

FORM 4

[] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL
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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or
Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person -* ZINGALE LAWRENCE (Last) (First) (Middle) 400 NORTH ASHLEY DRIVE, SUITE 2800 (Street) TAMPA, FL 33602 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol SYKES ENTERPRISES INC [SYKE] 3. Date of Earliest Transaction (MM/DD/YYYY) <p align="center">3/16/2020</p>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below) Executive Vice President 6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned		

1. Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	3/16/2020		M		3900	A	\$25.60	64355	D	
Common Stock	3/16/2020		F		950	D	\$25.60	63405	D	
Common Stock	3/16/2020		M		2108	A	\$25.60	65513	D	
Common Stock	3/16/2020		F		514	D	\$25.60	64999	D	
Common Stock	3/16/2020		M		2198	A	\$25.60	67197	D	
Common Stock	3/16/2020		F		536	D	\$25.60	66661	D	
Common Stock	3/16/2020		M		5440	A	\$25.60	72101	D	
Common Stock	3/16/2020		F		1325	D	\$25.60	70776	D	

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock	\$29.36	3/16/2020		M		3900		3/15/2020	3/15/2027	Common Stock	3900	\$0	27722	D	
Restricted Stock	\$29.36	3/16/2020		M		2108		(D)	3/15/2027	Common Stock	2108	\$0	0	D	
Restricted Stock	\$28.15	3/16/2020		M		2198		(D)	5/31/2028	Common Stock	2198	\$0	2198	D	
Restricted Stock	\$28.43	3/16/2020		M		5440		(D)	3/15/2029	Common Stock	5440	\$0	10881	D	

Explanation of Responses:

(1) Various

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
ZINGALE LAWRENCE 400 NORTH ASHLEY DRIVE SUITE 2800 TAMPA, FL 33602			Executive Vice President	

Signatures

/s/ James T. Holder, attorney-in-fact for Lawrence Zingale

3/16/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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