STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person  
Hobby Jean M.

2. Issuer Name and Ticker or Trading Symbol  
Integer Holdings Corp | ITGR |

3. Date of Earliest Transaction (MM/DD/YYYY)  
8/5/2019

4. If Amendment, Date Original Filed (MM/DD/YYYY)  

5. Individual or Joint/Group Filing (Check Applicable Line)  
X Form filed by One Reporting Person  

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

<table>
<thead>
<tr>
<th>Security</th>
<th>Date</th>
<th>Trans. Code</th>
<th>Trans. Date</th>
<th>Executed Date, if any</th>
<th>Securities Acquired (A) or Disposed of (D)</th>
<th>Amount (A) or (D)</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Common Stock</td>
<td>8/5/2019</td>
<td>M</td>
<td>6000</td>
<td>A</td>
<td>$49.90</td>
<td>15475</td>
<td>D</td>
</tr>
<tr>
<td>Common Stock</td>
<td>8/5/2019</td>
<td>S</td>
<td>6000</td>
<td>D</td>
<td>$80.19</td>
<td>9475</td>
<td>D</td>
</tr>
</tbody>
</table>

Table II - Derivative Securities Beneficially Owned (e.g. puts, calls, warrants, options, convertible securities)

<table>
<thead>
<tr>
<th>Derivative Security</th>
<th>Date</th>
<th>Trans. Code</th>
<th>Executed Date, if any</th>
<th>Exercisable and Expiration Date</th>
<th>Securities Underlying Derivative Security</th>
<th>Price of Derivative Security</th>
<th>Number of Shares</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stock Option</td>
<td>8/5/2019</td>
<td>M</td>
<td>6000</td>
<td>1/1/2016 7/2/2025</td>
<td>Common</td>
<td>6000</td>
<td>$0.00</td>
</tr>
</tbody>
</table>

Explanation of Responses:
(1) The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at multiple prices ranging from $80.00 to $80.68, inclusive. The reporting person undertakes to provide to Integer Holdings Corp, any security holder of Integer Holdings Corp, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnote (1) to this Form 4.

Reporting Owners

<table>
<thead>
<tr>
<th>Reporting Owner Name / Address</th>
<th>Relationships</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hobby Jean M. 10000 WEHRLE DRIVE CLARENCE, NY 14031</td>
<td>X</td>
</tr>
</tbody>
</table>

Signatures

/s/ Mark Zawodzinski as attorney-in-fact for Jean M. Hobby.  
8/7/2019

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).


Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.