

# FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL  
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[ ] Check this box if no longer  
subject to Section 16. Form 4 or  
Form 5 obligations may  
continue. See Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or  
Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
<b>Nolan Mangini Siobhan</b>	<b>CASTLIGHT HEALTH, INC. [ CSLT ]</b>	<input type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below) <b>President</b>
(Last) (First) (Middle)	3. Date of Earliest Transaction (MM/DD/YYYY)	
<b>C/O CASTLIGHT HEALTH, INC., 150 SPEAR ST., SUITE 400</b>	<b>11/16/2019</b>	
(Street)	4. If Amendment, Date Original Filed (MM/DD/YYYY)	6. Individual or Joint/Group Filing (Check Applicable Line)
<b>SAN FRANCISCO, CA 94105</b>		<input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person
(City) (State) (Zip)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Class B Common Stock	11/16/2019		M		2500	A	\$0	320556	D	
Class B Common Stock	11/16/2019		M		1875	A	\$0	322431	D	
Class B Common Stock	11/16/2019		M		15625	A	\$0	338056	D	
Class B Common Stock	11/16/2019		M		6250	A	\$0	344306	D	
Class B Common Stock	11/16/2019		M		11250	A	\$0	355556	D	
Class B Common Stock	11/16/2019		M		23062	A	\$0	378618	D	
Class B Common Stock	11/16/2019		M		25862	A	\$0	404480	D	
Class B Common Stock	11/18/2019		S(1)		31656	D	\$1.3445 (2)	372824	D	

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units (RSU)	(3)	11/16/2019		M			2500	(4)	(4)	Class B Common Stock	2500	\$0	0	D	
Restricted Stock Units (RSU)	(3)	11/16/2019		M			1875	(5)	(5)	Class B Common Stock	1875	\$0	1875	D	
Restricted Stock Units (RSU)	(3)	11/16/2019		M			15625	(6)	(6)	Class B Common Stock	15625	\$0	46875	D	
Restricted Stock Units (RSU)	(3)	11/16/2019		M			6250	(7)	(7)	Class B Common Stock	6250	\$0	31250	D	
Restricted Stock Units (RSU)	(3)	11/16/2019		M			11250	(8)	(8)	Class B Common Stock	11250	\$0	101260	D	
Restricted Stock Units (RSU)	(3)	11/16/2019		M			23062	(9)	(9)	Class B Common Stock	23062	\$0	299813	D	
Restricted Stock Units (RSU)	(3)	11/16/2019		M			25862	(10)	(10)	Class B Common Stock	25862	\$0	387931	D	
Performance Stock Unit (PSU)	(11)	11/16/2019		A		103449 (10)		(11)	8/16/2021	Class B Common Stock	103449	\$0	103449	D	

#### Explanation of Responses:

(1) Represents the aggregate number of shares sold by the Reporting Person to cover taxes and fees due upon the release and settlement of the RSUs. The

Reporting Person did not sell or otherwise dispose of any of the shares reported on this Form 4 for any reason other than to cover required taxes and fees.

- (2) Represents the weighted average sales price per share. The shares sold at prices ranging from \$1.275 to \$1.42 per share. Full information regarding the number of shares sold at each price shall be provided upon request to the staff of the U.S. Securities and Exchange Commission, the Issuer, or a security holder of the Issuer.
- (3) Each RSU represents a contingent right to receive one (1) share of the Class B Common Stock upon settlement for no consideration.
- (4) 1/4th of the RSUs vested on November 16, 2016, and the remainder will vest 1/16th quarterly over three years in equal installments, subject to the continuing service of the Reporting Person on each vesting date.
- (5) 1/4th of the RSUs vested on February 16, 2017, and the remainder will vest 1/16th quarterly over three years in equal installments, subject to the continuing service of the Reporting Person on each vesting date.
- (6) 1/4th of the RSUs vested on August 16, 2017, and the remainder will vest 1/16th quarterly over three years in equal installments, subject to the continuing service of the Reporting Person on each vesting date.
- (7) 1/4th of the RSUs vested on February 16, 2018, and the remainder will vest 1/16th quarterly over three years in equal installments, subject to the continuing service of the Reporting Person on each vesting date.
- (8) 1/16th of the RSUs vested on May 16, 2018, and the remainder will vest 1/16th quarterly thereafter in equal installments, subject to the continuing service of the Reporting Person on each vesting date.
- (9) 1/16th of the RSUs vested on May 16, 2019, and the remainder will vest 1/16th quarterly thereafter in equal installments, subject to the continuing service of the Reporting Person on each vesting date.
- (10) 1/16th of the RSUs vested on November 16, 2019, and the remainder will vest 1/16th quarterly thereafter in equal installments, subject to the continuing service of the Reporting Person on each vesting date.
- (11) Each PSU represents a contingent right to receive one (1) share of the Class B Common Stock upon settlement for no consideration. The PSU vests on August 17, 2020, subject to the continuing service of the Reporting Person on such date.

#### Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Nolan Mangini Siobhan C/O CASTLIGHT HEALTH, INC. 150 SPEAR ST., SUITE 400 SAN FRANCISCO, CA 94105			President	

#### Signatures

/s/ Trevor Dutcher, by power of attorney

11/19/2019

Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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