## UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

## **SCHEDULE 14A**

(Rule 14a-101)

## **SCHEDULE 14A INFORMATION**

Proxy Statement Pursuant to Section 14(a) of the Securities Exchange Act of 1934

Filed	by the Regis	trant ☑		
Filed	l by a Party of	ther than the Registrant □		
Chec	k the approp	riate box:		
	ж ше арргорі	Preliminary Proxy Statement  Confidential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2))  Definitive Proxy Statement  Definitive Additional Materials  Soliciting Material Pursuant to §240.14a-12  CASTLIGHT HEALTH, INC.		
		(Name of Registrant as Specified In Its Charter)		
Paym	nent of Filing	(Name of Person(s) Filing Proxy Statement, if other than the Registrant)  Fee (Check the appropriate box):		
☑	No fee requ	the required computed on table below per Exchange Act Rules 14a-6(i)(1) and 0-11.		
	1)	Title of each class of securities to which transaction applies:		
	2)	Aggregate number of securities to which transaction applies:		
	3)	Per unit price or other underlying value of transaction computed pursuant to Exchange Act Rule 0-11 (set forth the amount on which the filing fee is calculated and state how it was determined):		
	4)	Proposed maximum aggregate value of transaction:		
	5)	Total fee paid:		
	Check box i	eviously with preliminary materials.  If any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for which the offsetting fee was paid previously. Identify is filing by registration statement number, or the Form or Schedule and the date of its filing.		
	1)	Amount Previously Paid:		
-	2)	Form, Schedule or Registration Statement No.		
	3)	Filing Party:		
	4)	Date Filed:		

## CASTLIGHT HEALTH, INC.

To Be Held On:

June 5, 2019 at 9:00 a.m.

150 Spear Street, Suite 400, San Francisco, CA 94105

COMPANY NUMBER	
ACCOUNT NUMBER	
CONTROL NUMBER	

This is not a ballot. You cannot use this notice to vote your shares. This communication presents only an overview of the more complete proxy materials that are available to you on the Internet. We encourage you to access and review all of the important information contained in the proxy materials before voting.

Please visit http://www.astproxyportal.com/ast/18865/, where the following materials are available for view:

- · Notice of Annual Meeting of Stockholders
- Proxy Statement
   Form of Electronic Proxy Card
- · Annual Report on Form 10-K

If you want to receive a paper or e-mail copy of the proxy materials you must request one. There is no charge to you for requesting a copy. To facilitate timely delivery please make the request as instructed below before May 26, 2019.

TO REQUEST MATERIAL: TELEPHONE: 888-Proxy-NA (888-776-9962) 718-921-8562 (for international callers)

E-MAIL: info@astfinancial.com

WEBSITE: https://us.astfinancial.com/OnlineProxyVoting/ProxyVoting/RequestMaterials

TO VOTE:



ONLINE: To access your online proxy card, please visit http://www.astproxyportal.com/ast/18865/ and follow the on-screen instructions or scan the QR code with your smartphone. You may enter your voting instructions at www.voteproxy.com up until 11:59 PM Eastern Time the day before the cut-off or meeting date.

IN PERSON: You may vote your shares in person by attending the Annual Meeting.

TELEPHONE: Call toll-free 1-800-PROXIES (1-800-776-9437) in the United States or 1-718-921-8500 from

foreign countries from any touch-tone telephone and follow the instructions. MAIL: You may request a card by following the instructions above.

Proposals to be voted on at the meeting are listed below along with the Board of Directors' recommendations.

To elect three Class if directors of Castight Health, Inc. each to serve until the flaid annual meeting of stockholders following this meeting and until his or her successor has been selected and qualified or until his or her sartier resignation or removal.
 To ratify the appointment of Emat & Young LLP as our independent registered public accounting film for the fiscal year ending December 31, 2019.

Class II director Class II director

THE BOARD OF DIRECTORS RECOMMENDS A VOTE "FOR" THE ELECTION OF DIRECTORS AND "FOR" PROPOSAL 2.

Please note that you cannot use this notice to vote by mail.