectives, business strategy, management initiatives, and the business and financial performance of the Company. In applying these principals, the ACP Committee has established a program to:

Support a performance-oriented environment that rewards performance not only with respect to the Company's goals, but also the Company's performance as compared to that of industry performance levels;

Attract and retain key executives critical to the long-term success of the Company;

Integrate compensation programs with both the Company's annual and long-term strategic planning and measuring processes; and

Reward executives for long-term strategic management and the enhancement of shareholder value.

Furthermore, in making compensation decisions, the ACP Committee focuses on the individual contributions of executive officers to the Company. The ACP Committee uses its discretion to set executive compensation where, in its judgement, external, internal or an individual's circumstances warrant it. The ACP Committee also periodically reviews the compensation policies of other similarly situated companies, as set forth in various industry publications, to determine whether the Company's compensation decisions are competitive within its industry.

Executive Officer Compensation Program

The executive officer compensation program is comprised of base salary, annual incentive bonuses, long-term incentive compensation in the form of stock options and restricted stock awards, and various benefits, including medical and retirement plans generally available to employees of the Banks.

Base Salary. Base salary levels for executive officers are competitively set relative to other publicly traded banking and thrift companies. In determining base salaries, the ACP Committee also takes into account individual experience and performance and specific issues particular to the Company.

Annual Incentive Bonuses. Executive officers are paid an annual incentive bonus, which is determined as a percentage of such executive officers' base salary, if the Company's targeted goals (including its targeted goals for return on assets, return on equity, asset quality and interest rate risk exposure) established at the beginning of the year are met and certain safety and soundness standards at the Bank level are maintained.

Stock Benefit Plans. The Stock Option Plans are the Company's long-term incentive plans for directors, officers and employees. The objective of the program is to align executive and shareholder long-term interests by creating a strong and direct link between executive pay and the Company's performance, and to enable executives to develop and maintain a significant, long-term stock ownership position in the Company's Common Stock. Awards are made at a level calculated to be competitive with other publicly traded banking and thrift companies.

Chief Executive Officer Compensation

Mr. James S. Haahr was appointed to the position of President and Chief Executive Officer of First Federal in 1974 and Chairman in 1990, and has also served in such capacities with the Company since its inception in 1993. Mr. Haahr's fiscal 1998 base salary is approximately \$175,000 per year, subject to

such adjustments in future years as shall be determined by the ACP Committee. Mr. Haahr's base salary for fiscal 1997 was approximately \$175,000. The ACP Committee determined to maintain Mr. Haahr's current year base salary at the same level as last year due to the Company's continued focus on incentive-based compensation, with the use of long-term incentive awards as an integral part of the overall compensation program.

Mr. Haahr was awarded a cash bonus in September 1997 of approximately \$56,000 and was granted a long-term incentive award consisting of options to purchase 5,250 shares of the Company's Common Stock. These awards were determined by the ACP Committee after consideration of Mr. Haahr's contribution to the Company's fiscal 1997 performance relative to predetermined targeted goals for return on equity, return on assets, asset quality and interest rate risk exposure, and in recognition of Mr. Haahr's anticipated future performance.

In 1993, Section 162(m) was added to the Internal Revenue Code, the effect of which is to eliminate the deductibility of compensation over \$1 million, with certain exclusions, paid to each of certain highly compensated executive officers of publicly held corporations, such as the Company. Section 162(m) applies to all remuneration (both cash and non-cash) that would otherwise be deductible for tax years beginning on or after January 1, 1994, unless expressly excluded. Because the current compensation of each of the Company's and the Bank's executive officers is well below the \$1 million threshold, the Company has not yet considered its policy regarding the new provision.

The foregoing report is furnished by the members of the Audit-Compensation\Personnel Committee and Stock Option Committee of the Board of Directors of the Company.

E Wayne Cooley G. Mark Mickelson Rodney G. Muilenberg

Shareholder Return Performance Presentation

The line graph below compares the cumulative total shareholder return on the Company's Common Stock to the cumulative total return of a broad index of the Nasdaq Market and a savings and loan industry index for the period commencing on September 20, 1993 (the date the Company became a public company) through September 30, 1997.

[GRAPHIC-GRAPH PLOTTED TO POINTS LISTED BELOW]

	09/20/93	09/30/93	09/30/94	09/30/95	09/30/96	09/30/97
	-----	-----	-----	-----	-----	-----
First Midwest Financial, Inc.....	\$100.00	\$106.78	\$106.78	\$138.04	\$170.65	\$214.18
Selected Thrift Index.....	100.00	100.00	105.04	135.01	162.16	275.17
Nasdaq Market Index.....	100.00	100.00	105.82	128.48	150.00	203.88

Certain Transactions

The Banks have followed a policy of granting loans to eligible directors, officers, employees and members of their immediate families for the financing of their personal residences and for consumer purposes. As of September 30, 1997, all loans or extensions of credit to executive officers and directors were made on substantially the same terms, including interest rates and collateral, as those prevailing at the time for comparable transactions with the general public and do not involve more than the normal risk of repayment or present other unfavorable features.

Section 16(a) Beneficial Ownership Reporting Compliance

Section 16(a) of the Securities Exchange Act of 1934, as amended (the "Exchange Act") requires First Midwest's directors and executive officers, and persons who own more than 10% of a registered class of First Midwest's equity securities, to file with the SEC initial reports of ownership and reports of changes in ownership of First Midwest common stock and other equity securities of First Midwest by the tenth of the month following a change. Officers, directors and greater than 10% stockholders are required by SEC regulations to furnish First Midwest with copies of all Section 16(a) forms they file.

To First Midwest's knowledge, based solely on a review of the copies of such reports furnished to First Midwest and written representations that no other reports were required during the fiscal year ended September 30, 1997, all Section 16(a) filing requirements applicable to its officers, directors and greater than 10 percent beneficial owners were complied with.

INDEPENDENT AUDITORS

The Company's independent auditors are Crowe, Chizek and Company LLP. Representatives of Crowe, Chizek and Company LLP are expected to attend First Midwest's Annual Meeting to respond to appropriate questions and to make a statement if they so desire.

STOCKHOLDER PROPOSALS

In order to be eligible for inclusion in the First Midwest's proxy materials for the next Annual Meeting of Stockholders, any stockholder proposal to take action at such meeting must be received at First Midwest's main office, Fifth at Erie, Storm Lake, Iowa no later than August 17, 1998. Any such proposal shall be subject to the requirements of the proxy rules adopted under the Exchange Act.

OTHER MATTERS

The Board of Directors is not aware of any business to come before the Meeting other than those matters described above in this Proxy Statement. However, if any other matter should properly come before the Meeting, it is intended that holders of the proxies will act in accordance with their best judgment.

**REVOCABLE PROXY
FIRST MIDWEST FINANCIAL, INC.**

[] PLEASE MARK VOTES AS IN THIS EXAMPLE

**ANNUAL MEETING OF STOCKHOLDERS
JANUARY 26, 1998**

The undersigned hereby appoints the members of the Board of Directors of First Midwest Financial, Inc. (the "Company"), and its survivor, with full power of substitution, to act as attorneys and proxies for the undersigned to vote all shares of common stock of the Company which the undersigned is entitled to vote at the Annual Meeting of Stockholders (the "Meeting"), to be held on January 26, 1998 at the Company's main office located at Fifth at Erie, Storm Lake, Iowa, at 1:00 P.M. local time, and at any and all adjournments thereof, as follows:

1. The election of E. Wayne Cooley and J. Tyler Haahr as directors for terms of three years.

[] FOR [] WITHHOLD [] EXCEPT

INSTRUCTIONS: To vote for all nominees mark the box "FOR" with an "X". To withhold your vote for all nominees mark the box "WITHHOLD" with an "X". To withhold your vote for an individual nominee mark the box "FOR ALL EXCEPT" with an "X" and write the name of the nominee on the line provided below for whom you wish to withhold your vote.

In their discretion, the proxies are authorized to vote on any other business that may properly come before the Meeting or any adjournment thereof.

The Board of Directors recommends a vote "FOR" the listed proposal.

**THIS PROXY IS SOLICITED ON BEHALF OF
THE BOARD OF DIRECTORS**

THIS PROXY WILL BE VOTED AS DIRECTED, BUT IF NO INSTRUCTIONS ARE SPECIFIED, THIS PROXY WILL BE VOTED FOR THE STATED PROPOSAL. IF ANY OTHER BUSINESS IS PRESENTED AT SUCH MEETING, THIS PROXY WILL BE VOTED BY THOSE NAMED IN THIS PROXY IN THEIR BEST JUDGMENT. AT THE PRESENT TIME, THE BOARD OF DIRECTORS KNOWS OF NO OTHER BUSINESS TO BE PRESENTED AT THE MEETING.

The stockholder acknowledges receipt from the Company, prior to the execution of this Proxy, of Notice of the Meeting, a Proxy Statement dated on or about December 15, 1997 and the Company's Annual Report to Stockholders for the fiscal year ended September 30, 1997.

Please sign exactly as your name appears on this proxy card. When signing as attorney, executor, administrator, trustee or guardian, please give your full title. If shares are held jointly, each holder should sign.

Date

Stockholder sign above

Co-holder (if any) sign above

Detach above card, sign, date and mail in postage paid envelope provided.

FIRST MIDWEST FINANCIAL, INC.

This proxy may be revoked at any time before it is voted by delivering to the Secretary of the Company, on or before the taking of the vote at the Meeting, a written notice of revocation bearing a later date than the proxy or a later dated proxy relating to the same shares of Company common stock, or by attending the Meeting and voting in person. Attendance at the Meeting will not in itself constitute the revocation of a proxy. Any written notice revoking this proxy should be delivered to Fred A. Stevens, Secretary, First Midwest Financial, Inc., Fifth at Erie, Storm Lake, Iowa 50588. If this proxy is properly revoked as described above, then the power of such attorneys and proxies shall be deemed terminated and of no further force and effect.

PLEASE ACT PROMPTLY

SIGN, DATE & MAIL YOUR PROXY CARD TODAY

End of Filing

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