1. Name and Address of Reporting Person *

Khales Payman
10000 WEHRLE DRIVE
CLARENCE, NY

2. Issuer Name and Ticker or Trading Symbol

Integer Holdings Corp [ ITGR ]

3. Date of Earliest Transaction (MM/DD/YYYY)

2/28/2019

4. If Amendment, Date Original Filed (MM/DD/YYYY)


5. Relationship of Reporting Person(s) to Issuer (Check all applicable)

___ Director
___ 10% Owner
X Officer (give title below)
___ Other (specify below)

President, C&V

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

<table>
<thead>
<tr>
<th>Title of Security</th>
<th>Trans. Date</th>
<th>Trans. Code</th>
<th>Securities Acquired (A) or Disposed of (D)</th>
<th>Amount of Securities Beneficially Owned Following Reported Transaction(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Common Stock</td>
<td>2/28/2019</td>
<td>A</td>
<td>D</td>
<td>1649</td>
</tr>
</tbody>
</table>

Table II - Derivative Securities Beneficially Owned ( e.g. , puts, calls, warrants, options, convertible securities)

<table>
<thead>
<tr>
<th>Title of Derivate Security</th>
<th>Trans. Date</th>
<th>Trans. Code</th>
<th>Number of Derivative Securities Acquired (A) or Disposed of (D)</th>
<th>Date Exercisable and Expiration Date</th>
<th>Title and Amount of Securities Underlying Derivative Security</th>
<th>Price of Derivative Security</th>
<th>Number of Derivative Securities Beneficially Owned Following Reported Transaction(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Restricted Stock Units</td>
<td>2/28/2019</td>
<td>A</td>
<td>1649</td>
<td>1649</td>
<td>Common 1649</td>
<td>$0.00</td>
<td>1649</td>
</tr>
</tbody>
</table>

Explanation of Responses:

(1) Restricted stock units convert into common stock on a one-for-one basis.

(2) Grant of restricted stock units that vest in three approximately equal annual installments on the last day of each fiscal year beginning in 2019.

Reporting Owners

Reporting Owner Name / Address
Khales Payman
10000 WEHRLE DRIVE
CLARENCE, NY

Relationships
Director
10% Owner
Officer
Other
President, C&V

Signatures
/s/ Mark Zawodzinski as attorney-in-fact for Payman Khales.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).


Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.