

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or
Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *			2. Issuer Name and Ticker or Trading Symbol			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
Flanagan Joseph F			Integer Holdings Corp [ITGR]			<input type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below) EVP, Quality & Regulatory Affa		
(Last) (First) (Middle)			3. Date of Earliest Transaction (MM/DD/YYYY)					
10000 WEHRLE DRIVE			12/28/2018					
(Street)			4. If Amendment, Date Original Filed (MM/DD/YYYY)			6. Individual or Joint/Group Filing (Check Applicable Line)		
CLARENCE, NY 14031						<input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person		
(City) (State) (Zip)								

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	12/28/2018		M		1466	A	(1)	8480	D	
Common Stock	12/28/2018		M		1148	A	(1)	9628	D	
Common Stock	12/28/2018		M		969	A	(1)	10597	D	
Common Stock	12/28/2018		M		686	A	(1)	11283	D	
Common Stock	12/28/2018		F		1899	D	\$76.03	9384	D	

Table II - Derivative Securities Beneficially Owned (e.g. , puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	(1)	12/28/2018		M		1466		(2)	(2)	Common	1466	\$0.00	0	D	
Restricted Stock Units	(1)	12/28/2018		M		969		(3)	(3)	Common	969	\$0.00	970	D	
Restricted Stock Units	(1)	12/28/2018		M		686		(4)	(4)	Common	686	\$0.00	1374	D	
Restricted Stock Units	(1)	12/28/2018		M		1148		(5)	(5)	Common	1148	\$0.00	1149	D	

Explanation of Responses:

- Restricted stock units convert into common stock on a one-for-one basis.
- On January 8, 2016, the reporting person was granted 4,397 restricted stock units, vesting in three equal installments beginning on December 31, 2016.
- On February 6, 2017, the reporting person was granted 2,907 restricted stock units, vesting in three equal installments beginning on December 29, 2017.
- On January 31, 2018, the reporting person was granted 2,060 restricted stock units, vesting in three equal installments beginning on December 28, 2018.
- As reported on a Form 4 dated March 9, 2018, the reporting person earned 2,297 restricted stock units, vesting in two substantially equal installments on December 28, 2018 and January 3, 2020.

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Flanagan Joseph F 10000 WEHRLE DRIVE CLARENCE, NY 14031			EVP, Quality & Regulatory Affa	

Signatures

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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