United States Securities and Exchange Commission  
Washington, D.C. 20549  

Statement of Changes in Beneficial Ownership of Securities  

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *  
Dziedzic Joseph W  
10000 Wehrle Drive  
Clarence, NY 14031  

2. Issuer Name and Ticker or Trading Symbol  
Integer Holdings Corp [ ITGR ]  

3. Date of Earliest Transaction (MM/DD/YYYY)  
1/31/2020  

4. If Amendment, Date Original Filed (MM/DD/YYYY)  

5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
   ___ Director  
   ___ 10% Owner  
   X Officer (give title below)  
   ___ Other (specify below)  
   President & CEO

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| Common Stock | 71593 | D |

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| Restricted Stock Units | (1) 1/31/2020 | A | 15612 | (2) (2) | Common | 15612 | 0.00 | 15612 | D |

Explanation of Responses:
(1) Restricted stock units convert into common stock on a one-for-one basis.
(2) Grant of restricted stock units that vest in three annual installments on the last day of each fiscal year beginning in 2020.

Reporting Owners

Reporting Owner Name / Address  
Dziedzic Joseph W  
10000 Wehrle Drive  
Clarence, NY 14031  

Relationships  
Director 10% Owner Officer Other
X President & CEO

Signatures  
/s/ Mark Zawodzinski as attorney-in-fact for Joseph W. Dziedzic.  
2/4/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).


Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.