UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549  

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF  
SECURITIES  

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or  
Section 30(h) of the Investment Company Act of 1940  

1. Name and Address of Reporting Person  
Bolt Jennifer M  
10000 WEHRLE DRIVE  
CLARENCE, NY 14031  

2. Issuer Name and Ticker or Trading Symbol  
Integer Holdings Corp [ ITGR ]  

3. Date of Earliest Transaction (MM/DD/YYYY)  
1/3/2020  

4. If Amendment, Date Original Filed (MM/DD/YYYY)  
___ Form filed by More than One Reporting Person  
___ Form filed by One Reporting Person  
___ Form filed by More than One Reporting Person  

5. Relationship of Reporting Person(s) to Issuer  
(Click all applicable)  
___ Director  ___ President  ___ 10% Owner  
_x_ Officer (give title below)  ___ Other (specify below)  

6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)  
SVP, Global Operations  

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned  

<table>
<thead>
<tr>
<th>1. Title of Security (Instr. 3)</th>
<th>2. Trans. Date</th>
<th>2A. Deemed Execution Date, if any</th>
<th>3. Trans. Code (Instr. 8)</th>
<th>4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)</th>
<th>5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)</th>
<th>6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)</th>
<th>7. Nature of Indirect Beneficial Ownership (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Common Stock</td>
<td>1/3/2020</td>
<td></td>
<td></td>
<td></td>
<td>669</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Common Stock</td>
<td>1/3/2020</td>
<td></td>
<td></td>
<td></td>
<td>792</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Common Stock</td>
<td>1/3/2020</td>
<td></td>
<td></td>
<td></td>
<td>1382</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Common Stock</td>
<td>1/3/2020</td>
<td></td>
<td></td>
<td></td>
<td>554</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Common Stock</td>
<td>1/3/2020</td>
<td></td>
<td></td>
<td></td>
<td>396</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Common Stock</td>
<td>1/3/2020</td>
<td></td>
<td></td>
<td></td>
<td>1197</td>
<td>681.04</td>
<td></td>
</tr>
<tr>
<td>Common Stock</td>
<td>1/3/2020</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>19989</td>
<td>D</td>
</tr>
<tr>
<td>Common Stock</td>
<td>1/3/2020</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1965</td>
<td>I</td>
</tr>
</tbody>
</table>

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  

<table>
<thead>
<tr>
<th>1. Title of Derivate Security (Instr. 3)</th>
<th>2. Conversion or Exercise Price of Derivative Security</th>
<th>3. Trans. Date</th>
<th>3A. Deemed Execution Date, if any</th>
<th>4. Trans. Code (Instr. 8)</th>
<th>5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)</th>
<th>6. Date Exercisable and Expiration Date</th>
<th>7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)</th>
<th>8. Price of Derivative Security (Instr. 5)</th>
<th>9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)</th>
<th>10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)</th>
<th>11. Nature of Indirect Beneficial Ownership (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Restricted Stock Units</td>
<td>0.00</td>
<td>1/3/2020</td>
<td></td>
<td></td>
<td>669</td>
<td></td>
<td>Common</td>
<td>669</td>
<td>0.00</td>
<td>D</td>
<td></td>
</tr>
<tr>
<td>Restricted Stock Units</td>
<td>0.00</td>
<td>1/3/2020</td>
<td></td>
<td></td>
<td>554</td>
<td></td>
<td>Common</td>
<td>554</td>
<td>0.00</td>
<td>D</td>
<td></td>
</tr>
<tr>
<td>Restricted Stock Units</td>
<td>0.00</td>
<td>1/3/2020</td>
<td></td>
<td></td>
<td>792</td>
<td></td>
<td>Common</td>
<td>792</td>
<td>0.00</td>
<td>D</td>
<td></td>
</tr>
<tr>
<td>Restricted Stock Units (PRSUs)</td>
<td>0.00</td>
<td>1/3/2020</td>
<td></td>
<td></td>
<td>1382</td>
<td></td>
<td>Common</td>
<td>1382</td>
<td>0.00</td>
<td>D</td>
<td></td>
</tr>
<tr>
<td>Restricted Stock Units</td>
<td>0.00</td>
<td>1/3/2020</td>
<td></td>
<td></td>
<td>396</td>
<td></td>
<td>Common</td>
<td>396</td>
<td>0.00</td>
<td>D</td>
<td></td>
</tr>
</tbody>
</table>

Explanation of Responses:  
(1) Restricted stock units convert into common stock on a one-for-one basis.  
(2) On February 6, 2017, the reporting person was granted 2,005 restricted stock units, vesting in three equal installments beginning on December 29, 2017.  
(3) On January 31, 2018, the reporting person was granted 1,661 restricted stock units, vesting in three equal installments beginning on December 28, 2018.  
(4) As reported on a Form 4 dated March 9, 2018, the reporting person earned 1,584 restricted stock units, vesting in two substantially equal installments on December 28, 2018 and January 3, 2020.  
(5) As reported on a Form 4 dated February 28, 2019, the reporting person earned 1,382 restricted stock units, vesting on January 3, 2020.  
(6) On February 28, 2019, the reporting person was granted 1,190 restricted stock units, vesting in three equal installments beginning January 3, 2020.  

Reporting Owners  
Reporting Owner Name / Address | Relationships  
---|---  
Director | 10% Owner
Officer | Other
Bolt Jennifer M
10000 WEHRLE DRIVE
CLARENCE, NY 14031

SVP, Global Operations

Signatures

/s/ Mark Zawodzinski as attorney-in-fact for Jennifer M. Bolt. 1/7/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).


Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.