United States Securities and Exchange Commission
Washington, D.C. 20549

Statement of Changes in Beneficial Ownership of Securities

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person
   Khales Payman
   10000 WEHRLE DRIVE
   CLARENCE, NY

2. Issuer Name and Ticker or Trading Symbol
   Integer Holdings Corp [ ITGR ]

3. Date of Earliest Transaction (MM/DD/YYYY)
   1/3/2020

4. If Amendment, Date Original Filed (MM/DD/YYYY)
   (Check Applicable Line)

5. Relationship of Reporting Person(s) to Issuer
   (Check all applicable)
   X Director
   X 10% Owner
   X Officer (give title below) __ Other (specify below)
   President, C&V

6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)
   Direct (D)
   Beneficial Ownership (Instr. 4)

7. Nature of Indirect Beneficial Ownership (Instr. 4)
   D

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

<table>
<thead>
<tr>
<th>Title of Security</th>
<th>Trans. Date</th>
<th>Deemed Execution Date, if any</th>
<th>Trans. Code (Instr. 8)</th>
<th>Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)</th>
<th>Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)</th>
<th>Ownership Form: Direct (D) or Indirect (I) (Instr. 4)</th>
<th>Nature of Indirect Beneficial Ownership (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Common Stock</td>
<td>1/3/2020</td>
<td>M</td>
<td>A</td>
<td>629</td>
<td>1104</td>
<td>Direct (D)</td>
<td>D</td>
</tr>
<tr>
<td>Common Stock</td>
<td>1/3/2020</td>
<td>M</td>
<td>A</td>
<td>549</td>
<td>1653</td>
<td>Direct (D)</td>
<td>D</td>
</tr>
<tr>
<td>Common Stock</td>
<td>1/3/2020</td>
<td>F</td>
<td>D</td>
<td>350</td>
<td>1303</td>
<td>Indirect (I)</td>
<td>D</td>
</tr>
</tbody>
</table>

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

<table>
<thead>
<tr>
<th>Title of Derivative Security (Instr. 3)</th>
<th>Conversion or Exercise Price of Derivative Security</th>
<th>Trans. Date</th>
<th>Deemed Execution Date, if any</th>
<th>Trans. Code (Instr. 8)</th>
<th>Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)</th>
<th>Date Exercisable and Expiration Date</th>
<th>Title of Securities Underlying Derivative Security (Instr. 3 and 4)</th>
<th>Price of Derivative Security (Instr. 5)</th>
<th>Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4 and 5)</th>
<th>Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)</th>
<th>Nature of Indirect Beneficial Ownership (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Restricted Stock Units</td>
<td>(1)</td>
<td>1/3/2020</td>
<td>M</td>
<td>629</td>
<td>(D)</td>
<td>1/3/2020</td>
<td>Common</td>
<td>$0.00</td>
<td>629</td>
<td>D</td>
<td>D</td>
</tr>
</tbody>
</table>

Restricted Stock Units | (1) | 1/3/2020 | M                             | 549 | (D) | 1/3/2020 | Common | $0.00 | 1100 | D | D |

Explanation of Responses:

(1) Restricted stock units convert into common stock on a one-for-one basis.

(2) On March 8, 2018, the reporting person was granted 1,886 restricted stock units, vesting in three equal installments beginning on December 28, 2018.

(3) On February 28, 2019, the reporting person was granted 1,649 restricted stock units, vesting in three equal installments beginning January 3, 2020.

Reporting Owners

Reporting Owner Name / Address
Khales Payman
10000 WEHRLE DRIVE
CLARENCE, NY

Relationships
Director 10% Owner Officer Other
President, C&V

Signatures
/s/ Mark Zawodzinski as attorney-in-fact for Payman Khales.

**Signature of Reporting Person

Date 1/7/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).


Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.
Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.