United States Securities and Exchange Commission  
Washington, D.C. 20549

Statement of Changes in Beneficial Ownership of Securities

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person
Eaton Roger G.

1801 California Street, Suite 4600
Denver, CO 80202

2. Issuer Name and Ticker or Trading Symbol
Molson Coors Beverage Co [TAP]

3. Date of Earliest Transaction
12/31/2019

4. If Amendment, Date Original Filed

5. Relationship of Reporting Person(s) to Issuer
_X_ Director  ____ 10% Owner

Officer (give title below)  ____ Other (specify below)

6. Individual or Joint/Group Filing
_X_ Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

I, Eaton Roger G., do hereby report that on December 31, 2019, I received a deferred stock unit grant in lieu of director cash compensation. The deferred stock units vest in full upon my termination as a director.

Reporting Owners

Eaton Roger G.
1801 California Street, Suite 4600
Denver, CO 80202

_X_ Director  ____ 10% Owner  ____ Officer (give title below)  ____ Other (specify below)

Signatures

/s/ Eric Gunning, by Power of Attorney

1/3/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).


Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.