

**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION**
Washington, D.C. 20549

FORM 8-K

Current Report Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

August 28, 2016

Date of Report (Date of earliest event reported)

CASTLIGHT HEALTH, INC.

(Exact name of registrant as specified in its charter)

Delaware
(State or other jurisdiction of
incorporation or organization)

001-36330
(Commission File Number)

26-1989091
(I.R.S. Employer
Identification Number)

150 Spear Street, Suite 400
San Francisco, CA 94105
(Address of principal executive offices)

(415) 829-1400
(Registrant's telephone number, including area code)

Not Applicable
(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
-

Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Directors.

(d)

On August 28, 2016, upon the recommendation of the Nominating and Governance Committee, the Board of Directors (“**Board**”) of Castlight Health, Inc. (“**Company**”) approved the appointment of Kenny Van Zant to the Board effective immediately. Mr. Van Zant will serve as a Class I director whose current term will expire at the Company’s 2018 Annual Meeting of Stockholders when the Class I directors will next be elected by the Company’s stockholders.

There are no arrangements or understandings between Mr. Van Zant and any other persons pursuant to which Mr. Van Zant was named as a director. Mr. Van Zant is not a party to any transaction required to be disclosed pursuant to Item 404(a) of Regulation S-K.

Mr. Van Zant’s compensation shall be consistent with the Company’s policy for incoming non-employee directors, which provides for (i) an annual cash retainer paid quarterly as described in more detail in the Company’s definitive proxy statement filed with the U.S. Securities and Exchange Commission on April 29, 2016, (ii) an initial award upon such individual’s first appointment to the Board, consisting of RSUs to acquire shares of Class B common stock calculated by dividing \$210,000 by the closing price of the Class B Common stock on the date of grant of the RSUs, and (iii) an annual equity award consisting of RSUs to acquire shares of Class B common stock calculated by dividing \$140,000 by the closing price of the Class B Common stock on the date of grant of the RSUs.

In connection with his appointment to the Board, Mr. Van Zant will execute the Company’s standard form of indemnification agreement for directors.

On August 29, 2016, the Company issued a press release announcing the appointment of Mr. Van Zant to the Board, a copy of which is attached hereto as Exhibit 99.1.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit	Description
99.1	Press Release, dated August 29, 2016, entitled "Technology Industry Leader Kenny Van Zant Joins Castlight Health Board of Directors"

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: August 29, 2016

CASTLIGHT HEALTH, INC.

By: /s/ Siobhan Nolan Mangini

Siobhan Nolan Mangini

Chief Financial Officer

EXHIBIT INDEX

Exhibit	Description
99.1	Press Release, dated August 29, 2016, entitled "Technology Industry Leader Kenny Van Zant Joins Castlight Health Board of Directors"

Technology Industry Leader Kenny Van Zant Joins Castlight Health Board of Directors

SAN FRANCISCO - August 29, 2016 - Castlight Health, Inc. (NYSE: CSLT), a leading health benefits platform provider, today announced that technology industry leader Kenny Van Zant has joined its Board of Directors. Bryan Roberts, PhD, co-founder of Castlight and general partner at Venrock, remains Castlight's Chairman of the Board.

Most recently, Kenny Van Zant was the Head of Business at Asana, the creator of cloud-based SaaS project management tools, where he led all business functions, including sales, marketing, customer support and finance. Prior to his role at Asana, Van Zant was the Senior Vice President, Chief Product Strategist at SolarWinds, where he led marketing and products. He has also held business and marketing leadership roles at Motive, BroadJump and Cisco Systems. He serves as an advisor at Group Gift Service, Inc., Docker, Inc., OneLogin, Inc. and Pantheon Systems, Inc.

"I'm thrilled to welcome Kenny to our Board. He brings world-class product marketing and sales expertise, which will be an invaluable resource to our team. I am confident that his leadership will help support us in our mission to empower people to make the best choices for their health, and help companies make the most of their health benefits," said Giovanni Colella, M.D., co-founder and CEO of Castlight Health.

"There is tremendous potential in applying technology to help tackle the many problems in our dysfunctional healthcare system, and Castlight is at the forefront of innovation in this space," said Van Zant. "It is a great honor to join the Castlight board and I look forward to working closely with their leadership team."

About Castlight Health

Our mission is to empower people to make the best choices for their health and to help companies make the most of their health benefits. We offer a health benefits platform that engages employees to make better healthcare decisions and can guide them to the right program, care, and provider. The platform also enables benefit leaders to communicate and measure their programs while driving employee engagement with targeted, relevant communications. Castlight has partnered with enterprise customers,

spanning millions of lives, to improve healthcare outcomes, lower costs, and increase benefits satisfaction.

For more information visit www.castlighthhealth.com. Follow us on [Twitter](#) and [LinkedIn](#) and Like us on [Facebook](#).

Copyright 2016 Castlight Health, Inc. *Castlight Health*® is the registered trademark of Castlight Health, Inc. Other company and product names may be trademarks of the respective companies with which they are associated.

Media Contact :

Jim Rivas

press@castlighthealth.com

415-829-1568