#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SCHEDULE 14A (Rule 14a-101)

# INFORMATION REQUIRED IN PROXY STATEMENT SCHEDULE 14A INFORMATION

Proxy Statement Pursuant to Section 14(a) of the Securities Exchange Act of 1934

ile	d by a l	e Registrant ⊠ Party other than the Registrant □					
		appropriate box:					
		minary Proxy Statement  idential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2))					
	Defin	nitive Proxy Statement					
◁		nitive Additional Materials					
	Solic	iting Material Pursuant to Section 240.14a-12					
	FIESTA RESTAURANT GROUP, INC.						
		(Name of Registrant as Specified in its Charter)					
(Name of Person(s) Filing Proxy Statement if other than the Registrant)							
ayı	nent of	Filing Fee (Check the appropriate box):					
$\leq$	No fe	ee required.					
	Fee computed on table below per Exchange Act Rules 14a-6(i)(1) and 0-11.						
	1)	Title of each class of securities to which transaction applies:					
	2)	Aggregate number of securities to which transaction applies:					
	3)	Per unit price or other underlying value of transaction computed pursuant to Exchange Act Rule 0-11 (Set forth the amount on which the filing fee is calculated and state how it was determined):					
	4)	Proposed maximum aggregate value of transaction:					
	5)	Total fee paid:					
7	Б						
	Fee paid previously with preliminary materials.						
	Check box if any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for which the offsetting fee was paid previously. Identify the previous filing by registration statement number, or the Form or Schedule and the date of its filing.						
	1)	Amount Previously Paid:					
	2)	Form, Schedule or Registration Statement No.:					
	3)	Filing Party:					
	4)	Date Filed:					

## \*\*\* Exercise Your *Right* to Vote \*\*\*

Important Notice Regarding the Availability of Proxy Materials for the Stockholder Meeting to Be Held on April 29, 2020.

#### FIESTA RESTAURANT GROUP, INC.



RESTA RESTAURANT GROUP, INC. ATTIV: LOUIS DIPIETRO, SVP CLD, GC, SECRETARY 1400 LANDMARK BOULEVARD, SUITE 500 DALLAS, TX 75254

#### **Meeting Information**

Meeting Type: Annual Meeting For holders as of: March 2, 2020

Date: April 29, 2020 Time: 9:00 AM, EDT Location: JW Marriott Marquis Miami Hotel

255 Biscayne Blvd Way Miami, FL 33131

You are receiving this communication because you hold shares in the company named above.

This is not a ballot. You cannot use this notice to vote these shares. This communication presents only an overview of the more complete proxy materials that are available to you on the Internet. You may view the proxy materials online at www.proxyvote.com or easily request a paper copy (see reverse side).

We encourage you to access and review all of the important information contained in the proxy materials before voting.

See the reverse side of this notice to obtain proxy materials and voting instructions.

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#### Proxy Materials Available to VIEW or RECEIVE:

NOTICE AND PROXY STATEMENT FORM 10-K

#### How to View Online:

Before You Vote

#### How to Request and Receive a PAPER or E-MAIL Copy:

If you want to receive a paper or e-mail copy of these documents, you must request one. There is NO charge for requesting a copy. Please choose one of the following methods to make your request:

1) BY INTERNET: www.proxyvote.com 2) BY TELEPHONE: 1-800-579-1639

3) BY E-MAIL\*: sendmaterial@proxyvote.com

Requests, instructions and other inquiries sent to this e-mail address will NOT be forwarded to your investment advisor. Please make the request as instructed above on or before April 15, 2020 to facilitate timely delivery.

### — How To Vote —

Please Choose One of the Following Voting Methods

**Vote In Person:** Many stockholder meetings have attendance requirements including, but not limited to, the possession of an attendance ticket issued by the entity holding the meeting. Please check the meeting materials for any special requirements for meeting attendance. At the meeting, you will need to request a ballot to vote these shares.

Vote By Internet: To vote now by Internet, go to www.proxyvote.com. Have the information that is printed in the box marked by the arrow → XXXX XXXX XXXX XXXX (located on the following page) available and follow the instructions.

Vote By Mail: You can vote by mail by requesting a paper copy of the materials, which will include a proxy card.

#### Voting Items

## The Board of Directors recommends you vote FOR the following:

 To elect the following Directors of Fiesta Restaurant Group, Inc.:

#### Nominees

- 1a. Stacey Rauch
- 1b. Nicholas Daraviras
- 1c. Stephen Elker
- 1d. Brian Friedman
- 1e. Nicholas Shepherd
- 1f. Richard Stockinger
- 1g. Paul Twohig
- 1h. Sherrill Kaplan
- 1i. Andrew Rechtschaffen

### The Board of Directors recommends you vote FOR proposals 2, 4 and 5 and for 1 YEAR on proposal 3.

- To adopt, on an advisory basis, a non-binding resolution approving the compensation of the Company's Named Executive Officers, as described in the Proxy Statement under "Executive Compensation".
- To select, on an advisory basis, the frequency of the advisory stockholder vote on the compensation of the Company's Named Executive Officers.
- To ratify the appointment of Deloitte & Touche LLP as the independent registered public accounting firm of Fiesta Restaurant Group, Inc. for the 2020 fiscal year.
- To consider and act upon such other matters as may properly come before the 2020 Annual Meeting.

NOTE: The shares represented by this proxy, wherproperly executed, will be voted in the manner directed
herein by the undersigned stockholder(s). If no such
direction is made, this proxy will be voted FOR items
1, 2, 4 and 5 and for 1 YEAR on proposal 3. If any
other matters properly come before the meeting, the
stockholder(s) named in this proxy will vote in their
discretion. These items of business are more fully
described in the Proxy Statement. Only stockholders
of record on March 2, 2020 may vote at the meeting
or any adjournment thereof. To vote by Internet, go
to www.proxyvote.com.